

WHEN YOU REACH AGE 65

Coastwise Indemnity Plan hospital, medical and surgical benefits are integrated with Medicare coverage. Pensioners and/or survivors and their dependent(s) must, if eligible, enroll in Part B of Medicare to maintain their eligibility for Coastwise Indemnity Plan hospital, medical and surgical benefits. Pensioners and/or survivors who permanently reside outside the United States and do not intend to return to obtain medical care in the United States are not required to enroll in Medicare (since Medicare benefits are not available out of the country) and are therefore not reimbursed for Medicare Part B premiums.

Under federal law, Active Employees and their dependents who are eligible for Medicare continue to have primary coverage under the Welfare Plan. Therefore, Active Employees are not required to enroll in Medicare Part B even when eligible to do so. Upon retirement, such employees will be required to enroll in Medicare Part B and will be advised by the Benefit Plans Office regarding enrollment procedures.

Exception to Medicare Enrollment

Persons requiring kidney dialysis become eligible for Medicare after the third full month of dialysis treatment for end-stage renal disease, or the first of the month upon receiving a kidney transplant. Kidney dialysis patients and/or kidney transplant patients must maintain enrollment in Medicare Part B to retain eligibility for Coastwise Indemnity Plan Supplemental Benefits.

Kidney dialysis patients and kidney transplant patients should notify the BPO of their enrollment status.

Medicare Part D

The prescription drug benefits provided under the Welfare Plan constitute creditable coverage for Medicare Part D. **Therefore, as long as you are covered under the Welfare Plan, there is no need to enroll in Medicare Part D.**

HEALTH TIP

Times can get challenging, especially during the holiday season. "It's okay to *not* be okay". Asking for help is a sign of strength, not weakness. Resources are available through:

- LYRA (833) 597-2295 or visit <https://benefitplans.lyrahealth.com>
- Kaiser Permanente (800) 579-4848 & (800) 900-3277
- 988 Suicide & Crisis Hotline

401(k) Fidelity

- IRS announced higher 401(k) contribution limits for 2026
- Beginning in 2026, employees can defer \$24,500 into workplace plans, up from \$23,500 in 2025.
- Only 14% of participants maxed out 401(k) plans in 2024, according to Vanguard's 2025 *How America Saves* report

ANNOUNCEMENT

For your convenience, a representative from the *ILWU Credit Union* will be available in the lobby of Local 13 office, **Tuesday, January 6, 2026, from 9:00 a.m. to 11:30 a.m.**

ADA JPLRC

(Americans with Disability Act Labor Relations Committee (ADA LRC))

If you have been cited to appear, or if you would like to revise your existing accommodation(s), please plan to attend meetings, which are scheduled for the **first and third Tuesdays** of each month at Local 13 unless otherwise noted.

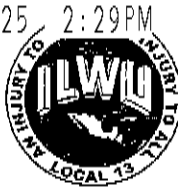
In Solidarity,

Eddie Moncada #131390

"The world needs less machinery and more humanity"

Local 13 Health & Benefits Officer





INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13
 630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116
 Health & Benefits Officer - Eddie Moncada
 Staff - Maria & Racheal

Benefits Bulletin #12 - 2025

DECEMBER 2025 BENEFITS BULLETIN

A message from your Benefits Officer Eddie Moncada

Brothers and Sisters,

As we begin to close out this year, I'd like to thank you all - not just being you, but for all your hard work. Here are some numbers:

- **Port of Los Angeles:** From January through September 2025, cargo volume is up 3%, and the third quarter was a record. It was the Port's busiest 3-month quarter on record, all because of my Brothers' and Sisters' hard work.
- **Port of Long Beach:** from January through September 2025, cargo volume is up 6.8%, and the third quarter was the Port's second busiest quarter on record - again, all because of **YOU**.

Thank you for your hard work! UTR drivers, thank you! CY Tops, thank you! Los Lashers, I appreciate you, Crane Operators, thank you!, Heavy Lift drivers, my hats off to you, Swingmen, Porters, Signals, Shovelers, Sweepers, KDPT's, Gearmen, Linesmen, Auto Drivers - Thank you!

To all my Brothers & Sisters on the docks doing general work; those working with soda ash, coal, cement, salt, and who knows what else; those who take clerk jobs or elevate and give the Foremen a breather, thank you! To the Mechanics that fix all our broken equipment, thank you! I appreciate ALL of you for all that HARD WORK.

Through all the elements, you continue to do a great job 24/7, 365 days a year. To all of you and your families - to our Officers, my BAs, Dispatchers, Pensioners, and our great Staff - **Happy Holidays** to you all and your loved ones. I wish you all a Merry Christmas and a Happy New Year!

DEPENDENT CHILD

Dependent child: A person who:

1. Is identified by an Active Employee or Pensioner on the form provided by the Trustees for the enrollment of dependents (which has been filed with the Trustees); and
2. Falls within one of the following categories:
 - (a) A natural child of an Active Employee or Pensioner;
 - (b) A legally adopted child of an Active Employee or Pensioner;
 - (c) A stepchild or foster child of an Active Employee or Pensioner; or
 - (d) A child who maintains a parent/child relationship with an Active Employee or Pensioner if such child's natural parent is not in fact supporting that child.

In addition to the above requirements, eligibility also requires the dependent child:

3. (a) Has not attained 26 years of age; or
- (b) Is, and continues to be upon attaining age 26, mentally or physically incapacitated so as to be incapable of self-sustaining employment.

Certain children for whom medical coverage is required under a Qualified Medical Child Support Order may not satisfy the definition of a Dependent Child in its entirety but are required to satisfy the age requirement.

The Trustees will require a birth certificate or other documents to establish Dependent Child status. Please call the Benefit Plans in San Francisco at (415) 673-8500 for additional information.

(Over)

Job Forecast Report

WorkDate: 12/26/2025

Shift: Night

12/26/2025 1:50:06PM

Gangs	Shorted	Early	MO	EO	MRO	RO	LM	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	1	0	0	0	0	1
D4	0	0	0	0	0	0	0	0
	0	0	1	0	0	0	0	1

Boards	Shorted	Early	MO	EO	MRO	RO	LM	Total
Hold	0	114	349	0	0	0	0	463
Crane	0	2	1	0	0	0	0	3
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	0	1	1	0	0	0	2
UTR	0	163	435	18	0	0	0	616
CY	0	14	116	5	0	0	0	135
Jimney	0	1	9	2	0	0	0	12
Swamper	0	26	43	3	0	0	0	72
Casual	0	0	2	0	0	0	0	2
Dock	0	70	11	4	0	0	0	85
Mechanics	0	2	0	0	0	0	0	2
Gear	0	12	0	0	0	0	0	12
Carpenter	0	0	0	0	0	0	0	0
	0	404	967	33	0	0	0	1,404

Number of flops (UTR - UTRWork = Flops): 435

FRI NITE
FINAL

2 Nite
Sg off → 38
99
111

Gangs Dispatched

Gang	Type	Workdate	Shift	Company	Ship	Berth
55	S-4112	12/26/2025 6:00:00PM	2	P.S.T.	MARGUERITE	176

Alc. #	Start Time	Order Type	Ship Name	Company	Berth	Tags
1 Cancelled	5:00PM	MO	ONE HENRY HUDSON	YTI	TI 212	LA
Flex and Early						
2 Cancelled	6:00PM	MO	ONE HENRY HUDSON	YTI	TI 212	LA
3 Cancelled	6:00PM	MO	LIGNUM NETWORK	MET	LB 214	LA
4 Cancelled	5:00PM	MO	MSC TRIESTE	TTI	LB 140	LA
Flex and Early						
5 Cancelled	6:00PM	MO	MSC TRIESTE	TTI	LB 140	LA
6 Cancelled	6:00PM	MO	CS CELESTE	MET	LB 212	SH-All Comd
7 IDS	5:00PM	MO	HMM TURQUOISE	TTI	LB 140	LA
Flex and Early						
8 12S 10SL 2DS 27UTR 9ST/5:30	6:00PM	MO	HMM TURQUOISE	TTI	LB 140	LA
9 20S 6KDP 2UTRS	5:00PM	MO	GUNVOR MAERSK	APM	TI 400	LA
Flex and Early						
10 Cancelled	6:00PM	MO	GUNVOR MAERSK	APM	TI 400	LA
11 Cancelled	6:00PM	MO	COSCO SHIPPING CARNATION	LBCT	LB 24	LA
12 16S 28SL 4DS 1HH/5:30 1HL 28UTR 4UTRS 8ST/5:30	6:00PM	MO	SM SHANGHAI	SSA	LB 96	LA
13 Cancelled	5:00PM	MO	YM MATURITY	TP	136	LA
Flex and Early						
14 16S 4DS 1UTR	6:00PM	MO	YM MATURITY	TP	136	LA

Dec. 26, 2025 0 2:30PM				No. 1495 P. 6		
A/c. #	Time	Type	Ship Name	Company	Berth	Tags
15	5:00PM	MO	OOCL LONDON	LBCT	LB 22	LA
2S 5KDP				<i>Flex and Early</i>		
16	6:00PM	MO	OOCL LONDON	LBCT	LB 22	LA
20S 3KDP 2UTRS						
17	5:00PM	MO	MAERSK KINLOSS	APM	TI 400	LA
20S 6KDP 2UTRS				<i>Flex and Early</i>		
18	6:00PM	MO	MAERSK KINLOSS	APM	TI 400	LA
Cancelled						
19	6:00PM	MO	MSC FLORA	PA	102	LA
8S 8SL 2DS 18UTR 3ST/5:30						
20	5:00PM	MO	ZIM ALBATROSS	TP	139	LA
Cancelled				<i>Flex and Early</i>		
21	6:00PM	MO	ZIM ALBATROSS	TP	139	LA
16S 4DS 32UTR 8ST/5:30						
22	6:00PM	MO	PONA	PA	126	LA
Cancelled						
23	5:00PM	MO	MISSISSIPPI	ITS	LB 236	LA
1UTRS				<i>Flex and Early</i>		
24	6:00PM	MO	MISSISSIPPI	ITS	LB 236	LA
16S 4DS 29UTR 7ST/5:30						
25	6:00PM	MO	JANET MARIE	SSA	LB 92	LA
16S 20SL 4DS 1HL 32UTR 4UTRS 10ST/5:30						
26	6:00PM	MO	MARGUERITE	P.S.T.	176	GE
2S				*55*		
27	6:00PM	MO	MARGUERITE	P.S.T.	176	GE
2D 2HL 4UTR						
28	5:00PM	MO	WAN HAI A01	YTI	TI 214	LA
6DS				<i>Flex and Early</i>		
29	6:00PM	MO	WAN HAI A01	YTI	TI 214	LA
20S 40UTR 15ST/5:30						

Alc. #	Start Time	Ship Type	Ship Name	Company	Berth	Tags
30	5:00PM	MO	CSCL SUMMER	SSA	LB 266	LA
Cancelled						
<i>Flex and Early</i>						
31	6:00PM	MO	CSCL SUMMER	SSA	LB 266	LA
20S 5DS 1HL 38UTR 5UTRS 15ST/5:30						
32	5:00PM	MO	CSCL SOUTH CHINA SEA	SSA	LB 245	LA
Cancelled						
<i>Flex and Early</i>						
33	6:00PM	MO	CSCL SOUTH CHINA SEA	SSA	LB 245	LA
8S 2DS 1HL 15UTR 2UTRS 6ST/5:30						
34	5:00PM	MO	PRESIDENT HW BUSH	FMS	TI 303	LA
Cancelled						
<i>Flex and Early</i>						
35	6:00PM	MO	PRESIDENT HW BUSH	FMS	TI 303	LA
16S 4DS 36UTR 10ST/5:30						
36	6:00PM	MO	EVER MAGIC	ETS	TI 227	LA
16S 4DS 32UTR 4UTRS 10ST/5:30						
37	5:00PM	MO	GEORG MAERSK	APM	TI 400	LA
8S 3KDP 2UTRS						
<i>Flex and Early</i>						
38	6:00PM	MO	GEORG MAERSK	APM	TI 400	LA
Cancelled						
39	6:00PM	MO	MANOA	SSA	LB 60	LA
8S 4SL 2DS 1HL 14UTR 2UTRS						
40	6:00PM	MO	HANSA DUBURG	PA	121	SH-All Comd
8S 10SL 2DS 16UTR 3ST/5:30						
41	5:00PM	MO	MSC BETTINA	TTI	LB 140	LA
6S 16SL 3DS 3UTR						
<i>Flex and Early</i>						
42	6:00PM	MO	MSC BETTINA	TTI	LB 140	LA
9S 24UTR 9ST/5:30						
43	5:00PM	MO	COSCO BELGIUM	LBCT	LB 26	LA
8S 34SL 8KDP 3UTRS						
<i>Flex and Early</i>						
44	6:00PM	MO	COSCO BELGIUM	LBCT	LB 26	LA
14S						

Dec. 26, 2025 2:31PM

No. 1495 P. 8

Alc. #	Time	Type	Ship Name	Company	Berth	Tags
45	6:00PM	MO	WAN HAI A01	YTI	TI 214	LA
	4S 8UTR					
46	6:00PM	MO	PRESIDENT HW BUSH	FMS	TI 303	LA
	Cancelled					
47	6:00PM	MO	EVER MAGIC	ETS	TI 227	LA
	8S 2DS 16UTR 2UTRS 3ST/5:30					
48	6:00PM	MO	MSC BETTINA	TTI	LB 140	LA
	Cancelled					
49	6:00PM	MO	COSCO BELGIUM	LBCT	LB 26	LA
	14S 4KDP					

Type Of Orders : Extra Order**Work Date: 12/26/25**

Ver	Alc#	Shio Name	Start Time	Berth	Type	Received Date/Time	Tags	Mod Status	Total Jobs
Shift : 2									
STEVE. SERV. OF AMER (502)									
		DOCK WORK	12/26/25 6:00PM	LB 266	EO	12/26/25 11:21AM	LA	D	8
1DA 7UTR (joel cruz)									
<hr/>									
		DOCK WORK	12/26/25 5:00PM	LB 94	EO	12/26/25 11:21AM	LA	D	6
5DS 1GAT (joel cruz)									
<hr/>									
		DOCK WORK	12/26/25 6:00PM	LB 94	EO	12/26/25 11:22AM	LA	D	16
2DS 1DA 1HL 7UTR 5ST/5:30 (rayc)									
<hr/>									
		DOCK WORK RAILS	12/26/25 5:00PM	LB 245	EO	12/26/25 11:22AM	LA	N	10
3DA 7UTR (joel cruz)									
<hr/>									
		DOCK WORK	12/26/25 6:00PM	LB 60	EO	12/26/25 11:46AM	LA	N	5
1DA 1HL 3UTR (joel cruz)									
<hr/>									
		DOCK WORK	12/26/25 5:00PM	LB 266	EO	12/26/25 12:14PM	LA	N	1
1DS (joel cruz)									
<hr/>									
METROPOLITAN STEV. CO. (503)									
		DOCK WORK	12/26/25 5:00PM	LB 215	EO	12/26/25 11:33AM	SH-All Comd	N	1
1DSW (joel cruz)									
<hr/>									
YUSEN TERMINALS INC. (504)									
		DOCK WORK RAILS	12/26/25 5:00PM	TI 214	EO	12/26/25 11:56AM	LA	N	12
4DA 8UTR (joel cruz)									
<hr/>									
PORTSAMERICA (505)									
		DOCK WORK	12/26/25 5:00PM	126	EO	12/26/25 11:46AM	LA	N	3
3GAT (joel cruz)									

Type Of Orders : Extra Order**Work Date: 12/26/25**

Ver	Alc#	Shio Name	Start Time	Berth	Type	Received Date/Time	Tags	Mod Status	Tota Jobs
Shift : 2									
PORTSAMERICA (505)									
TTI (507)									
		DOCK WORK	12/26/25 5:00PM	LB 140	EO	12/26/25 11:38AM	LA	D	26
		5DS 1DA 1CT/4:30 17UTR 2GAT (rayc)							Flex and Early
DOCK WORK RAILS									
			12/26/25 5:00PM	LB 140	EO	12/26/25 11:39AM	LA	D	35
		9DA 22UTR 4ST/4:30 (TONY D)							Flex and Early
ITS (508)									
		DOCK WORK	12/26/25 5:00PM	LB 232	EO	12/26/25 11:43AM	LA	N	25
		5DS 1DA 1HL 12UTR 6ST/4:30 (joel cruz)							Flex and Early
DOCK WORK									
			12/26/25 6:00PM	LB 232	EO	12/26/25 11:44AM	LA	N	1
		1DS (joel cruz)							
PASHA STEVADORE TERMINAL (509)									
		DOCK WORK	12/26/25 5:00PM	179	EO	12/26/25 11:58AM	LA	N	1
		1GAT (joel cruz)							Flex and Early
FENIX MARINE SERVICES (510)									
		DOCK WORK	12/26/25 5:00PM	TI 302	EO	12/26/25 11:39AM	LA	N	8
		1DA 7UTR (joel cruz)							Flex and Early
DOCK WORK RAILS									
			12/26/25 5:00PM	TI 302	EO	12/26/25 11:40AM	LA	D	30
		6DA 24UTR (TONY D)							Flex and Early
LONG BEACH CONT. TER. (512)									
		DOCK WORK	12/26/25 5:00PM	LB 24	EO	12/26/25 12:14PM	LA	N	1
		1CT/4:30 (joel cruz)							Flex and Early

Type Of Orders : Extra Order**Work Date: 12/26/25**

Ver	Alc#	Ship Name	Start Time	Berth	Type	Received Date/Time	Tags	Mod Status	Total Jobs
Shift : 2									
LONG BEACH CONT. TER. (512)									
		DOCK WORK	12/26/25 6:00PM	LB 24	EO	12/26/25 12:15PM	LA	N	2
IDA 1UTRS (joel cruz)									
DOCK WORK RAILS									
			12/26/25 5:00PM	LB 24	EO	12/26/25 12:16PM	LA	N	29
IDA 7KDA 21UTR (joel cruz)									
TRAPAC (514)									
		DOCK WORK	12/26/25 5:00PM	136	EO	12/26/25 11:30AM	LA	N	7
1DSW 1DA 2UTR 3ST/4:30 (joel cruz)									
APM TERMINALS (515)									
		DOCK WORK	12/26/25 5:00PM	TI 400	EO	12/26/25 11:23AM	LA	N	5
1DMSW 4GAT (joel cruz)									
DOCK WORK RAILS									
			12/26/25 5:00PM	TI 400	EO	12/26/25 11:24AM	LA	N	35
5KDA 30UTR (joel cruz)									
P.C.M.C. (517)									
		DOCK WORK	12/26/25 5:00PM	LB 22	EO	12/26/25 10:21AM	LA	N	2
2MWT (TONY D)									
DOCK WORK									
			12/26/25 2:00AM	LB 22	EO	12/26/25 10:21AM	LA	N	1
1GAT (TONY D)									
PACIFIC TERMINAL SERVICES CO. (525)									
		DOCK WORK	12/26/25 6:00PM	TI 211	EO	12/26/25 1:04PM	LA	N	1
1DWD (marty)									

AVERAGE REPORT
For Night Shift

	12/19/20	12/20/20	12/21/20	12/22/20	12/23/20	12/24/20	12/25/20
	Fri	Sat	Sun	Mon	Tue	Wed	Thu
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	130	138	146	151	159	167	171
Secondary	144	152	160	168	176	176	176
Hold	106	114	122	128	136	137	137
Dock	96	96	104	104	112	120	126
Jitney	101	109	109	109	117	125	133
Winch	88	96	96	96	103	111	113
Carpenter	96	99	106	106	114	122	130
A-Crane	109	110	118	121	123	131	132
Casual	77	80	81	81	89	97	98
Swamper	71	71	72	80	86	86	88
B-Crane	114	122	122	129	137	145	148
A-UTR	109	117	125	125	133	141	141
B_UTR	122	129	134	139	147	154	154
Mechanics	108	114	116	124	132	132	132
Night ID	108	116	120	124	132	137	138
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0