



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13  
 630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116  
 Health & Benefits Officer - Eddie Moncado  
 Staff - Maria & Racheal

Benefits Bulletin #12 - 2025

## **DECEMBER 2025 BENEFITS BULLETIN**

### **A message from your Benefits Officer Eddie Moncado**

*Brothers and Sisters,*

As we begin to close out this year, I'd like to thank you all - not just being you, but for all your hard work. Here are some numbers:

- **Port of Los Angeles:** From January through September 2025, cargo volume is up 3%, and the third quarter was a record. It was the Port's busiest 3-month quarter on record, all because of my Brothers' and Sisters' hard work.
- **Port of Long Beach:** from January through September 2025, cargo volume is up 6.8%, and the third quarter was the Port's second busiest quarter on record - again, all because of **YOU**.

Thank you for your hard work! UTR drivers, thank you! CY Tops, thank you! Los Lashers, I appreciate you, Crane Operators, thank you!, Heavy Lift drivers, my hats off to you, Swingmen, Porters, Signals, Shovelers, Sweepers, KDPT's, Gearmen, Linesmen, Auto Drivers - Thank you!

To all my Brothers & Sisters on the docks doing general work; those working with soda ash, coal, cement, salt, and who knows what else; those who take clerk jobs or elevate and give the Foremen a breather, thank you! To the Mechanics that fix all our broken equipment, thank you! I appreciate ALL of you for all that **HARD WORK**.

Through all the elements, you continue to do a great job 24/7, 365 days a year. To all of you and your families - to our Officers, my BAs, Dispatchers, Pensioners, and our great Staff - **Happy Holidays** to you all and your loved ones. I wish you all a Merry Christmas and a Happy New Year!

### **DEPENDENT CHILD**

Dependent child: A person who:

1. Is identified by an Active Employee or Pensioner on the form provided by the Trustees for the enrollment of dependents (which has been filed with the Trustees); and
2. Falls within one of the following categories:
  - (a) A natural child of an Active Employee or Pensioner;
  - (b) A legally adopted child of an Active Employee or Pensioner;
  - (c) A stepchild or foster child of an Active Employee or Pensioner; or
  - (d) A child who maintains a parent/child relationship with an Active Employee or Pensioner if such child's natural parent is not in fact supporting that child.

In addition to the above requirements, eligibility also requires the dependent child:

3.
  - (a) Has not attained 26 years of age; or
  - (b) Is, and continues to be upon attaining age 26, mentally or physically incapacitated so as to be incapable of self-sustaining employment.

Certain children for whom medical coverage is required under a Qualified Medical Child Support Order may not satisfy the definition of a Dependent Child in its entirety but are required to satisfy the age requirement.

The Trustees will require a birth certificate or other documents to establish Dependent Child status. Please call the Benefit Plans in San Francisco at (415) 673-8500 for additional information.

(Over)

## WHEN YOU REACH AGE 65

Coastwise Indemnity Plan hospital, medical and surgical benefits are integrated with Medicare coverage. Pensioners and/or survivors and their dependent(s) must, if eligible, enroll in Part B of Medicare to maintain their eligibility for Coastwise Indemnity Plan hospital, medical and surgical benefits. Pensioners and/or survivors who permanently reside outside the United States and do not intend to return to obtain medical care in the United States are not required to enroll in Medicare (since Medicare benefits are not available out of the country) and are therefore not reimbursed for Medicare Part B premiums.

**Under federal law, Active Employees and their dependents who are eligible for Medicare continue to have primary coverage under the Welfare Plan. Therefore, Active Employees are not required to enroll in Medicare Part B even when eligible to do so.** Upon retirement, such employees will be required to enroll in Medicare Part B and will be advised by the Benefit Plans Office regarding enrollment procedures.

### **Exception to Medicare Enrollment**

Persons requiring kidney dialysis become eligible for Medicare after the third full month of dialysis treatment for end-stage renal disease, or the first of the month upon receiving a kidney transplant. Kidney dialysis patients and/or kidney transplant patients must maintain enrollment in Medicare Part B to retain eligibility for Coastwise Indemnity Plan Supplemental Benefits.

Kidney dialysis patients and kidney transplant patients should notify the BPO of their enrollment status.

### **Medicare Part D**

The prescription drug benefits provided under the Welfare Plan constitute creditable coverage for Medicare Part D. **Therefore, as long as you are covered under the Welfare Plan, there is no need to enroll in Medicare Part D.**

## HEALTH TIP

Times can get challenging, especially during the holiday season. **"It's okay to *not* be okay".** Asking for help is a sign of strength, not weakness. Resources are available through:

- LYRA (833) 597-2295 or visit <https://benefitplans.lyrahealth.com>
- Kaiser Permanente (800) 579-4848 & (800) 900-3277
- 988 Suicide & Crisis Hotline

## 401(k) Fidelity

- IRS announced higher 401(k) contribution limits for 2026
- Beginning in 2026, employees can defer \$24,500 into workplace plans, up from \$23,500 in 2025.
- Only 14% of participants maxed out 401(k) plans in 2024, according to Vanguard's 2025 *How America Saves* report

## ANNOUNCEMENT

For your convenience, a representative from the *ILWU Credit Union* will be available in the lobby of Local 13 office, **Tuesday, January 6, 2026, from 9:00 a.m. to 11:30 a.m.**

## ADA JPLRC

*(Americans with Disability Act Labor Relations Committee (ADA LRC))*

If you have been cited to appear, or if you would like to revise your existing accommodation(s), please plan to attend meetings, which are scheduled for the **first and third Tuesdays** of each month at Local 13 unless otherwise noted.

*In Solidarity,*

*Eddie Moncado #131390*

*"The world needs less machinery and more humanity"*

Local 13 Health & Benefits Officer



## Job Forecast Report

WorkDate: 12/25/2025

Shift: Day

12/24/2025 3:07:53PM

Gangs	Shorted	Early	MO	EO	MRO	RO	LM	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	0	0	0	0	0	0
D4	0	0	0	0	0	0	0	0
	0	0	0	0	0	0	0	0

Boards	Shorted	Early	MO	EO	MRO	RO	LM	Total
Hold	0	0	0	0	0	0	0	0
Crane	0	0	0	0	0	0	0	0
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	0	0	0	0	0	0	0
Key Hold	0	0	0	0	0	0	0	0
Jitney	0	0	0	0	0	0	0	0
UTR	0	0	0	0	0	0	0	0
CY	0	0	0	0	0	0	0	0
Lumber	0	0	0	0	0	0	0	0
Carpenter	0	0	0	0	0	0	0	0
Swamper	0	0	0	0	0	0	0	0
Casual	0	0	0	0	0	0	0	0
Dock	0	0	0	0	0	0	0	0
Mechanics	0	0	0	0	0	0	0	0
Gear	0	0	0	0	0	0	0	0
	0	0	0	0	0	0	0	0

Number of flops (UTR - UTRWork = Flops):

MERRY X-MAS

NO FLOPS!!

5/8

10

47

48

77

13

Alc. #	Start Time	Order Type	Ship Name	Company	Berth	Tags
1	8:00AM	MO	NO VESSEL WORK	DISP	1500 E ANA	LA

**AVERAGE REPORT**  
***For Day Shift***

	12/18/20	12/19/20	12/20/20	12/21/20	12/22/20	12/23/20	12/24/20
	Thu	Fri	Sat	Sun	Mon	Tue	Wed
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	128	136	143	151	154	162	170
Secondary	96	104	104	112	120	128	136
Hold	109	113	121	129	137	145	152
Key Hold	63	71	79	79	87	95	103
Winch	102	110	118	126	133	141	149
Jitney	89	97	99	107	115	117	117
Dock	90	98	106	106	114	122	130
Lumber	76	84	84	92	100	108	108
Carpenter	91	99	107	115	119	127	135
A-Crane	95	103	111	119	124	124	124
Swamper	80	83	83	88	96	104	112
Casual	71	77	85	88	88	90	98
B-Crane	119	127	128	136	140	147	154
A-UTR	112	119	122	130	135	143	151
B_UTR	114	120	128	136	140	148	156
Mechanics	116	121	129	136	143	151	159
ID	104	109	113	120	124	132	137
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0