I L W U Local 13 • 630 Centre Street • San Pedro, CA 90731 • (310) 830-1130

August 8, 2025

Dear Brothers and Sisters:

NOTIFICATION OF REQUEST FOR APPROVAL OF THE 2025 BUDGET and SPECIAL 1-DAY VOTE

A motion was passed and carried at the June 5, 2025 Special Executive Board meeting to accept the Budget Committee Report which presented two (2) options for the Local 13 2025 Budget. A copy of the two (2) options are enclosed for your review.

WHAT ARE YOU BEING ASKED TO DO: Decide Between Two Options:

Please vote for either "BUDGET PROPOSAL A" or "BUDGET PROPOSAL B."

- 1. BUDGET PROPOSAL A: <u>Increase dues by \$19.75 and retain the positions of Health Benefits Officer and Labor Relations Committee Representative/Port Liaison.</u>
- 2. BUDGET PROPOSAL B: Amend the Constitution & Bylaws, Article II, Sections 1 and 3, Article III, Sections 4, 6, and 15, and Article IV, Section 1, and Article V, Section 1 to eliminate the positions of Health Benefits Officer and Labor Relations Committee Representative/Port Liaison.

*The Membership will NOT be assessed the \$13 per member/per month fee for the ICTSI Lawsuit as previously proposed in past dues increase proposals. Both Budget Proposals balance the 2025 Budget.

If Budget Proposal B Passes, the following Constitutional Amendments will be made and services lost:

ARTICLE II - OFFICERS

Existing Section 1. Ti

The list of officers, employees and committees shall read as follows:

The elective offices of the Local shall be:

[Officer titles listed]

Health Benefits Representative

Amended Section 1 (Proposal B): Health Benefits Representative

Existing Section 3: ... Limit any officer, except Trustees, Labor Relations Committee Representatives and Health Benefits Representative to three consecutive terms of office, after which they shall not be eligible to hold office for a period of one year, except in extreme emergencies and by a referendum election...

Amended Section 3 (Proposal B): Limit any officer, except Trustees, and Labor Relations Committee Representatives and Health Benefits Representative to three consecutive terms of office...

ARTICLE III - DUTIES OF OFFICERS

Existing Section 4.

LABOR RELATIONS COMMITTEE REPRESENTATIVES:

a. There shall be three (3) Labor Relations Committee Representatives.

Amended Section 4a (Proposal B):

Section 4. a. There shall be three (3) two (2) Labor Relations Committee Representatives.

Existing Section 6 HEALTH BENEFITS REPRESENTATIVE:

Amended Section 6 (Proposal B): HEALTH BENEFITS REPRESENTATIVE (Section 6 removed)

Existing Section 15. POLITICAL ACTION COMMITTEE:

c. The Labor Relations Representative-Port Liaison shall attend all Political Action Committee meetings. Amended Section 15c (Proposal B). The Labor Relations Representative Port Ligison shall attend all Political Action

Committee meetings.

ARTICLE IV NOMINATION OF OFFICERS

Existing Section 1: Nominations for President, Vice-President, Labor Relations Committee Representative (2)... Amended Section 1 (proposal B): , Labor Relations Committee Representative (21),

ARTICLE V

Exiting Section 1 b. The following shall be elected by a majority of all votes cast for that position: ... Health Benefits Representative, Dispatcher, and Trustees.

Amended Section 1b (proposal B): Health Benefits Representative

A first reading of the 2025 Budget Proposal was approved at the Membership Meeting of July 10, 2025. The second reading of the 2025 Budget Proposal was approved at the Membership Meeting of August 7, 2025.

HOW DID WE GET HERE: Local 13 has been running at a deficit for the past 4 years due to:	HOW HAVE WE ALREADY ADDRESSED THE DEFICIT:
 No dues increase in 7 years Officer salary increases (due to PCLCD wage increases) Lawsuits: past and pending Increasing operating expenses and other costs 	 ♦ Effective 5/2025, Officers took voluntary pay cut (~\$19,500 annually) ♦ Significant reduction in donations ♦ Costly text blast program replaced with Local 13 App

THE ONE (1) DAY VOTE WILL TAKE PLACE AS FOLLOWS:

Date:

Wednesday, August 27, 2025

Time:

6:00 a.m. to 6:00 p.m.

Place:

ILWU Memorial Hall

231 W. "C" Street

Wilmington, CA 90744

Please be advised that only "members in good standing" will be allowed to vote.

We appreciate your cooperation and patience during this difficult time.

Fraternally,

Gary Herrera President

Brandi Good Vice President

Gabe Zuniga Secretary/Treasurer



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13 630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116

Benefits Officer - Eddie Moncado

Staff - Maria & Racheal

Health & Benefits Bulletin #8 (2) - 2025

AUGUST (2) 2025 HEALTH & BENEFITS BULLETIN

THE HEALTH BENEFITS OFFICE IS CLOSING

Brothers and Sisters, as we all know Wednesday, August 27, 2025, will be the day that our decision will determine the future of the *Health Benefits Office representation at Local 13*.

Below please find vital contact information to use in case the membership decides to get rid of this office. Just a reminder, when you contact the following, please make sure to have a scanner, fax machine and in some cases a notary available to be able to handle your business in a timely manner.

Included below is also contact information for the Southern California Area Welfare Directors, they are available by appointment only and conveniently located by the Traffic Circle in Long Beach. Please be patient, as they also assist Locals 94, 63, 46, 29, 26, Pensioners and now Local 13 (the biggest local in So. Cal).

Benefit Plans Office (BPO) San Francisco	(415) 673-8500
The BPO website has valuable information about our various benefit plans,	(888) 372-4598
providers, and other contact information.	www.Benefitplans.org
ILWU-PMA Coastroise Indemnity Plan/Zenith	(800) 955-7376
Call this number for unpaid medical bills and supplement pay.	
Disability (State of California)	(800) 480-3287
Call this number for inquiries about disability insurance (SDI), paid family	www.edd.ca.gov/disability
leave (FMLA), or unemployment.	
Fidelity	(800) 761-4598
Call this number if you have questions about our 401k plan.	www.fidelity.com
Inhovative Care Management (ICM)	(866) 275-1014
Call this number for medical services that require preauthorization and/or	
appeals.	
IL W.C. Credit Union	(310) 834-6411
Call this number if you need financial assistance	www.ilwucu.org
Kaiser Permanente	(818) 557-3964
Call this number if you have an issue that needs to be escalated beyond the	www.kp.org
regular member services number. Both the website and the mobile app are	_
user-friendly.	
Medicare	(800) 633-4227
Call this number to inquire about eligibility and to enroll in Part A and B.	
Social Security Administration	(800) 772-1213
Call this number if you have issues with your social security.	
US Department of Labor Toneshate Division	(562) 980-3577
Call this number if you have a new or pending worker's compensation claim.	
Southern Californile Area Welfare Directors	(310) 833-5144
Call this number to obtain information about your benefit plans, providers,	1
retirement, etc.	
ADRP Allaholism Drug Recovery Program	(310) 547-9966
Call this number if you need assistance regarding various benefits for	[' '
chemically induced illnesses.	
Loca 13 Offices	(310) 830-1130
Call this number for any/every department other than the Health Benefits	, ,
Office.	
Pacific Maritime Association (PMA)	(562) 495-7600
PMA is our employer and handles inquiries regarding disability, doctor	Selfservice.pmanet.org
notes, payroll, unemployment and shoe youther.	শিক্ষম
Hotes, Payron, anomployment and show towers.	
	<u> - - - - - - - - -</u>



FOOTBALL

LA MEMORIAL COLISEUM

August 30th and September 6th

Additional Dates To Be Added

SCAN TO GET \$70 OFF YOUR FIRST TWO (2) TICKETS



OFFER SUBJECT TO AVAILABILITY TICKETING FEES APPLY



HEALTH TIP



STRESS MANAGEMENT - Techniques and Strategies to Deal with Stress

If you're living with high levels of stress, you're putting your entire well-being at risk. Stress wreaks havoc on your emotional equilibrium, as well as your overall physical and mental health. It narrows your ability to think clearly, function effectively, and enjoy life.

To release stress, engage in activities that promote relaxation and reduce tension. This can involve physical activity like exercise or walking, mindfulness practices like meditation or deep breathing, and activities that bring joy and relaxation like hobbies or spending time in nature.

You can also ty limiting exposure to stressful situations and seeking social support when needed.

ADA JPLRC

(Americans with Disability Act Labor Relations Committee (ADA LRC))

Americans with Disabilities Act Labor Relations Committee (ADA LRC)

If you have been cited to appear or if you would like to revise your existing accommodation(s), please plan to attend, meetings are scheduled for the first and third Tuesdays of each month at Local 13 unless otherwise noted.

The world needs less machinery and more humanity.

2

Eddie Moncado #131390 Local 13 Health & Benefits Officer M Aug. 25. 2025 2:33PM

Job Forecast Report

-No. 7271 P. 5/14 KINAL

WorkDate: 8/25/2025

Shift: Night

8/25/2025 1:50:53PM

Gangs Shorted Early MO EO MRO RO LM Total Container Gang 0				,					
Lashing Gang 0 0 0 0 0 0 0 0 0 4002_Gang 0 0 0 0 0 0 0 0 0 0 4012_Gang 0 0 0 0 0 0 0 0 0 0 0 D4 0 0 0 0 0 0 0 0 0 0	Gangs	Shorted	Early	MO	EO	MRO	RO	LM	Total
4002_Gang 0	Container Gang	0	0	0	0	0	0	0	0
4012_Gang 0	Lashing Gang	0	0	0	O	0	0	0	0
4112_Gang 0 0 0 0 0 0 0 0 0 0 D4 0 0 0 0 0 0 0 0 0 0	4002_Gang	0	0	0	0	0	0	0	0
D4 0 0 0 0 0 0 0	4012_Gang	0	O.	0	0	0	0	0	0
	4112_Gang	0	0	0	0	0	0	О ,	0
0 0 0 0 0 0 0	D4	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0

Boards	Shorte	d Early	МО	EO	MRO	RO	$\mathbf{L}\mathbf{M}$	Total
Hold	0	17	181	0	7	I	0	206
Crane	0	72	11	8	2	0	0	93
Crane Top Handler	0	0	Q	0	0	0	0	0
Winch	0	0	0	1	0	0	0	1
UTR	0	101	203	22	9	1	0	336
CY	0	33	64	18	. 1	1	0	117
Jitney	0	8	5	5	0	0	0	18
Swamper	0	82	17	8	1	0	0	108
Casual	0	0	0	0	0	0	0	0
Dock	0	51	9	4	3	0	0	67
Mechanics	0	1	0	0	0	0	0	1
Gear	0	1	0	0	0	0	0	1
Carpenter	0	0	0	0	0	0	0	0
	0	366	490	66	23	3	0	948

Number of flops (UTR - UTRWork = Flops): 203

S 111 99 55% Aug. 25. 2025 2:33PM 8/25/2025 1:51PM

Allocation List for: 8/25/25

Shift: *Night* No. 7271 P. 6/14

8/25/2	.025 1:51PN	1	Amocation List for .	0/25/25	MARK - 1446	gni
\le. #	Start Ti <u>m</u> e	Order Type	Ship Name	Company	Berth	Tags
l	6:00PM 3UTRS	MRO		SSA	LB 245	
2	5:00PM 2KDP	MRO	HMM RUBY	APM	TI 400	LA
3	5:00PM 4KDP	MRO	MAERSK ALTAIR	АРМ	TI 400	
					Ει	arly Dispatch
4	6:00PM 2UTR I		CMA CGM MEDEA		TI 303	
5	4KDP	MRO	EVER FRANK	APM	TI 400	LA
	, .a		\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	ANA-AAA	E1 140	T A
6	3S 1DS	2HH/5:3	MSC ORSOLA 80 2UTR		LB 140	LA
		MRO	YM UPWARĎ	PA	SP 102	
8	5:00PM 4KDP	MRO	GEORG MAERSK	APM	TI 400	
~- 				-44477-4		arly Dispatch
9	6:00PM <i>IKDP</i>		OOCL SUNFLOWER	LBCT	LB 26	
10	2KDP	MRO	SEASPAN YANGTZE	APM	TI 400	LA
11	6:00PM		•	MET	LB 214	SH-All Comd
Cancel	lled		MEDI MATSUURA	MET	LB 212	
13	5:00PM 10SL	MO	COSCO PORTUGAL	SSA	LB 245	LA
						lex and Early
14 Cancel	6:00PM lled	MO	COSCO PORTUGAL	SSA	LB 245	LA

5 6 7 Cancelled	6:00PM 4S 1DS 5:00PM	мо 1НН/5:3 (Ship Name ONE OLYMPUS 0 1HL 8UTR 3ST/5:30	YTI	T1 210	Υ. Α	
6 7 Cancelled	5:00PM		, III GUIR JUI/JIJU		11 210	LA	
Cancelle 8			HMM RUBY 30	APM		LA	**-**-**
Cancelle 8						Flex and Early	
8	i	МО	MAERSK ALTAIR	APM	TI 400	LA	
Cancono	6:00PM	МО	MAERSK ALTAIR	АРМ	TI 400	LA	
9 Cancelle		MO	CMA CGM MEDEA	FMS	TI 303	LA	
						Flex and Early	
	6:00PM 2 <i>2SL</i>	MO	CMA CGM MEDEA	FMS			
Cancelle	i.		EVER FRANK	APM	TI 400	LA	
						Flex and Early	
2 Cancelle	6:00PM 1	МО	EVER FRANK	APM	TI 400	LA	
	6:00PM 1 <i>0S 20S</i>	MO L 3KDP		LBCT	LB 22	LA	
4 Cancelle	5:00PM	МО	MSC ORSOLA	TTI	LB 140	LA	
			*****-			Flex and Early	
5 Cancelle	6:00PM đ	MO	MSC ORSOLA	TTI	LB 140	LA	
	6:00PM	MO	SM LONG BEACH	SSA	LB 96	LA	
Cancelle	d	МО	YM UPWARD	PA	\$P 102	LA	
28	5:00PM 2 HH/4: 3	МО О	GEORG MAERSK	APM	TI 400	LA	
						Flex and Early	
9 Cancelle		МО	GEORG MAERSK	APM	TI 400	LA	

Alc. #	Aug. 25. 2025) 2:34 Time Type	Ship Name	Company	Berth	No. 7271 Lags	P. 8/14
30 Сапс		KAIMANA HILA	SSA	LB 60	LA	•
31 Cance		SEASPAN YANGTZE	APM	TI 400	LA	
				F	lex and Early	
32	6:00PM MO 2S 10SL	SEASPAN YANGTZE	APM			744474
33	5:00PM MO 5DS	WAN HAI A01	YTI			
		1844		Fl	lex and Early	
34	6:00PM MO 20S 40UTR 12S	WAN HAI A01 <i>T/5:30</i>	YTI	TI 214		
35	5:00PM MO <i>1DS</i>	HMM TURQUOISE	TTI		LA	
	*****			Fl	lex and Early	
36	6:00PM MO	HMM TURQUOISE :30 36UTR 12ST/5:30	TTI	LB 140	LA	
 37	5:00PM MO 2S 4KDP	COSCO ITALY		LB 24		
				Fl	ex and Early	
38	6:00PM MO 20S 4KDP 2UTI	COSCO ITALY	LBCT	LB 24	LA	
39	5:00PM MO IUTRS	HMM GARNET	ITS			
				FI	ex and Early	
40	6:00PM MO 16S 4DS 36UTR	3UTRS 12ST/5:30	ITS	LB 236	LA	
41		COSCO AFRICA HL 30UTR 4UTRS 12ST/5:30		LB 266		
42	6:00PM MO	MATSON MAUI 8UTR 4UTRS 11ST/5:30	SSA			
13 Cance		CMA CGM MEDEA		TI 303		
14 Сапсе	6:00PM MO	MSC ORSOLA	TTI			

	Aug. 25. 20	25) 2:34	PM Ship Name	_		_No. 7271 P. 9/14
Alc. #	Time	Туре	Ship Name	Company	Berth	lags
45	6:00PM 2HH/5:3	МО 30	OOCL SUNFLOWER	LBCT	LB 26	LA
46 Cancel	6:00PM led	MO	HMM TURQUOISE	TTI	LB 140	LA
47	6:00PM 4S 1KD	мо Р 4НН/5	COSCO ITALY	LBCT	LB 24	LA
48	6:00PM 4S IDS	MO 9UTR 1	HMM GARNET UTRS 2ST/5:30	ITS	LB 236	LA
49	6:00PM <i>IS</i>	МО	HMM RUBY	АРМ	TI 400	LA
50 Cancel	6:00PM led	MO	MOONBRIGHT SW	MET	LB D32	SH-Cement

Work Date: 8/25/25

Ver Alc# Ship Name	Star Tim		Berth	Тур	e Rece Date	ived /Time	Tags	Mod Status	
Shift: 2								D.	001
STEVE. SERV. OF AMER (502)									
DOCK WORK	8/25/25	5:00PM	LB 266	EO	8/25/25	11:21AM	LA	N	17
8DS 9CT/4:30 (MJB13)								Fles Ear	k and ly
DOCK WORK	8/25/25	6:00PM	LB 266	EO	8/25/25	11:24AM	LA	 N	14
2DS 1DA 1HL 5UTR 5ST/5:30 (MJB13)									
DOCK WORK RAILS						11:24AM	LA	N	5
3DA 2UTR (MJB13)								Flex Earl	c and ly
DOCK WORK						11:25AM		D	13
5DS 2DA 6CT/4:30 (MJB13)								Flex Earl	c and ly
DOCK WORK	8/25/25	6:00PM	LB 94	ЕО	8/25/25	11:32AM	LĄ	N	17
3DS 1DA 2HL 3UTR 8ST/5:30 (MJB13)									
DOCK WORK						11:37AM	LA	N	6
1DA 1HL 4UTR (MJB13)									
YUSEN TERMINALS INC. (504)									
DOCK WORK	8/25/25	5:00PM	TI 214	ĖO	8/25/25	11:53AM	LA	N	40
16DS 1DA 16CT/4:30 1HL 2UTR 4ST/4:3 (MJB13)								Flex Earl	
						11:54AM		N	3
1DA 2UTR (MJB13)								Flex Earl	
PORTSAMERICA (505)									
DOCK WORK	8/25/25	5:00PM	126	ĖO	8/25/25	11:36AM	LA	N	28
7DS 1DA 4CT/4:30 1HL 2UTR 12ST/4:30 (MJB13)	1GAT							Flex Earl	

Work Date: 8/25/25

Ver Alc# Ship Name	Star Tim		Berth	Туре	Rece Date	ived Time	Tags	Mod Status	
Shift: 2									
PORTSAMERICA (505)									
DOCK WORK	8/25/25	6:00PM	126	EO	8/25/25	11:36AM	LA	N	10
1HL 9UTR (MJB13)									**>>
TTI (507)									
DOCK WORK	8/25/25	5:00PM	LB 140	EO	8/25/25	11:34 AM	LA	N	27
9DS 1DA 6CT/4:30 1HL 5UTR 5ST/4:30 (MJB13)								Fle. Ear	x and ly
DOCK WORK						11:34AM	LA	N	5
5ST/5:30 (MJB13)									
DOCK WORK RAILS	8/25/25	5:00PM	LB 140	ЕО	8/25/25	11:35AM	LA	N	36
9DA 25UTR 2ST/4:30 (MJB13)								Fle: Ear	c and ly
ITS (508)									
DOCK WORK	8/25/25	5:00PM	LB 232	ΕŌ	8/25/25	12:01PM	LA	N,	19
8DS 1DA 1CT/4:30 2HL 4UTR 2UTRS 1 (MJB13)								Fle. Ear	x and ly
DOCK WORK						12:02PM	LA	N	2
2DS (MJB13)									
FENIX MARINE SERVICES (510)								
DOCK WORK	8/25/25	5:00PM	TI 302	EO	8/25/25	12:15PM	LA	N	31
9DS 2DA 1CT/4:30 16UTR 3ST/4:30 (MJB13)								Fle Ear	x and ly
DOCK WORK RAILS	8/25/25	5:00PM	TI 302	EQ	8/25/25	12:15PM	LA	N	23
4DA 15UTR 4ST/4:30 (MJB13)								Fle. Ear	x and ly

LONG BEACH CONT. TER. (512)

Work Date: 8/25/25

Ver Alc# Ship Name	Start <u>Time</u>		Berth	Туре	Recei Date/		Tags	Mod Sta <u>tus</u>	
Shift: 2									
LONG BEACH CONT. TER. (512) DOCK WORK	8/25/25	5:00PM	LB 24	EQ	8/25/25	11:39AM	LA	N	
5CT/4:30 (MJB13)						,		Fie. Ear	x and ly
DOCK WORK	8/25/25	6:00PM	LB 24	EO	8/25/25	11:41 AM	ĽA	N	4
1DA 2CT/5:30 1UTRS (MJB13)									
DOCK WORK RAILS	8/25/25	5:00PM	LB 24	ЕО	8/25/25	11:42AM	LA	N	
IKDA 1UTR (MJB13)		•		,				Fle Ear	x and ly
TRAPAC (514)									
DOCK WORK	8/25/25	5:00PM	136	EO	8/25/25	11:20AM	LA	N Fla	7 x and
2DS 1DA 1HL 2UTR 1ST/4:30 (MJB13)								Eas	
DOCK WORK	8/25/25	6:00PM	136	EO	8/25/25	11:21AM	LA	N	1
IDS (MJB13)		*							
APM TERMINALS (515)									
DOCK WORK	8/25/25	5:00PM	TI 400	EO	8/25/25	11:17AM	LA		14 x ana
IDA 2CT/4:30 10UTR IST/4:30 (MJB13)								Ea	
DOCK WORK			TI 400	EO	8/25/25	11:18AM	LA	N	2
2CT/5:30 (MJB13)				•••					
DOCK WORK	8/25/25	3:00AM	TI 400	EO	8/25/25	11: 19A M	LA	D	4
4CT/2:30 (duenez)				 -		-			
P.C.M.C. (517)									
DOCK WORK	8/25/25	2:00AM	TI 400	EO	8/25/25	11:38AM	LA	-	l ex and
IMWT (MJB13)									rly

Work Date: 8/25/25

Ver Alc# Ship Name	Start Time	Berth	Туре	Received Date/Time	Tags	Mod Tota Status Job
Shift: 2						
P.C.M.C. (517)						
EVERPORT TERMINAL SERV	VICES (524)					
DOCK WORK	8/25/25 5:00PM	TI 233	EO	8/25/25 11:19AM	ĹA	N 42
12DS 4DA 18CT/4:30 2HL 6UTR (MJB13)	***************************************					Flex and Early
PACIFIC TERMINAL SERVICE	ES CO. (525)					
DOCK WORK	8/25/25 6:00PM	TI 211	EO	8/25/25 11:38 AM	LA	N 1
1DWD (MJB13)						

8/25/25 8:2025 2:35PM

AVERAGE REPORT For Night Shift

	8/18/202	8/19/202	8/20/202	8/21/202	8/22/202	8/23/202	8/24/202
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	108	116	124	132	140	148	156
Secondary	0	0	0	0	0	0	0
Hold	86	94	102	105	113	113	121
Dock	78	78	86	94	102	110	110
Jitney	50	55	63	71	77	85	93
Winch	84	92	100	108	116	124	129
Carpenter	63	71	79	81	89	97	99
A-Crane	77	85	93	101	109	117	121
Casual	63	71	79	86	92	95	96
Swamper	61	63	66	74	77	80	88
B-Crane	90	90	96	104	112	120	128
A-UTR	89	97	105	111	119	127	132
B_UTR	117	125	133	141	149	157	162
Mechanics	77	85	93	101	104	112	120
Night ID	104	107	115	123	129	137	142
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0