

I L W U Local 13 • 630 Centre Street • San Pedro, CA 90731 • (310) 830-1130

August 8, 2025

Dear Brothers and Sisters:

**NOTIFICATION OF REQUEST FOR APPROVAL
OF THE 2025 BUDGET and SPECIAL 1-DAY VOTE**

A motion was passed and carried at the June 5, 2025 Special Executive Board meeting to accept the Budget Committee Report which presented two (2) options for the Local 13 2025 Budget. A copy of the two (2) options are enclosed for your review.

WHAT ARE YOU BEING ASKED TO DO: Decide Between Two Options:

Please vote for either "BUDGET PROPOSAL A" or "BUDGET PROPOSAL B."

1. BUDGET PROPOSAL A: Increase dues by \$19.75 and retain the positions of Health Benefits Officer and Labor Relations Committee Representative/Port Liaison.
2. BUDGET PROPOSAL B: Amend the Constitution & Bylaws, Article II, Sections 1 and 3, Article III, Sections 4, 6, and 15, and Article IV, Section 1, and Article V, Section 1 to eliminate the positions of Health Benefits Officer and Labor Relations Committee Representative/Port Liaison.

**The Membership will NOT be assessed the \$13 per member/per month fee for the ICTSI Lawsuit as previously proposed in past dues increase proposals.
Both Budget Proposals balance the 2025 Budget.*

If Budget Proposal B Passes, the following Constitutional Amendments will be made and services lost:

ARTICLE II – OFFICERS

Existing Section 1. The list of officers, employees and committees shall read as follows:
The elective offices of the Local shall be:

[Officer titles listed]

Health Benefits Representative

Amended Section 1 (Proposal B): Health Benefits Representative

Existing Section 3: ...Limit any officer, except Trustees, Labor Relations Committee Representatives and Health Benefits Representative to three consecutive terms of office, after which they shall not be eligible to hold office for a period of one year, except in extreme emergencies and by a referendum election...

Amended Section 3 (Proposal B): Limit any officer, except Trustees, and Labor Relations Committee Representatives and Health Benefits Representative to three consecutive terms of office...

ARTICLE III – DUTIES OF OFFICERS**Existing Section 4. LABOR RELATIONS COMMITTEE REPRESENTATIVES:**

a. There shall be three (3) Labor Relations Committee Representatives.

Amended Section 4a (Proposal B):

Section 4. a. There shall be ~~three (3)~~ two (2) Labor Relations Committee Representatives.

Existing Section 6. HEALTH BENEFITS REPRESENTATIVE:

Amended Section 6 (Proposal B): ~~HEALTH BENEFITS REPRESENTATIVE~~ (Section 6 removed)

Existing Section 15. POLITICAL ACTION COMMITTEE:

c. The Labor Relations Representative-Port Liaison shall attend all Political Action Committee meetings.

Amended Section 15c (Proposal B): The Labor Relations Representative-Port Liaison shall attend all Political Action Committee meetings.

ARTICLE IV NOMINATION OF OFFICERS

Existing Section 1: Nominations for President, Vice-President, Labor Relations Committee Representative (2)...

Amended Section 1 (proposal B): , Labor Relations Committee Representative (21),

ARTICLE V

Existing Section 1. b. The following shall be elected by a majority of all votes cast for that position: ... Health Benefits Representative, Dispatcher, and Trustees.

Amended Section 1b (proposal B): Health Benefits Representative

A first reading of the 2025 Budget Proposal was approved at the Membership Meeting of July 10, 2025. The second reading of the 2025 Budget Proposal was approved at the Membership Meeting of August 7, 2025.

HOW DID WE GET HERE: Local 13 has been running at a deficit for the past 4 years due to:	HOW HAVE WE ALREADY ADDRESSED THE DEFICIT:
<ul style="list-style-type: none"> ◊ No dues increase in 7 years ◊ Officer salary increases (due to PCLCD wage increases) ◊ Lawsuits: past and pending ◊ Increasing operating expenses and other costs 	<ul style="list-style-type: none"> ◊ Effective 5/2025, Officers took voluntary pay cut (~\$19,500 annually) ◊ Significant reduction in donations ◊ Costly text blast program replaced with Local 13 App

THE ONE (1) DAY VOTE WILL TAKE PLACE AS FOLLOWS:

Date: **Wednesday, August 27, 2025**
Time: **6:00 a.m. to 6:00 p.m.**
Place: **ILWU Memorial Hall**
231 W. "C" Street
Wilmington, CA 90744

Please be advised that only "members in good standing" will be allowed to vote.

We appreciate your cooperation and patience during this difficult time.

Fraternally,

Gary Herrera
President

Brandi Good
Vice President

Gabe Zuniga
Secretary/Treasurer



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13

630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116

Benefits Officer - Eddie Moncada

Staff - Maria & Racheal

Health & Benefits Bulletin #8 (2) - 2025


AUGUST (2) 2025 HEALTH & BENEFITS BULLETIN

THE HEALTH BENEFITS OFFICE IS CLOSING

Brothers and Sisters, as we all know Wednesday, August 27, 2025, will be the day that our decision will determine the future of the *Health Benefits Office representation at Local 13*.

Below please find vital contact information to use in case the membership decides to get rid of this office. Just a reminder, when you contact the following, please make sure to have a scanner, fax machine and in some cases a notary available to be able to handle your business in a timely manner.

Included below is also contact information for the Southern California Area Welfare Directors, they are available *by appointment only* and conveniently located by the Traffic Circle in Long Beach. Please be patient, as they also assist Locals 94, 63, 46, 29, 26, Pensioners and now Local 13 (the biggest local in So. Cal).

<u>Benefit Plans Office (BPO) San Francisco</u> The BPO website has valuable information about our various benefit plans, providers, and other contact information.	(415) 673-8500 (888) 372-4598 www.Benefitplans.org
<u>ILWU-PMA Coastwise Indemnity Plan/Zenith</u> Call this number for unpaid medical bills and supplement pay.	(800) 955-7376
<u>Disability (State of California)</u> Call this number for inquiries about disability insurance (SDI), paid family leave (FMLA), or unemployment.	(800) 480-3287 www.edd.ca.gov/disability
<u>Fidelity</u> Call this number if you have questions about our 401k plan.	(800) 761-4598 www.fidelity.com
<u>Innovative Care Management (ICM)</u> Call this number for medical services that require preauthorization and/or appeals.	(866) 275-1014
<u>ILWU Credit Union</u> Call this number if you need financial assistance	(310) 834-6411 www.ilwucu.org
<u>Kaiser Permanente</u> Call this number if you have an issue that needs to be escalated beyond the regular member services number. Both the website and the mobile app are user-friendly.	(818) 557-3964 www.kp.org
<u>Medi-Cal</u> Call this number to inquire about eligibility and to enroll in Part A and B.	(800) 633-4227
<u>Social Security Administration</u> Call this number if you have issues with your social security.	(800) 772-1213
<u>US Department of Labor/Longshore Division</u> Call this number if you have a new or pending worker's compensation claim.	(562) 980-3577
<u>Southern California Area Welfare Directors</u> Call this number to obtain information about your benefit plans, providers, retirement, etc.	(310) 833-5144
<u>ADRP - Alcoholism/Drug Recovery Program</u> Call this number if you need assistance regarding various benefits for chemically induced illnesses.	(310) 547-9966
<u>Local 13 Office</u> Call this number for any/every department other than the Health Benefits Office.	(310) 830-1130
<u>Pacific Maritime Association (PMA)</u> PMA is our employer and handles inquiries regarding disability, doctor notes, payroll, unemployment and shoe voucher.	(562) 495-7600 Selfservice.pmanet.org 

(Over)

USC

FOOTBALL

LA MEMORIAL COLISEUM

August 30th and September 6th

Additional Dates To Be Added

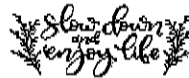
SCAN TO GET \$70 OFF
YOUR FIRST TWO (2) TICKETS



OFFER SUBJECT TO AVAILABILITY TICKETING FEES APPLY

PRESENTED BY SEACH CAPACITY

HEALTH TIP



STRESS MANAGEMENT – Techniques and Strategies to Deal with Stress

If you're living with high levels of stress, you're putting your entire well-being at risk. Stress wreaks havoc on your emotional equilibrium, as well as your overall physical and mental health. It narrows your ability to think clearly, function effectively, and enjoy life.

To release stress, engage in activities that promote relaxation and reduce tension. This can involve physical activity like exercise or walking, mindfulness practices like meditation or deep breathing, and activities that bring joy and relaxation like hobbies or spending time in nature.

You can also try limiting exposure to stressful situations and seeking social support when needed.

ADA JPLRC

(Americans with Disability Act Labor Relations Committee (ADA LRC))

Americans with Disabilities Act Labor Relations Committee (ADA LRC)

If you have been cited to appear or if you would like to revise your existing accommodation(s), please plan to attend, meetings are scheduled for the **first and third Tuesdays of each month at Local 13** unless otherwise noted.

The world needs less machinery and more humanity.

Eddie Moncado #131390
Local 13 Health & Benefits Officer

WEDNESDAY

Job Forecast Report

FINAL

WorkDate: 8/20/2025

Shift: Night

8/20/2025 1:50:48PM

Gangs	Shorted	Early	MO	EO	MRO	RO	LM	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	1	0	0	0	0	1
D4	0	0	0	0	0	0	0	0
	0	0	1	0	0	0	0	1

Boards	Shorted	Early	MO	EO	MRO	RO	LM	Total
Hold	0	52	183	0	31	2	0	268
Crane	0	16	15	2	0	0	0	33
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	0	1	0	0	0	0	1
UTR	0	60	136	31	14	3	0	244
CY	0	16	37	4	2	2	0	61
Jitney	0	1	14	3	1	0	0	19
Swamper	0	38	20	5	1	0	0	64
Casual	0	0	2	0	0	0	0	2
Dock	0	32	4	9	1	0	0	46
Mechanics	0	0	0	0	0	0	0	0
Gear	0	3	0	0	0	0	0	3
Carpenter	0	0	0	0	0	0	0	0
	0	218	412	54	50	7	0	741

Number of flops (UTR - UTRWork = Flops): 136

DIS
Ø 111
99

Gang	Type	Workdate	Shift	Company	Ship	Berth
38	S-4112	8/20/2025 6:00:00PM	2	SSA	CHIPOLBROK PACIFIC	LB 205

Alc. #	Start Time	Order Type	Ship Name	Company	Berth	Tags
1	6:00PM <i>1S</i>	MRO	MSC ALEXANDRA	TTI	LB 140	LA
2	6:00PM <i>1HL</i>	MRO	ONE HUMEN	YTI	TI 218	LA
3	6:00PM <i>5S 1DS 9UTR 2ST/5:30</i>	MRO	MSC DESIREE	PA	100	LA
4	6:00PM <i>4S</i>	MRO	CMA CGM TITAN	FMS	TI 303	LA
5	5:00PM <i>3KDP</i>	MRO	MAERSK ANTARES	APM	TI 400	LA
6	6:00PM <i>11S 3UTRS</i>	MRO	SM YANTIAN	SSA	LB 96	LA
7	6:00PM <i>1S</i>	MRO	ONE FOCUS	ITS	LB 236	LA
8	6:00PM <i>8S 2UTRS</i>	MRO	PELICANI	ITS	LB 232	LA
9	6:00PM <i>1S 1KDP</i>	MRO	OOCL LONDON	LBCT	LB 26	LA
10	6:00PM Cancelled	MO	GREAT LINK	SSA	LB 211	SH-Coke
11	5:00PM Cancelled	MO	MSC ALEXANDRA	TTI	LB 140	LA
12	6:00PM <i>18SL</i>	MO	MSC ALEXANDRA	TTI	LB 140	LA
13	6:00PM <i>4S 8SL 1DS 8UTR 2ST/5:30</i>	MO	ONE HUMEN	YTI	TI 218	LA
14	6:00PM <i>20SL 2HH/6:30</i>	MO	MSC DESIREE	PA	100	LA

Alc. #	Time	Type	Ship Name	Company	Berth	Tags
15	6:00PM 24SL	MO	CSCL YELLOW SEA	SSA	LB 266	LA
16	5:00PM Cancelled	MO	CMA CGM TITAN	FMS	TI 303	LA
17	6:00PM 3HH/5:30	MO	CMA CGM TITAN	FMS	TI 303	LA
18	5:00PM Cancelled	MO	MAERSK ANTARES	APM	TI 400	LA
19	6:00PM 2S	MO	MAERSK ANTARES	APM	TI 400	LA
20	6:00PM 4CDAB/5:30 3PLMD	MO	MEDI MATSUURA	MET	LB 212	SH-All Comd
21	5:00PM Cancelled	MO	WAN HAI A11	YTI	TI 214	LA
22	6:00PM 1ST/5:30	MO	WAN HAI A11	YTI	TI 214	LA
23	6:00PM 5S 1DS 7UTR 1UTRS 3ST/5:30	MO	SM YANTIAN	SSA	LB 96	LA
24	5:00PM Cancelled	MO	CMA CGM WHITE SHARK	FMS	TI 304	LA
25	6:00PM Cancelled	MO	CMA CGM WHITE SHARK	FMS	TI 304	LA
26	6:00PM Cancelled	MO	ONE FOCUS	ITS	LB 236	LA
27	6:00PM 1ST/5:30	MO	PELICAN I	ITS	LB 232	LA
28	6:00PM 4S 2D 3HL 2ST/5:30	MO	CHIPOLBROK PACIFIC	SSA	LB 205 *38*	GE
29	6:00PM 4CDAB/5:30 5PLMD	MO	UNI HORIZON	MET	LB 214	SH-All Comd

Aug. 20, 2025 C 2:32PM							No. 7114	P. 9/15
Alc. #	Time	Type	Ship Name	Company	Berth	Tags		
30	5:00PM	MO	YM UNIFORMITY	TP	136	LA		
Cancelled								
							<i>Flex and Early</i>	
31	6:00PM	MO	YM UNIFORMITY	TP	136	LA		
20S 5DS 1UTR								
32	5:00PM	MO	COLORADO	TP	139	LA		
Cancelled								
							<i>Flex and Early</i>	
33	6:00PM	MO	COLORADO	TP	139	LA		
12S 3DS 24UTR 6ST/5:30								
34	6:00PM	MO	EVER MAGIC	ETS	TI 227	LA		
16S 4DS 2HH/5:30 32UTR 4UTRS 10ST/5:30								
35	5:00PM	MO	MAERSK KINLOSS	APM	TI 400	LA		
16S 5KDP 2UTRS								
							<i>Flex and Early</i>	
36	6:00PM	MO	MAERSK KINLOSS	APM	TI 400	LA		
2S								
37	5:00PM	MO	XIN FEI ZHOU	LBCT	LB 24	LA		
2S 10SL 4KDP								
							<i>Flex and Early</i>	
38	6:00PM	MO	XIN FEI ZHOU	LBCT	LB 24	LA		
16S 2KDP 2UTRS								
39	6:00PM	MO	NYK SILVIA	YTI	TI 212	LA		
4S 4SL 1DS 1DWD 1HL 8UTR 2ST/5:30								
40	5:00PM	MO	G CROWN	PA	121	LA		
2S 14SL 1DS 1UTR								
							<i>Flex and Early</i>	
41	6:00PM	MO	G CROWN	PA	121	LA		
10S 2DS 23UTR 6ST/5:30								
42	6:00PM	MO	GREAT LINK	SSA	LB 211	SH-Coke		
Cancelled								
							<i>Early Dispatch</i>	
43	6:00PM	MO	CMA CGM TITAN	FMS	TI 303	LA		
Cancelled								
44	5:00PM	MO	MAERSK ANTARES	APM	TI 400	LA		
8S 3KDP								
							<i>Flex and Early</i>	

Aug. 20, 2025 0 2:32PM

No. 7114 P. 10/15

Alc. #	Time	Type	Ship Name	Company	Berth	Tags
45	6:00PM	MO	SM YANTIAN	SSA	LB 96	LA
<i>4S 1DS 7UTR 1UTRS 2ST/5:30</i>						
46	6:00PM	MO	EVER MAGIC	ETS	TI 227	LA
<i>8S 2DS 16UTR 2UTRS 2ST/5:30</i>						
47	6:00PM	MO	XIN FEI ZHOU	LBCT	LB 24	LA
Cancelled						

Type Of Orders : Extra Order**Work Date: 8/20/25**

Ver	Alc#	Ship Name	Start Time	Berth	Type	Received Date/Time	Tags	Mod Status	Total Jobs
Shift : 2									
STEVE. SERV. OF AMER (502)									
		DOCK WORK	8/20/25 5:00PM	LB 266	EO	8/20/25 11:57AM	LA	N	7
3DS 1CT/4:30 1UTR 2ST/4:30 (rayc)									Flex and Early
<hr/>									
		DOCK WORK	8/20/25 6:00PM	LB 266	EO	8/20/25 11:58AM	LA	N	4
1DS 1DA 1HL 1UTR (rayc)									
<hr/>									
		DOCK WORK	8/20/25 5:00PM	LB 94	EO	8/20/25 11:59AM	LA	N	4
4DS (rayc)									Flex and Early
<hr/>									
		DOCK WORK	8/20/25 6:00PM	LB 94	EO	8/20/25 12:00PM	LA	N	2
2DS (rayc)									
<hr/>									
		DOCK WORK	8/20/25 5:00PM	LB 205	EO	8/20/25 12:01PM	LA	D	1
1GAT (barbie)									Flex and Early
<hr/>									
METROPOLITAN STEV. CO. (503)									
		DOCK WORK	8/20/25 5:00PM	LB 215	EO	8/20/25 11:50AM	SH-All Comd	N	3
3DSW (rayc)									Flex and Early
<hr/>									
YUSEN TERMINALS INC. (504)									
		DOCK WORK	8/20/25 5:00PM	TI 214	EO	8/20/25 11:43AM	LA	N	17
8DS 1DA 8CT/4:30 (rayc)									Flex and Early
<hr/>									
		DOCK WORK RAILS	8/20/25 5:00PM	TI 214	EO	8/20/25 11:44AM	LA	N	10
3DA 6UTR 1ST/4:30 (rayc)									Flex and Early
<hr/>									
PORTSAMERICA (505)									
		DOCK WORK	8/20/25 5:00PM	126	EO	8/20/25 11:51AM	LA	N	13
8DS 2CT/4:30 2ST/4:30 1GAT (rayc)									Flex and Early

Type Of Orders : Extra Order**Work Date: 8/20/25**

Ver	Alc#	Ship Name	Start Time	Berth	Type	Received Date/Time	Tags	Mod Status	Total Jobs
Shift : 2									
PORTSAMERICA (505)									
		DOCK WORK	8/20/25 6:00PM	126	EO	8/20/25 11:53AM	LA	D	28
3DA 2HL 23UTR (barbie)									
		DOCK WORK RAILS	8/20/25 6:00PM	126	EO	8/20/25 11:54AM	LA	N	7
2DA 3UTR 2ST/5:30 (rayc)									
TTI (507)									
		DOCK WORK	8/20/25 5:00PM	LB 140	EO	8/20/25 11:38AM	LA	N	4
3DS 1DSW (rayc) Flex and Early									
		DOCK WORK	8/20/25 6:00PM	LB 140	EO	8/20/25 11:39AM	LA	N	1
1ST/5:30 (rayc)									
		DOCK WORK RAILS	8/20/25 5:00PM	LB 140	EO	8/20/25 11:40AM	LA	N	15
3DA 9UTR 3ST/4:30 (rayc) Flex and Early									
ITS (508)									
		DOCK WORK	8/20/25 5:00PM	LB 232	EO	8/20/25 11:47AM	LA	N	14
6DS 1DA 1HL 1UTR 2UTRS 3ST/4:30 (rayc) Flex and Early									
		DOCK WORK	8/20/25 6:00PM	LB 232	EO	8/20/25 11:48AM	LA	N	2
2DS (rayc)									
		DOCK WORK RAILS	8/20/25 6:00PM	LB 232	EO	8/20/25 11:49AM	LA	N	7
3DA 4UTR (rayc)									

FENIX MARINE SERVICES (510)

Type Of Orders : Extra Order**Work Date: 8/20/25**

Ver	Alc#	Ship Name	Start Time	Berth	Type	Received Date/Time	Tags	Mod Status	Total Jobs
Shift : 2									
FENIX MARINE SERVICES (510)									
		DOCK WORK	8/20/25 5:00PM	TI 302	EO	8/20/25 12:02PM	LA	N	16
		5DS 1DA 3CT/4:30 5UTR 2ST/4:30 (rayc)							Flex and Early
<hr/>									
		DOCK WORK RAILS	8/20/25 5:00PM	TI 302	EO	8/20/25 12:03PM	LA	N	10
		2DA 7UTR 1ST/4:30 (rayc)							Flex and Early
<hr/>									
LONG BEACH CONT. TER. (512)									
		DOCK WORK	8/20/25 5:00PM	LB 24	EO	8/20/25 11:54AM	LA	N	1
		1GAT (rayc)							Flex and Early
<hr/>									
		DOCK WORK RAILS	8/20/25 5:00PM	LB 24	EO	8/20/25 11:55AM	LA	N	4
		1KDA 2CT/4:30 1UTR (rayc)							Flex and Early
<hr/>									
TRAPAC (514)									
		DOCK WORK	8/20/25 6:00PM	136	EO	8/20/25 11:28AM	LA	N	1
		1ST/5:30 (rayc)							
<hr/>									
APM TERMINALS (515)									
		DOCK WORK	8/20/25 6:00PM	TI 400	EO	8/20/25 11:21AM	LA	N	2
		2CT/5:30 (rayc)							
<hr/>									
		DOCK WORK	8/20/25 5:00PM	TI 400	EO	8/20/25 11:23AM	LA	N	12
		1DA 10UTR 1ST/4:30 (rayc)							Flex and Early
<hr/>									
		DOCK WORK RAILS	8/20/25 5:00PM	TI 400	EO	8/20/25 11:28AM	LA	N	2
		1UTR 1ST/4:30 (rayc)							Flex and Early
<hr/>									
EVERPORT TERMINAL SERVICES (524)									

Type Of Orders : Extra Order
Work Date: 8/20/25

Ver	Alc#	Ship Name	Start Time	Berth	Type	Received Date/Time	Tags	Mod Status	Total Jobs
<i>Shift : 2</i>									
EVERPORT TERMINAL SERVICES (524)									
		DOCK WORK	8/20/25 5:00PM	TI 233	EO	8/20/25 11:21AM	LA	N	7
<i>7UTR</i> <i>(rayc)</i>								<i>Flex and Early</i>	

AVERAGE REPORT
For Night Shift

	8/13/202	8/14/202	8/15/202	8/16/202	8/17/202	8/18/202	8/19/202
	Wed	Thu	Fri	Sat	Sun	Mon	Tue
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	76	84	92	100	100	108	116
Secondary	0	0	0	0	0	0	0
Hold	53	61	69	73	78	86	94
Dock	46	46	54	62	70	78	78
Jitney	33	41	47	47	50	50	55
Winch	60	60	68	76	84	84	92
Carpenter	43	51	59	63	63	63	71
A-Crane	49	57	65	73	77	77	85
Casual	41	49	57	60	61	63	71
Swamper	40	48	52	56	60	61	63
B-Crane	58	66	74	82	82	90	90
A-UTR	65	73	81	87	89	89	97
B_UTR	78	86	94	102	109	117	125
Mechanics	50	56	61	69	77	77	85
Night ID	72	78	86	94	98	104	107
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0