

Members checked in January 2<sup>nd</sup> must be checked in on their TOTAL HOURS for the month of December.

Members choosing not to make themselves available at dispatch for three (3) or more consecutive days must check in on AVERAGE the day they return to work.

Dec. 29. 2025 4: 15PM No. 1588 P. 2



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13 630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116 Health & Benefits Officer - Eddie Moncado Staff - Maria & Racheal

Benefits Bulletin #12 - 2025

### **DECEMBER 2025 BENEFITS BULLETIN**

## A message from your Benefits Officer Eddie Moncado

Brothers and Sisters.

As we begin to close out this year, I'd like to thank you all - not just being you, but for all your hard work. Here are some numbers:

- Port of Los Angeles: From January through September 2025, cargo volume is up 3%, and the third quarter was a record. It was the Port's busiest 3-month quarter on record, all because of my Brothers' and Sisters' hard work.
- Port of Long Beach: from January through September 2025, cargo volume is up 6.8%, and the third quarter was the Port's second busiest quarter on record – again, all because of YOU.

Thank you for your hard work! UTR drivers, thank you! CY Tops, thank you! Los Lashers, I appreciate you, Crane Operators, thank you!, Heavy Lift drivers, my hats off to you, Swingmen, Porters, Signals, Shovelers, Sweepers, KDPT's, Gearmen, Linesmen, Auto Drivers - Thank you!

To all my Brothers & Sisters on the docks doing general work; those working with soda ash, coal, cement, salt, and who knows what else; those who take clerk jobs or elevate and give the Foremen a breather, thank you! To the Mechanics that fix all our broken equipment, thank you! I appreciate ALL of you for all that HARD WORK.

Through all the elements, you continue to do a great job 24/7, 365 days a year. To all of you and your families - to our Officers, my BAs, Dispatchers, Pensioners, and our great Staff - Happy Holidays to you all and your loved ones. I wish you all a Merry Christmas and a Happy New Year!

#### DEPENDENT CHILD

Dependent child: A person who:

- 1. Is identified by an Active Employee or Pensioner on the form provided by the Trustees for the enrollment of dependents (which has been filed with the Trustees): and
- 2. Falls within one of the following categories:
  - (a) A natural child of an Active Employee or Pensioner;
  - (b) A legally adopted child of an Active Employee or Pensioner;
  - (c) A stepchild or foster child of an Active Employee or Pensioner; or
  - (d) A child who maintains a parent/child relationship with an Active Employee or Pensioner if such child's natural parent is not in fact supporting that child.

In addition to the above requirements, eligibility also requires the dependent child:

- 3. (a) Has not attained 26 years of age; or
  - (b) Is, and continues to be upon attaining age 26, mentally or physically incapacitated so as to be incapable of self-sustaining employment.

Certain children for whom medical coverage is required under a Qualified Medical Child Support Order may not satisfy the definition of a Dependent Child in its entirety but are required to satisfy the age requirement.

The Trustees will require a birth certificate or other documents to establish Dependent Child status. Please call the Benefit Plans in San Francisco at (415) 673-8500 for additional information.

#### WHEN YOU REACH AGE 65

Coastwise Indemnity Plan hospital, medical and surgical benefits are integrated with Medicare coverage. Pensioners and/or survivors and their dependent(s) must, if eligible, enroll in Part B of Medicare to maintain their eligibility for Coastwise Indemnity Plan hospital, medical and surgical benefits. Pensioners and/or survivors who permanently reside outside the United States and do not intend to return to obtain medical care in the United States are not required to enroll in Medicare (since Medicare benefits are not available out of the country) and are therefore not reimbursed for Medicare Part B premiums.

Under federal law, Active Employees and their dependents who are eligible for Medicare continue to have primary coverage under the Welfare Plan. Therefore, Active Employees are not required to enroll in Medicare Part B even when eligible to do so. Upon retirement, such employees will be required to enroll in Medicare Part B and will be advised by the Benefit Plans Office regarding enrollment procedures.

#### **Exception to Medicare Enrollment**

Persons requiring kidney dialysis become eligible for Medicare after the third full month of dialysis treatment for end-stage renal disease, or the first of the month upon receiving a kidney transplant. Kidney dialysis patients and/or kidney transplant patients must maintain enrollment in Medicare Part B to retain eligibility for Coastwise Indemnity Plan Supplemental Benefits.

Kidney dialysis patients and kidney transplant patients should notify the BPO of their enrollment status.

#### Medicare Part D

The prescription drug benefits provided under the Welfare Plan constitute creditable coverage for Medicare Part D. Therefore, as long as you are covered under the Welfare Plan, there is no need to enroll in Medicare Part D.

#### HEALTH TIP

Times can get challenging, especially during the holiday season. "It's okay to <u>not</u> be okay". Asking for help is a sign of strength, not weakness. Resources are available through:

- LYRA (833) 597-2295 or visit <a href="https://benefitplans.lyrahealth.com">https://benefitplans.lyrahealth.com</a>
- Kaiser Permanente (800) 579-4848 & (800) 900-3277
- 988 Suicide & Crisis Hotline

#### 401(k) Fidelity

- IRS announced higher 401(k) contribution limits for 2026
- Beginning in 2026, employees can defer \$24,500 into workplace plans, up from \$23,500 in 2025.
- Only 14% of participants maxed out 401(k) plans in 2024, according to Vanguard's 2025 How America Saves report

#### ANNOUNCEMENT

For your convenience, a representative from the *ILWU Credit Union* will be available in the lobby of Local 13 office, Tuesday, January 6, 2026, from 9:00 a.m. to 11:30 a.m.

## ADA JPLRC

(Americans with Disability Act Labor Relations Committee (ADA LRC))

If you have been cited to appear, or if you would like to revise your existing accommodation(s), please plan to attend meetings, which are scheduled for the first and third Tuesdays of each month at Local 13 unless otherwise noted.

In Solidarity,

Eddie Moncado #131390
"The world needs less machinery and more humanity"
Local 13 Health &Benefits Officer



Dec. 29. 2025 4:16PM

Job Forecast Report

FINAL P. 4

12/29/2025 3:35:15PM

12/30/2025	Shift: Day
	*

Gangs	Shorted	Early	MO	EO	MRO	RO	$\mathbf{L}\mathbf{M}$	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	o	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	0	0	0	0	0	0
D4	0	0	0	0	0	0	0	0
	0	0	0	0	0	0	0	0

Boards	Shorted	l Early	MO	EO	MRO	RO	LM	Total
Hold	0	204	380	Ó	33	0	0	617
Crane	0	18	2	6	1	0	0	27
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	1	8	0	0	0	0	9
Key Hold	0	12	11	0	0	0	0	23
Jitney	0	56	22	4	1	0	0	83
UTR	0	92	333	8	120	0	0	553
CY	0	16	88	1	3	0	0	108
Lumber	0	0	0	0	0	0	0	0
Carpenter	0	o	0	0	0	0	0	0
Swamper	0	71	34	12	1	0	0	118
Casual	0	0	0	0	0	0	0	0
Dock	0	132	16	7	0	0	0	155
Mechanics	0	1	0	0	0	0	0	1
Gear	0	8	0	0	0	0	0	8
	0	611	894	3 <b>8</b>	159	0	0	1,702

Number of flops (UTR - UTRWork = Flops); 324

7771310

12/29/Dec. 29. 2025 4: 16PM Allocation List for: 12/30/25

**Shift:** *Day* No. 1588 P. 5

Alc. #	Start Time	Order Type	Ship Name	Company	Berth	Tags
1			ONE HENRY HUDSON	YTI	TI 212	LA
		MRO	WAN HAI A01	YTI	TI 214	ĽA
3 Cancel	lled		GEORG MAERSK	APM	TI 400	
			MCC DETTINA	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	E	arly Dispatch
4	0.00AM	MRO <b>1/7:30 30</b>	UTR	111	LB 140	LA
5	8:00AM <b>2S</b>	MRO	OOCL VIOLET	LBCT	LB 24	LA
6	8:00AM	MRO	MSC MARIACRISTINA IST/7:30	TTI	LB 140	
7	7:00AM <b>3.S</b>	MRO	GUNHILDE MAERSK	APM		
						arly Dispatch
8	10S 1H	L 19UTR	1	YTI		
9	8:00AM	MRO <b>TR 2ST</b> //		TTI	LB 140	LA
10	7:00AM 28S 1D	MO	CARNIVAL FIRENZE O 4HL 18CLW	MET		FR PA
					FI	lex and Early
11			EMERALD PRINCESS 00 6HL 10CL	PA	SP 93	FR PA
						lex and Early
12			QUANTUM OF THE SEAS 00 6HL 10CL	PA	SP 92	FR PA
					FI	lex and Early
13	8:00AM 10P/8:00		QUANTUM OF THE SEAS	PA	SP 92	FR PA
14 Cancel	7:00AM	МО	ONE HENRY HUDSON	YTI	TI 212	LA
					F	lex and Early

Alc. #	Dec. 29. 2025); 4:17P <b>Time Type</b>	M Shîp Name	Company	Berth	No. 1588 P. 6
	8:00AM MO elled	LADY ANNE	MET	LB 212	SH-All Comd
 [6	8:00AM MO 16SL	WAN HAI A01	YTI	TI 214	LA
17	7:00AM MO	GEORG MAERSK		TI 400	LA
	8:00AM MO 3S 20SL		APM	TI 400	Flex and Early  LA
	7:00AM MO	MSC BETTINA	TTI	LB 140	
 20	8:00AM MO		TTI	LB 140	Flex and Early  LA
Canc	elled				
	7:00AM MO 1DS 1HL 1UTRS	COSCO BELGIUM	SSA	LB 266	LA
 22	8:00 <b>A</b> M MO	COSCO BELGIUM	SSA	LB 266	Flex and Early  LA
_	16S 3DS 32UTR				
	7:00AM MO		LBCT		
 24	7:00 <b>AM M</b> O	MSC MARIACRISTINA	TTI	LB 140	Flex and Early  LA
	elled				Flex and Early
25	8:00AM MO :elled		TTI	LB 140	LA
26		MATSONIA	SSA		LA RO
	0.00434 340	MATSONIA	99 A		Flex LA RO
27	8.00AIVI IVIC	10SL 2DS 3HLW 1HL	4CLW 8UTR 1UTR	W	LA RO
	7:00AM MO :elled		APM	TI 400	LA
					Flex and Early
	8:00AM MO <i>IS</i>		APM	TI 400	LA
			: 		

TTI TTI ITS	LB 236  LB 236	LA  Flex and Early  LA  LA  LA  Flex and Early
TTI  TTI  ITS	LB 236  LB 236	Flex and Early  LA  LA  LA  Flex and Early
ITS	LB 236  LB 236	LA  LA  Flex and Early
ITS	LB 236  LB 236	LA  LA  Flex and Early
ITS	LB 236  F LB 236	LA Flex and Early
TTS	LB 236	Flex and Early LA
TTS	LB 236	LA
SSA	T D OF	
LBCT	LB 22	
	F	lex and Early
LBCT	LB 22	LA
	136	
	F	Flex and Early
TP	136	LA
FMS	TI 304	
	F	Flex and Early
FMS	TI 304	LA
	136	LA
		Flex and Early
TP	136	LA
	LBCT  TP  TP  SSA  FMS  FMS	LBCT LB 22  LBCT LB 22  TP 136  TP 136  SSA LB 83  FMS TI 304  FMS TI 304  TP 136

Alc. #	Dec. 29. 2025): 4:17PM <b>Time Type Ship Name</b>	Company	Berth	No. 1588 P. 8
45	7:00AM MO EVER FORWARD  16S 12SL 5KDP 2UTRS	APM		
	8:00AM MO EVER FORWARD elled	APM	TI 400	lex and Early LA
47	9:00AM MO DANUBE 16S 18SL 4DS 31UTR 1UTRS 9ST/8:30	IT\$	LB 236	LA
Canc	i	IT\$		
	7:00AM MO MSC CALAIS 2S 14SL 1DS 2UTR	PA	102	LA
50	8:00AM MO MSC CALAIS 10S 2DS 34UTR 6ST/7:30	PA .		lex and Early LA
51	7:00AM MO MARJORIE C 12SL 1DS 1DWD 1HL 1UTRW	SSA	LB 92	LA RO
52	8:00AM MO MARJORIE C 14S 2DA 2HT 8UTR 8UTRW 1UTRS 6ST/7	SSA	LB 92	LA RO
 53	7:00AM MO EVER MAGUS 4S 28SL 2DS 2UTRS	ETS	TI 227	LA lex and Early
54	8:00AM MO EVER MAGUS 12S 2DS 2HH/7:30 32UTR 2UTRS 10ST/7:	30	TI 227	LA
55	7:00AM MO MSC LE HAVRE 2S 2SL IDS 2UTR	PA	100	LA
56	8:00AM MO MSC LE HAVRE 10S 2DS 25UTR 5ST/7:30	PA	100	
57 Cano		LBCT	LB 24	LA
	8:00AM MO HMM MIR 4S 1DS 7UTR 2ST/7:30	ITS	LB 236	LA
	8:00AM MO SM YANTIAN 4S 1DS 7UTR 1UTRS 3ST/7:30	SSA	LB 96	LA

Alc. #	)ec. 29. 20 <b>Time</b>	25) <sub>1</sub> 4:18 <b>Type</b> _	Ship Name	Сотрапу	Berth	1No. 1588 P. 9
60	8:00AM <b>3KH 37</b>	MO SD 1HT	TRITON HIGHWAY 5CLW	SSA	LB 83	LA AU
61	8:00AM <b>4S IDS</b>	MO 9UTR 5	CMA CGM TARPON ST/7:30	FMS	TI 304	LA
62 Cancel	8:00AM led	MO	DANUBE	ITS	LB 232	LA
63	8:00AM 8S 2DS		EVER MAGUS 2UTRS 2ST/7:30	ETS	ŢI 227	LA
64 Cancel	8:00AM lled	MRO	NYK RIGEL	TP	136	LA

Work Date: 12/30/23									_
Ver Alc# Ship Name	Start Time	!	Berth	Туре	Receiv Date/I		Tags	Mod Status	
Shift: 1									
STEVE. SERV. OF AMER (502) DOCK WORK	12/30/25	8:00.8	AM LB 60	EO	12/29/25	1:21 <b>PM</b>	LA	N	5
1DSW 2HL 2UTR (al)									
DOCK WORK		i	AM LB 60					И	1
1GAT (al)				-4-44				Fle Ear	x an Ly
DOCK WORK	12/30/25	7:00	AM LB 266	ЕО	12/29/25	1:57PM	LA		16
8DS 1DA 2CT/6:30 5UTR (al)								Fle Ear	x an ly
DOCK WORK	12/30/25	8:002	AM LB 266	ΕÖ	12/29/25	1:57PM	LA	N	3
3DS (al)							***		
DOCK WORK RAILS	12/30/25	7:00	AM LB 245	EO	12/2 <b>9</b> /25	1:58PM	LA	N	
IDA 1UTR (al)								Fle Eas	x an ly
DOCK WORK	12/30/25	7:002	AM LB 94	EO	12/29/25	1:59PM	LA	_	10
4DS 3CT/6:30 1UTR 2ST/6:30 (al)								Fle Ear	x an
DOCK WORK	12/30/25	8:00	AM LB 205	ΕŌ	12/29/25	2:00PM	LA	N	3
IDA 2CMBC/7:30 (al)								<b>-</b>	
DOCK WORK	12/30/25	8:00	AM LB 206	EO	12/29/25	2:00PM	LA	N	2
IDA IHL (al)			<b>-</b>				<b></b>	<b>-</b>	
METROPOLITAN STEV. CO. (50				•,					
DOCK WORK	12/30/25	7:00	AM LB 215	EO	12/29/25	1:05PM	SH-All Comd	^.	1 x an
1DSW (TONY D)		ĺ	•					Ea	rly

Work Date: 12/30/25									
Ver Alc# Ship Name	Start <u>Time</u>		Berth	Туре	Receiv Date/T		Tags	Mod Status	
Shift: 1									
YUSEN TERMINALS INC. (504)									
DOCK WORK	12/30/25	7:00A	M TI 214	EO	12/29/25	2:13 <b>PM</b>	LA	N	15
10DS 1DA 1UTR 2ST/6:30 1GAT (al)								Flex Ear	c <i>and</i> ly
PORTSAMERICA (505)		ļ							
DOCK WORK	12/30/25	7:00A	M SP 93	EO	12/29/25	1:2 <b>6</b> PM	LA	Ŋ	
1DMSW 1GAT (al)								Flex Ear	c <i>and</i> ly 
DOCK WORK	12/30/25	7:00A	M 126	EO	12/29/25	1:27PM	LA	N	16
3DS 1DA 10CT/6:30 2GAT (al)			•					Flex Ear	c and ly
DOCK WORK	12/30/25				12/29/25	1:28PM	LA	N	8
1DS 2CT/7:30 5UTR (al)									
DOCK WORK RAILS				EO	12/29/25	1:29PM	LA	N	1
1DA (al)			**						
TTI (507)		!							
DOCK WORK	12/30/25	7:00A	M LB 140	EO	12/2 <b>9</b> /2 <b>5</b>	1:43 <b>PM</b>	LA	N	23
12DS 8UTR 2ST/6:30 1GAT (al)								Ear	c and ly
	12/30/25	ļ						N	4
<b>4DS</b> (al)									
DOCK WORK RAILS		į						N	
IUTR 1ST/6:30 (al)								Ear	c <b>and</b> ly
ITS (508)									
	12/30/25	7:00A	M LB 232	EO	12/29/25	1:51PM	LA	N	16
3DS 1DA 8UTR 1UTRS 3ST/6:30 (al)								Flex Ear	c and ly

Ver Alc# Ship Name	Start Time		Berth	Туре	Received Date/Time	Tags	Mod Status	
Shift: 1							,	
ITS (508)								
DOCK WORK	12/30/25	8:00	AM LB 232	EO	12/29/25 1:52PM	M LA	N	2
2DS (al)			:					
PASHA STEVADORE TERMINAI	. (509)							
DOCK WORK	12/30/25	8:00	AM 179	EO	12/29/25 1:35PN	M LA	N	3
2DA IST/7:30 (TONY D)							,	
FENIX MARINE SERVICES (510)			;    -  -					
	12/30/25	7:00	AM TI 302	EO	12/29/25 12:55P	M LA	N	33
5DS 2DA 22UTR 3UTRS 1ST/6:30 (TONY D)			į				Ear	c and ly
DOCK WORK RAILS							N	8
2DA 4UTR 2ST/6:30 (TONY D)							Fle Ear	x and ly
LONG BEACH CONT. TER. (512)								
DOCK WORK	12/30/25	8:00	) AM LB 24	EQ	12/29/25 2:01PM	M LA	N	3
1DA 1HL 1UTRS (al)								
DOCK WORK RAILS			!		12/29/25 2:02PI			7
7UTR (al)						¬ <b></b>	Fle Ear	x and ly
TRAPAC (514)								
DOCK WORK	12/30/25	7:00	AM 136	EŌ	12/29/25 1:14PI	M LA	N	7
4DS 2CT/6:30 1UTR (al)							Fle Ear	x and ly
DOCK WORK	12/30/25	8:00	AM 136	EO	12/29/25 1:15PI	M LA	N	4
2DS 2RMG/7:30 (al)			 					

Ver Alc# Ship Name	Start Time		Berth	Туре	Received Date/Time	Tags	Mod Tot Status Joh
Shift: 1	XIMIC	<del>'</del>			Date/Time		otata: ooi
TRAPAC (514)		İ					
DOCK WORK RAILS	12/30/25	7:00	AM 136	EO	12/29/25 1:16PM	LA	N 2
2DA (al)					*-**-		Flex and Early
APM TERMINALS (515)							
DOCK WORK	12/30/25	7:00	AM TI 400	EO	12/29/25 1:05PM	LA	N 3
IST/6:30 2GAT (al)							Flex and Early
DOCK WORK RAILS	12/30/25	7:00	AM TI 400	EO	12/29/25 1:05PM	LA	N 2
2KDA (al)		:					Flex and Early
INJURY REP-132055,RUSSSO,E	12/30/25	7:00	AM TI 400	EO	12/29/25 1:06PM	LA	N l
I <b>DMSW</b> (al)							Flex and Early
P.C.M.C. (517)							
DOCK WORK	12/30/25	7:00	AM 895 REI	EEO	12/29/25 11:49AM	i LA	N I
1MWT (HULK)							Flex and Early
EVERPORT TERMINAL SERVICE	ŒS (524)	!					
DOCK WORK RAILS	12/30/25	7:00	AM TI 233	EO	12/29/25 1:08PM	LA	N 12
4DA 6UTR 2ST/6:30 (al)			*******			-444	Flex and Early
DOCK WORK	12/30/25	7:00	AM TI 233	ЕО	12/29/25 2:44PM	LA	N 24
11DS 2DA 1CT/6:30 10UTR (al)		:					Flex and Early

# AVERAGE REPORT For Day Shift

	12/23/20	12/24/20	12/25/20	12/26/20	12/27/20	12/28/20	12/29/20
	Tue	Wed	Thu	Fri	Sat	Sun	Mon
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	162	170	174	178	186	194	202
Secondary	128	136	144	152	160	168	176
Hold	145	152	152	152	158	166	174
Key Hold	95	103	103	111	111	111	119
Winch	141	149	151	151	159	167	171
Jitney	117	117	125	126	134	142	150
Dock	122	130	135	135	143	143	147
Lumber	108	108	108	108	116	124	132
Carpenter	127	135	143	143	151	151	151
A-Crane	124	124	129	137	145	152	154
Swamper	104	112	120	121	129	137	, 143
Casual	90	98	99	100	108	110	110
B-Crane	147	154	154	162	170	172	172
A-UTR	143	151	159	159	161	169	169
B_UTR	148	156	160	162	170	178	182
Mechanics	151	159	162	166	166	174	182
Ю	132	137	140	140	148	156	160
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0