

Members checked in January 2nd must be checked in on their TOTAL HOURS for the month of December.

Members choosing not to make themselves available at dispatch for three (3) or more consecutive days must check in on AVERAGE the day they return to work.



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13 630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116 Health & Benefits Officer - Eddie Moncado Staff - Maria & Racheal

Benefits Bulletin #12 - 2025

DECEMBER 2025 BENEFITS BULLETIN

A message from your Benefits Officer Eddie Moncado

Brothers and Sisters.

As we begin to close out this year, I'd like to thank you all - not just being you, but for all your hard work. Here are some numbers:

- Port of Los Angeles: From January through September 2025, cargo volume is up 3%, and the third quarter was a record. It was the Port's busiest 3-month quarter on record, all because of my Brothers' and Sisters' hard work.
- Port of Long Beach: from January through September 2025, cargo volume is up 6.8%, and the third quarter was the Port's second busiest quarter on record – again, all because of YOU.

Thank you for your hard work! UTR drivers, thank you! CY Tops, thank you! Los Lashers, I appreciate you, Crane Operators, thank you!, Heavy Lift drivers, my hats off to you, Swingmen, Porters, Signals, Shovelers, Sweepers, KDPT's, Gearmen, Linesmen, Auto Drivers - Thank you!

To all my Brothers & Sisters on the docks doing general work; those working with soda ash, coal, cement, salt, and who knows what else; those who take clerk jobs or elevate and give the Foremen a breather, thank you! To the Mechanics that fix all our broken equipment, thank you! I appreciate ALL of you for all that HARD WORK.

Through all the elements, you continue to do a great job 24/7, 365 days a year. To all of you and your families - to our Officers, my BAs, Dispatchers, Pensioners, and our great Staff - Happy Holidays to you all and your loved ones. I wish you all a Merry Christmas and a Happy New Year!

DEPENDENT CHILD

Dependent child: A person who:

- 1. Is identified by an Active Employee or Pensioner on the form provided by the Trustees for the enrollment of dependents (which has been filed with the Trustees): and
- 2. Falls within one of the following categories:
 - (a) A natural child of an Active Employee or Pensioner;
 - (b) A legally adopted child of an Active Employee or Pensioner;
 - (c) A stepchild or foster child of an Active Employee or Pensioner; or
 - (d) A child who maintains a parent/child relationship with an Active Employee or Pensioner if such child's natural parent is not in fact supporting that child.

In addition to the above requirements, eligibility also requires the dependent child:

- 3. (a) Has not attained 26 years of age; or
 - (b) Is, and continues to be upon attaining age 26, mentally or physically incapacitated so as to be incapable of self-sustaining employment.

Certain children for whom medical coverage is required under a Qualified Medical Child Support Order may not satisfy the definition of a Dependent Child in its entirety but are required to satisfy the age requirement.

The Trustees will require a birth certificate or other documents to establish Dependent Child status. Please call the Benefit Plans in San Francisco at (415) 673-8500 for additional information.

WHEN YOU REACH AGE 65

Coastwise Indemnity Plan hospital, medical and surgical benefits are integrated with Medicare coverage. Pensioners and/or survivors and their dependent(s) must, if eligible, enroll in Part B of Medicare to maintain their eligibility for Coastwise Indemnity Plan hospital, medical and surgical benefits. Pensioners and/or survivors who permanently reside outside the United States and do not intend to return to obtain medical care in the United States are not required to enroll in Medicare (since Medicare benefits are not available out of the country) and are therefore not reimbursed for Medicare Part B premiums.

Under federal law, Active Employees and their dependents who are eligible for Medicare continue to have primary coverage under the Welfare Plan. Therefore, Active Employees are not required to enroll in Medicare Part B even when eligible to do so. Upon retirement, such employees will be required to enroll in Medicare Part B and will be advised by the Benefit Plans Office regarding enrollment procedures.

Exception to Medicare Enrollment

Persons requiring kidney dialysis become eligible for Medicare after the third full month of dialysis treatment for end-stage renal disease, or the first of the month upon receiving a kidney transplant. Kidney dialysis patients and/or kidney transplant patients must maintain enrollment in Medicare Part B to retain eligibility for Coastwise Indemnity Plan Supplemental Benefits.

Kidney dialysis patients and kidney transplant patients should notify the BPO of their enrollment status.

Medicare Part D

The prescription drug benefits provided under the Welfare Plan constitute creditable coverage for Medicare Part D. Therefore, as long as you are covered under the Welfare Plan, there is no need to enroll in Medicare Part D.

HEALTH TIP

Times can get challenging, especially during the holiday season. "It's okay to <u>not</u> be okay". Asking for help is a sign of strength, not weakness. Resources are available through:

- LYRA (833) 597-2295 or visit https://benefitplans.lyrahealth.com
- Kaiser Permanente (800) 579-4848 & (800) 900-3277
- 988 Suicide & Crisis Hotline

401(k) Fidelity

- IRS announced higher 401(k) contribution limits for 2026
- Beginning in 2026, employees can defer \$24,500 into workplace plans, up from \$23,500 in 2025.
- Only 14% of participants maxed out 401(k) plans in 2024, according to Vanguard's 2025 How America Saves report

<u>ANNOUNCEMENT</u>

For your convenience, a representative from the *ILWU Credit Union* will be available in the lobby of Local 13 office, Tuesday, January 6, 2026, from 9:00 a.m. to 11:30 a.m.

<u>ADA JPLRC</u>

(Americans with Disability Act Labor Relations Committee (ADA LRC))

If you have been cited to appear, or if you would like to revise your existing accommodation(s), please plan to attend meetings, which are scheduled for the first and third Tuesdays of each month at Local 13 unless otherwise noted.

In Solidarity,

Eddie Moncado #131390
"The world needs less machinery and more humanity"
Local 13 Health &Benefits Officer



Job Forecast Report

P. 4/12

12/29/2025 1:56:54PM

WUFRDate: 12/29/2023	snt	it: Nignj
Gangs	Shorted	Early

Gangs	Shorted	Early	MO	EO	MRO	RO	LM	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	0	0	0	0	0	0
D4	0	0	0	0	0	0	0	0
	0	0	0	0	0	0	0	0

Boards	Shorted	Early	MO	EO	MRO	RO	LM	Total
Hold	0	89	208	0	8	0	0	305
Crane	0	74	0	0	0	0	0	74
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	0	0	1	0	0	0	1
UTR	0	135	136	14	126	0	0	411
CY	0	43	41	16	0	0	0	100
Jimey	0	7	I	3	0	0	0	11
Swamper	0	83	14	11	2	0	0	110
Casual	0	0	0	0	0	0	0	0
Dock	0	44	3	8	0	0	0	55
Mechanics	0	4	0	0	0	0	0	4
Gear	0	4	0	0	0	0	0	4
Carpenter	0	0	0	0	0	0	0	0
	0	483	403	53	136	0	0	1,075

Number of flops (UTR - UTRWork = Flops): 136

12/29/Dec. 29. 2025 2:40PM

Allocation List for: 12/29/25

Shift: *Night* No. 1573 P. 5/12

12/29/2	323 27.571	27 2110	Affocation List to ::	(2/29/2) 3	HILL: IVE	gninon 1979
Alc. #	Start Time	Order Type	Ship Name	Сощрапу	Berth	Tags
1	6:00PM 25UTR	MRO	WAN HAI A01	YTI	TI 214	LA
2	6:00PM		CSCL SUMMER	SSA	LB 266	ĹA
• 3		MRO 2UTRS	CSCL SOUTH CHINA SEA	SSA	LB 245	LA
4	6:00PM 4UTR 3	MRÓ B UTRS	EVER MAGIC	ETS	TI 227	LA
5	5:00PM 6KDP	MRO	GEORG MAERSK	APM	TI 400	LA
			NOG DETERM			arly Dispatch
6	6:00PM 5S 10U	MRO T R	MSC BETTINA	TTI	LB 140	LA
7	6:00PM 3 S 29U		MSC MARIACRISTINA	TTI	LB 140	LA
8	5:00PM <i>IKDP</i>	MRO	GUNHILDE MAERSK	APM	TI 400	LA
						arly Dispatch
9	6:00PM 2DS 20	UTR	ONE HANGZHOU BAY	YTI	TI 218	LA
10 Cancel	led	MO	ONE HENRY HUDSON	YTI	TI 212	
	6-00D1 f		ONE HENDY IT DOON'	3/TT	F_i	lex and Early
Cancel	led		ONE HENRY HUDSON	YTI		
12 Cancel	6:00PM led	МО	LADY ANNE	MET	LB 212	SH-All Comd
13	6:00PM 22 SL	MO	CSCL SUMMER	SSA	LB 266	LA
14	6:00PM	MO	CSCL SOUTH CHINA SEA DA 9UTR 1UTRS	SSA	LB 245	LA

Alc.	_≠ Dec. 29. 201 Time	25 C 2:40F Type	Ship Name	Сотран	y Berth	No. 1573 1 425	P. 6/12
15	6:00PM 28SL	МО	EVER MAGIC	ETS	TI 227	LA	
16			GEORG MAERSK	APM	TI 400	LA	
17	6-00PM		GEORG MAERSK	ADM	TI 400	lex and Early	
	<i>3S</i>						
18	5:00PM celled	МО	MSC BETTINA	TTI	LB 140	LA	
 19	6:00PM	 MO	MSC BETTINA	TTT	LB 140	lex and Early	
	elled				LB 140	LA	
20	6:00PM		COSCO BELGIUM	LBCT	LB 26	LA	
	26SL						
21	5:00PM <i>IS</i>	MO	OOCL VIOLET	LBCT			
					F	ley and Farly	
	5:00PM elled	МО	MSC MARIACRISTINA	TTI	LB 140	LA	
			***************************************	i			
Cano		MO	MSC MARIACRISTINA	TTI	LB 140	LA	
24 Сапс	6:00PM	МО	MATSONIA			LA RO	
25 Cane			GUNHILDE MAERSK	APM	TI 400		

26	6:00PM 3 .S	МО	GUNHILDE MAERSK	APM	TI 400	LA	
27 Canc	6:00PM	MO	ONE HANGZHOU BAY	YTI			
28	5:00PM <i>1DS</i>	MO	HMM TOPAZ		LB 140		
					Fl	ex and Early	
29	6:00PM	MO	HMM TOPAZ <i>9ST/5:30</i>	TTI	LB 140	LA	
			7444477444477747774444444444444444444	<u> </u>			

Alc. # ⁰) e c. 29. 201 Time	250 2:40f Type	^M Ship Name	Company	Berth	No. 1573	P. 7/12
30	6:00PM	МО	MATSON MAUI HL 21UTR 3UTRS 8ST/5:30	_	LB 94	LA .	
31	5:00PM		HMM MIR J TRS	ITS	LB 236		·
					F	lex and Early	
32			HMM MIR 10ST/5:30	ITS	LB 236	LA	
33			SM YANTIAN HL 3UTRS	SSA	LB 96	LA	
					F	lex and Early	·
34			SM YANTIAN IUTRS 12ST/5:30	SSA	LB 96	LA	
35		мо . <i>3KDP 2</i>	ANL WARRNAMBOOL	LBCT	LB 22		***************************************
•••					F	lex and Early	*-*
36	6:00PM 12S 2KI		ANL WARRNAMBOOL	LBCT	LB 22	LA	
37		мо рѕ <i>1UTR</i>	NYK RIGEL	TP	136	LA	
				1	\boldsymbol{F}	lex and Early	
38	6:00PM I6S 3D S		NYK RIGEL	TP			
39	6:00PM		HMM MIR ST/5:30	ITS	LB 236	LA	

Work Date: 12/29/23								•	
Ver Alc# Ship Name	Start Time		Berth	Туре	Receive Date/		Tags	Mod Status	
Shift: 2		:							
STEVE. SERV. OF AMER (502) DOCK WORK 1DA 2UTR (HULK)					12/29/25			И	3
DOCK WORK 8DS 11CT/4:30 3ST/4:30 (barbie)	12/29/25	5:00PN	1 LB 266	EO	12/29/25	12:02PM	LA	D Flex Ear	22 x and
DOCK WORK 2DS 1DA 1HL 5UTR 2ST/5:30 (HULK)	12/29/25	6:00PM	1 LB 266						11
DOCK WORK RAILS 2DA 5UTR 2ST/4:30 (HULK)	12/29/25	5:00PN	1 LB 245					Ear	c and
DOCK WORK 6DS 3CT/4:30 (HULK)	12/29/25	5:00PM	1 LB 94		12/29/25			N	c and
	12/29/25	6:00PM	1 LB 94				LA	N	
METROPOLITAN STEV. CO. (503 DOCK WORK 2DSW (HULK)	12/29/25	5:00PM					SH-All Comd	N	2 c and
,			I LB 213	EO	12/29/25	12:01PM	SH-All Comd	N	4
YUSEN TERMINALS INC. (504) DOCK WORK 14DS 1DA 11CT/4:30 1HL 2UTR 5ST/4:36 (barbie)	12/29/25	5:00PM	I TI 214	EO	12/29/25	12:12PM	ĽA	N Flex Earl	and

Ver Alc# Ship Name	Start Time		Berth	Туре	Receive Date/T		Tags	Mod Status	
Shift: 2		į			•			,	
YUSEN TERMINALS INC. (504)									
DOCK WORK RAILS	12/29/25	5:00	PM TI 214	EO	12/29/25 1	12:13 PM	LA	N	12
4DA 8UTR (barbie)					-4-44			Ear	
PORTSAMERICA (505)									
DOCK WORK	12/29/25	5.00	PM 126	EO	12/29/25 1	1:59AM	LA	N	7
IDA 1HL 1UTR 3ST/4:30 1GAT (HULK)								Fle: Ear	x and ly
DOCK WORK	12/29/25	6:00	PM 126	EO	12/29/25 1	1:59AM	LA	N	4
4UTR (HULK)								*	
TTI (507)									
DOCK WORK	12/29/25	5:00	PM LB 140	EO	12/29/25 1	1:45AM	LA	N	64
17DS 1DA 25CT/4:30 11UTR 9ST/4:30 10 (HULK)		!						Fles Ear	x and ly
DOCK WORK		į	PM LB 140	EO	12/29/25 1	1:46AM	LA	N	9
4DS 5ST/5:30 (HULK)									
			PM LB 140					N	19
3DA 10UTR 6ST/4:30 (HULK)								Flex Ear	x and ly
ITS (508)									
DOCK WORK	12/29/25	5:00	PM LB 232	EO	12/29/25 1	1:40AM	ĹA	N	15
4DS IDA 1HL 5UTR 1UTRS 3ST/4:30 (HULK)								Flex Eart	x and ly
DOCK WORK	12/29/25	6:00	PM LB 232	EO	12/29/25 I	1:41AM	LA	N	1
IDS (HULK)		;							

WORK Dute: 12/29/25		İ					
Ver Alc# Ship Name	Start Time		Berth	Туре	Received Date/Time	Tags	Mod Tot Status Jo
Shift: 2							
FENIX MARINE SERVICES (510) DOCK WORK		5:00F	PM TI 302	EO	12/29/25 II:57AI	M LA	D 51
12DS 5DA 1CT/4:30 27UTR 6ST/4:30 (TONY D)							Flex and Early
DOCK WORK RAILS		1					N 22
4DA 15UTR 3ST/4:30 (HULK)			4-4		•		Flex and Early
LONG BEACH CONT. TER. (512)							
DOCK WORK	12/29/25	5:00P	M LB 24	EO	12/29/25 12:01PN	1 LA	N 2
1CT/4:30 IGAT (barhie)			**				Flex and Early
DOCK WORK	12/29/25	6:00P	'M LB 24	EO	12/29/25 12:01PN	1 LA	N 2
IDA 1UTRS (barbie)							
					12/29/25 12:02PM		N 2
2UTR (barbie)		<u>'</u> -,					Flex and Early
TRAPAC (514)							
DOCK WORK	12/29/25	5:00P	M 136	EO	12/29/25 11:56AN	/ LA	N 10
4DS 1DA 1HL 2UTR 2ST/4:30 (HULK)		i i !					Flex and Early
DOCK WORK	12/29/25	6:00P	м 136	EO	 12/29/25 11:56AN	 1 LA	N 2
IDS 1ST/5:30 (HULK)							
APM TERMINALS (515)							
DOCK WORK RAILS	12/29/25	5:00P	M TI 400	EO	12/29/25 11:48AN	LA	N 37
5KDA 32UTR (HULK)		;					Flex and Early
P.C.M.C. (517)	******	:					

Ver Alc# Shin Name	Start Time		Berth	Туре	Receiv Date/]		Tags	Mod Tota Status Job
Shift: 2								
P.C.M.C. (517) DOCK WORK 1MWT (HULK)	12/29/25	5:0	0PM LB 22	EO	12/29/25	11:43AM	LA	N l Flex and Early
DOCK WORK 2MWT (HULK)	12/2 9 /25	2:0	0AM TI 400 :	EO	12/29/25	11:44AM	LA	N 2 Flex and Early
DOCK WORK 1MWT (HULK)	12/2 9 /25	5:0	0PM TI 212	EO	12/29/25	11:51AM	LA	N 1 Flex and Early
EVERPORT TERMINAL SERVIC DOCK WORK 12DS 4DA 22CT/4:30 2HL 6UTR 1ST/4:5 (HULK)	12/29/25		орм TI 233	EO	12/29/25	11:54AM	LA	N 47 Flex and Early
VAC RELIEF-133353 YANEZ L IGAT (HULK)	12/29/25	5:0	OPM TI 233	EÓ	12/29/25	11:55AM	LA	N 1 Flex and Early
PACIFIC TERMINAL SERVICES DOCK WORK 1DWD (HULK)			0PM TI 211	EO	12/29/25	11:42AM	LA	N l

AVERAGE REPORT For Night Shift

	12/22/20	12/23/20	12/23/20 12/24/20 12/25/20 12/26/20		12/26/20	12/27/20	12/28/20
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	. 0	0
Primary	151	159	167	171	171	179	185
Secondary	168	176	176	176	184	192	193
Hold	128	136	137	137	145	145	153
Dock	104	112	120	126	133	133	133
Jitney	109	117	125	133	136	144	150
Winch	96	103	111	113	121	129	137
Carpenter	106	114	122	130	135	135	135
A-Crane	121	123	131	132	132	137	137
Casual	81	89	97	98	99	99	102
Swamper	80	86	86	88	96	96	96
B-Crane	129	137	145	148	151	159	167
A-UTR	125	133	141	141	141	143	151
B_UTR	139	147	154	154	158	166	174
Mechanics	124	132	132	132	140	147	155
Night ID	124	132	137	138	138	146	154
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0