



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13
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 Health & Benefits Officer - Eddie Moncado
 Staff - Maria & Racheal

Benefits Bulletin #12 - 2025

DECEMBER 2025 BENEFITS BULLETIN

A message from your Benefits Officer Eddie Moncado

Brothers and Sisters,

As we begin to close out this year, I'd like to thank you all - not just being you, but for all your hard work. Here are some numbers:

- **Port of Los Angeles:** From January through September 2025, cargo volume is up 3%, and the third quarter was a record. It was the Port's busiest 3-month quarter on record, all because of my Brothers' and Sisters' hard work.
- **Port of Long Beach:** from January through September 2025, cargo volume is up 6.8%, and the third quarter was the Port's second busiest quarter on record - again, all because of YOU.

Thank you for your hard work! UTR drivers, thank you! CY Tops, thank you! Los Lashers, I appreciate you, Crane Operators, thank you!, Heavy Lift drivers, my hats off to you, Swingmen, Porters, Signals, Shovelers, Sweepers, KDPT's, Gearmen, Linesmen, Auto Drivers - Thank you!

To all my Brothers & Sisters on the docks doing general work; those working with soda ash, coal, cement, salt, and who knows what else; those who take clerk jobs or elevate and give the Foremen a breather, thank you! To the Mechanics that fix all our broken equipment, thank you! I appreciate ALL of you for all that HARD WORK.

Through all the elements, you continue to do a great job 24/7, 365 days a year. To all of you and your families - to our Officers, my BAs, Dispatchers, Pensioners, and our great Staff - **Happy Holidays** to you all and your loved ones. I wish you all a Merry Christmas and a Happy New Year!

DEPENDENT CHILD

Dependent child: A person who:

1. Is identified by an Active Employee or Pensioner on the form provided by the Trustees for the enrollment of dependents (which has been filed with the Trustees): and
2. Falls within one of the following categories:
 - (a) A natural child of an Active Employee or Pensioner;
 - (b) A legally adopted child of an Active Employee or Pensioner;
 - (c) A stepchild or foster child of an Active Employee or Pensioner; or
 - (d) A child who maintains a parent/child relationship with an Active Employee or Pensioner if such child's natural parent is not in fact supporting that child.

In addition to the above requirements, eligibility also requires the dependent child:

3. (a) Has not attained 26 years of age; or
- (b) Is, and continues to be upon attaining age 26, mentally or physically incapacitated so as to be incapable of self-sustaining employment.

Certain children for whom medical coverage is required under a Qualified Medical Child Support Order may not satisfy the definition of a Dependent Child in its entirety but are required to satisfy the age requirement.

The Trustees will require a birth certificate or other documents to establish Dependent Child status. Please call the Benefit Plans in San Francisco at (415) 673-8500 for additional information.

(Over)

WHEN YOU REACH AGE 65

Coastwise Indemnity Plan hospital, medical and surgical benefits are integrated with Medicare coverage. Pensioners and/or survivors and their dependent(s) must, if eligible, enroll in Part B of Medicare to maintain their eligibility for Coastwise Indemnity Plan hospital, medical and surgical benefits. Pensioners and/or survivors who permanently reside outside the United States and do not intend to return to obtain medical care in the United States are not required to enroll in Medicare (since Medicare benefits are not available out of the country) and are therefore not reimbursed for Medicare Part B premiums.

Under federal law, Active Employees and their dependents who are eligible for Medicare continue to have primary coverage under the Welfare Plan. Therefore, Active Employees are not required to enroll in Medicare Part B even when eligible to do so. Upon retirement, such employees will be required to enroll in Medicare Part B and will be advised by the Benefit Plans Office regarding enrollment procedures.

Exception to Medicare Enrollment

Persons requiring kidney dialysis become eligible for Medicare after the third full month of dialysis treatment for end-stage renal disease, or the first of the month upon receiving a kidney transplant. Kidney dialysis patients and/or kidney transplant patients must maintain enrollment in Medicare Part B to retain eligibility for Coastwise Indemnity Plan Supplemental Benefits.

Kidney dialysis patients and kidney transplant patients should notify the BPO of their enrollment status.

Medicare Part D

The prescription drug benefits provided under the Welfare Plan constitute creditable coverage for Medicare Part D. Therefore, as long as you are covered under the Welfare Plan, there is no need to enroll in Medicare Part D.

HEALTH TIP

Times can get challenging, especially during the holiday season. "It's okay to *not* be okay". Asking for help is a sign of strength, not weakness. Resources are available through:

- LYRA (833) 597-2295 or visit <https://benefitplans.lyrahealth.com>
- Kaiser Permanente (800) 579-4848 & (800) 900-3277
- 988 Suicide & Crisis Hotline

401(k) Fidelity

- IRS announced higher 401(k) contribution limits for 2026
- Beginning in 2026, employees can defer \$24,500 into workplace plans, up from \$23,500 in 2025.
- Only 14% of participants maxed out 401(k) plans in 2024, according to Vanguard's 2025 *How America Saves* report

ANNOUNCEMENT

For your convenience, a representative from the *ILWU Credit Union* will be available in the lobby of Local 13 office, **Tuesday, January 6, 2026, from 9:00 a.m. to 11:30 a.m.**

ADA JPLRC

(Americans with Disability Act Labor Relations Committee (ADA LRC))

If you have been cited to appear, or if you would like to revise your existing accommodation(s), please plan to attend meetings, which are scheduled for the **first and third Tuesdays** of each month at Local 13 unless otherwise noted.

In Solidarity,

Eddie Moncado #131390

"The world needs less machinery and more humanity"

Local 13 Health & Benefits Officer



MONDAY

Job Forecast Report

FINAL

WorkDate: 1/5/2026

Shift: Night

1/5/2026 1:55:37PM

Gangs	Shorted	Early	MO	EO	MRO	RO	LM	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	2	0	0	0	0	2
D4	0	0	0	0	0	0	0	0
	0	0	2	0	0	0	0	2

Boards	Shorted	Early	MO	EO	MRO	RO	LM	Total
Hold	0	29	99	0	69	0	0	197
Crane	0	94	0	7	0	0	0	101
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	0	3	1	0	0	0	4
UTR	0	112	61	34	242	0	0	449
CY	0	43	18	18	20	1	0	100
Jitney	0	6	13	4	1	0	0	24
Swamper	0	87	6	11	11	0	0	115
Casual	0	0	3	0	0	0	0	3
Dock	0	51	5	7	0	0	0	63
Mechanics	0	2	0	0	0	0	0	2
Gear	0	2	0	0	0	0	0	2
Carpenter	0	0	1	0	0	0	0	1
	0	426	209	82	343	1	0	1,061

Number of flops (UTR - UTRWork = Flops): 61

DS
 0 111

Gang	Type	Workdate	Shift	Company	Ship	Berth
55	S-4112	1/5/2026 6:00:00PM	2	P.S.T.	SAGA FLORA	176
99	S-4112	1/5/2026 6:00:00PM	2	SSA	MAHO CORAL	LB 204

Alc. #	Start Time	Order Type	Ship Name	Company	Berth	Tags
1	5:00PM 3KDP	MRO	EVER FORWARD	APM	TI 400	LA
<i>Early Dispatch</i>						
2	6:00PM 8S 24UTR 4UTRS	MRO	CSCL EAST CHINA SEA	SSA	LB 266	LA
3	5:00PM 5KDP	MRO	GERDA MAERSK	APM	TI 400	LA
<i>Early Dispatch</i>						
4	6:00PM 2S	MRO	YM UTILITY	PA	100	LA
5	6:00PM 5S 27UTR 2ST/5:30	MRO	WAN HAI A05	YTI	TI 214	LA
6	6:00PM 4S 2DS 17UTR	MRO	HMM PERIDOT	ITS	LB 232	LA
7	6:00PM 6S 1DS 19UTR	MRO	MSC BIANCA SILVIA	TTI	LB 140	LA
8	6:00PM 1HL	MRO	BBC ODESA	SSA	LB 205	GE
9	6:00PM 5S 1DS 14UTR 2UTRS 2ST/5:30	MRO	CSCL AUTUMN	SSA	LB 245	LA
10	6:00PM 17S 4DS 49UTR 8ST/5:30	MRO	CMA CGM ARCTIC	FMS	TI 302	LA
11	6:00PM 4S 1DS 19UTR 1ST/5:30	MRO	NYK VENUS	YTI	TI 218	LA
12	5:00PM 1S 4KDP	MRO	GJERTRUD MAERSK	APM	TI 400	LA
<i>Early Dispatch</i>						
13	6:00PM 11S 1DS 32UTR 5UTRS 3ST/5:30	MRO	EVER LEADER	ETS	TI 230	LA
14	6:00PM 7S 1DS 30UTR 4ST/5:30	MRO	CMA CGM NILE	FMS	TI 303	LA

15	5:00PM	MO	ONE HENRY HUDSON	YTI	TI 212	LA
Cancelled						
<i>Flex and Early</i>						
16	6:00PM	MO	ONE HENRY HUDSON	YTI	TI 212	LA
Cancelled						
17	6:00PM	MO	LADY ANNE	MET	LB 212	SH-All Comd
2PLMD						
18	5:00PM	MO	HMM TOPAZ	TTI	LB 140	LA
Cancelled						
<i>Flex and Early</i>						
19	6:00PM	MO	HMM TOPAZ	TTI	LB 140	LA
Cancelled						
20	6:00PM	MO	HMM MIR	ITS	LB 232	LA
Cancelled						
21	5:00PM	MO	EVER FORWARD	APM	TI 400	LA
Cancelled						
<i>Flex and Early</i>						
22	6:00PM	MO	EVER FORWARD	APM	TI 400	LA
4S 20SL						
23	5:00PM	MO	CSCL EAST CHINA SEA	SSA	LB 266	LA
6SL						
<i>Flex and Early</i>						
24	6:00PM	MO	CSCL EAST CHINA SEA	SSA	LB 266	LA
2UTR						
25	5:00PM	MO	GERDA MAERSK	APM	TI 400	LA
Cancelled						
<i>Flex and Early</i>						
26	6:00PM	MO	GERDA MAERSK	APM	TI 400	LA
3S						
27	6:00PM	MO	YM UTILITY	PA	100	LA
20SL						
28	6:00PM	MO	WAN HAI A05	YTI	TI 214	LA
4S 1DS 8UTR 2ST/5:30						
29	5:00PM	MO	OSAKA EXPRESS	APM	TI 400	LA
8S 3KDP 2UTRS						
<i>Flex and Early</i>						

30	6:00PM 2S	MO	OSAKA EXPRESS	APM	TI 400	LA
31	5:00PM Cancelled	MO	HMM PERIDOT	ITS	LB 236	LA
32	6:00PM 4S 1DS 7UTR 1ST/5:30	MO	HMM PERIDOT	ITS	LB 232	LA
33	5:00PM Cancelled	MO	MSC BIANCA SILVIA	TTI	LB 140	LA
34	6:00PM 4S 1DS 9UTR 3ST/5:30	MO	MSC BIANCA SILVIA	TTI	LB 140	LA
35	6:00PM 2S 1CPWT	MO	BBC ODESA	SSA	LB 205	GE
36	6:00PM 4S 1DS 8UTR 1UTRS 3ST/5:30	MO	CSCL AUTUMN	SSA	LB 245	LA
37	5:00PM Cancelled	MO	CMA CGM ARCTIC	FMS	TI 302	LA
38	6:00PM Cancelled	MO	CMA CGM ARCTIC	FMS	TI 302	LA
39	5:00PM Cancelled	MO	GJERTRUD MAERSK	APM	TI 400	LA
40	6:00PM 1S	MO	GJERTRUD MAERSK	APM	TI 400	LA
41	5:00PM Cancelled	MO	CMA CGM NILE	FMS	TI 303	LA
42	6:00PM Cancelled	MO	CMA CGM NILE	FMS	TI 303	LA
43	6:00PM 4S 1DS 7UTR 1UTRS 3ST/5:30	MO	MANUKAI	SSA	LB 60	LA
44	5:00PM 14SL 1DS 1HL 1UTRS	MO	GEORGE II	SSA	LB 92	LA

Jan. 5, 2026 2:43PM

No. 1772 P. 8/13

Alc. #	Time	Type	Ship Name	Company	Berth	Tags
45	6:00PM	MO	GEORGE II	SSA	LB 92	LA
	12S 1DS 16UTR 1UTRS 6ST/5:30					
46	6:00PM	MO	SAGA FLORA	P.S.T.	176	GE
	2S *55*					
47	6:00PM	MO	SAGA FLORA	P.S.T.	176	GE
	2D 5HL					
48	6:00PM	MO	MAHO CORAL	SSA	LB 204	GE
	2S 2D 4HL 1UTR *99*					
49	6:00PM	MO	MSC BIANCA SILVIA	TTI	LB 140	LA
	Cancelled					
50	6:00PM	MO	CMA CGM ARCTIC	FMS	TI 302	LA
	Cancelled					
51	5:00PM	MO	COSCO SHIPPING DENALI	LBCT	LB 24	LA
	2KDP					
	Flex and Early					
52	6:00PM	MO	COSCO SHIPPING DENALI	LBCT	LB 24	LA
	8S 1KDP					
53	6:00PM	MO	EVER LEADER	ETS	TI 230	LA
	Cancelled					
54	6:00PM	MO	CMA CGM NILE	FMS	TI 303	LA
	Cancelled					

Type Of Orders : Extra Order**Work Date: 1/5/26**

Ver	Alc#	Ship Name	Start Time	Berth	Type	Received Date/Time	Tags	Mod Status	Total Jobs
Shift : 2									
STEVE. SERV. OF AMER (502)									
		DOCK WORK	1/5/26 6:00PM	LB 60	EO	1/5/26 11:09AM	LA	N	8
1DA 2HL 3UTR 2ST/5:30 (JOEL CRUZ)									

		DOCK WORK	1/5/26 5:00PM	LB 266	EO	1/5/26 11:30AM	LA	N	11
5DS 4CT/4:30 2ST/4:30 (JOEL CRUZ)									

		DOCK WORK RAILS	1/5/26 5:00PM	LB 245	EO	1/5/26 11:31AM	LA	N	11
3DA 8UTR (JOEL CRUZ)									

		DOCK WORK	1/5/26 5:00PM	LB 94	EO	1/5/26 11:33AM	LA	N	6
6DS (JOEL CRUZ)									

		DOCK WORK	1/5/26 6:00PM	LB 266	EO	1/5/26 11:34AM	LA	N	10
1DS 1DA 1HL 5UTR 2ST/5:30 (JOEL CRUZ)									

		DOCK WORK	1/5/26 6:00PM	LB 94	EO	1/5/26 11:36AM	LA	N	22
3DS 1DA 10UTR 8ST/5:30 (JOEL CRUZ)									

METROPOLITAN STEV. CO. (503)									
		DOCK WORK	1/5/26 5:00PM	LB 215	EO	1/5/26 12:10PM	SH-All Comd	N	3
3DSW (JOEL CRUZ)									

YUSEN TERMINALS INC. (504)									
		DOCK WORK	1/5/26 5:00PM	TI 214	EO	1/5/26 11:38AM	LA	N	42
16DS 1DA 19CT/4:30 1HL 1UTR 4ST/4:30 (JOEL CRUZ)									

		DOCK WORK RAILS	1/5/26 5:00PM	TI 214	EO	1/5/26 11:39AM	LA	N	16
6DA 9UTR 1ST/4:30 (JOEL CRUZ)									

Type Of Orders : Extra Order**Work Date: 1/5/26**

Ver	Alc#	Ship Name	Start Time	Berth	Type	Received Date/Time	Tags	Mod Status	Total Jobs
Shift : 2									
PORTSAMERICA (505)									
		DOCK WORK	1/5/26 5:00PM	126	EO	1/5/26 11:28AM	LA	N	36
		9DS 1DA 8CT/4:30 1HL 2UTR 15ST/4:30 (JOEL CRUZ)							Flex and Early
<hr/>									
		DOCK WORK	1/5/26 6:00PM	126	EO	1/5/26 11:29AM	LA	N	8
		1HL 7UTR (JOEL CRUZ)							
<hr/>									
TTI (507)									
		DOCK WORK	1/5/26 5:00PM	LB 140	EO	1/5/26 11:22AM	LA	N	65
		17DS 2DA 26CT/4:30 11UTR 8ST/4:30 1GAT (JOEL CRUZ)							Flex and Early
<hr/>									
		DOCK WORK	1/5/26 6:00PM	LB 140	EO	1/5/26 11:25AM	LA	N	9
		4DS 5ST/5:30 (JOEL CRUZ)							
<hr/>									
		DOCK WORK RAILS	1/5/26 5:00PM	LB 140	EO	1/5/26 11:26AM	LA	N	8
		2DA 3UTR 3ST/4:30 (JOEL CRUZ)							Flex and Early
<hr/>									
ITS (508)									
		DOCK WORK	1/5/26 5:00PM	LB 232	EO	1/5/26 11:58AM	LA	N	47
		14DS 1DA 13CT/4:30 1HL 8UTR 2UTRS 8ST/4:30 (JOEL CRUZ)							Flex and Early
<hr/>									
		DOCK WORK	1/5/26 6:00PM	LB 232	EO	1/5/26 11:58AM	LA	N	3
		3DS (JOEL CRUZ)							
<hr/>									
		DOCK WORK RAILS	1/5/26 5:00PM	LB 232	EO	1/5/26 11:58AM	LA	N	1
		1DA (JOEL CRUZ)							Flex and Early
<hr/>									
		DOCK WORK RAILS	1/5/26 6:00PM	LB 232	EO	1/5/26 11:59AM	LA	N	12
		3DA 8UTR 1ST/5:30 (JOEL CRUZ)							

Type Of Orders : Extra Order**Work Date: 1/5/26**

Ver	Alc#	Shin Name	Start Time	Berth	Type	Received Date/Time	Tags	Mod Status	Total Jobs
Shift : 2									
PASHA STEVADORE TERMINAL (509)									
		DOCK WORK	1/5/26 5:00PM	179	EO	1/5/26 11:38AM	LA	N	1
1GAT (JOEL CRUZ)									Flex and Early
FENIX MARINE SERVICES (510)									
		DOCK WORK RAILS	1/5/26 5:00PM	TI 302	EO	1/5/26 12:01PM	LA	N	11
2DA 9UTR (JOEL CRUZ)									Flex and Early
		DOCK WORK	1/5/26 5:00PM	TI 302	EO	1/5/26 12:01PM	LA	N	28
7DS 3DA 17UTR 1ST/4:30 (JOEL CRUZ)									Flex and Early
LONG BEACH CONT. TER. (512)									
		DOCK WORK	1/5/26 6:00PM	LB 24	EO	1/5/26 11:37AM	LA	N	2
1DA 1UTRS (JOEL CRUZ)									
APM TERMINALS (515)									
		DOCK WORK	1/5/26 6:00PM	TI 400	EO	1/5/26 11:26AM	LA	N	3
3CT/5:30 (JOEL CRUZ)									
		DOCK WORK	1/5/26 3:00AM	TI 400	EO	1/5/26 11:27AM	LA	N	4
4CT/2:30 (JOEL CRUZ)									
		DOCK WORK RAILS	1/5/26 5:00PM	TI 400	EO	1/5/26 11:27AM	LA	N	34
5KDA 29UTR (JOEL CRUZ)									Flex and Early
P.C.M.C. (517)									
		DOCK WORK	1/5/26 2:00AM	TI 400	EO	1/5/26 1:53PM	LA	N	1
1MWT (rayc)									Flex and Early

Type Of Orders : Extra Order**Work Date: 1/5/26**

Ver	Alc#	Shin Name	Start Time	Berth	Type	Received Date/Time	Tags	Mod Status	Total Jobs
Shift : 2									
P.C.M.C. (517)									
		DOCK WORK	1/5/26 5:00PM	TI 212	EO	1/5/26 1:55PM	LA	N	1
1MWT (rayc)								Flex and Early	

EVERPORT TERMINAL SERVICES (524)									
		DOCK WORK	1/5/26 5:00PM	TI 233	EO	1/5/26 11:06AM	LA	N	49
12DS 4DA 24CT/4:30 2HL 6UTR 1ST/4:30 (JOEL CRUZ)								Flex and Early	

PACIFIC TERMINAL SERVICES CO. (525)									
		DOCK WORK	1/5/26 6:00PM	TI 211	EO	1/5/26 1:54PM	LA	N	1
1DWD (rayc)									

AVERAGE REPORT
For Night Shift

	12/29/20	12/30/20	12/31/20	1/1/2026	1/2/2026	1/3/2026	1/4/2026
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	193	201	209	212	213	8	10
Secondary	201	209	217	223	231	8	11
Hold	157	165	168	169	177	0	0
Dock	133	133	141	149	157	0	0
Jitney	150	150	158	161	161	0	0
Winch	137	145	153	161	166	0	8
Carpenter	135	143	148	151	153	8	9
A-Crane	137	137	145	153	154	0	0
Casual	105	113	121	121	121	0	0
Swamper	104	104	104	107	107	0	0
B-Crane	167	175	183	184	187	8	11
A-UTR	159	167	175	175	175	6	14
B_UTR	182	190	198	198	198	8	16
Mechanics	163	171	171	176	177	8	8
Night ID	156	164	172	172	172	8	14
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0