ILW U Local 13 • 630 Centre Street • San Pedro, CA 90731 • (310) 830-1130

August 8, 2025

Dear Brothers and Sisters:

NOTIFICATION OF REQUEST FOR APPROVAL OF THE 2025 BUDGET and SPECIAL 1-DAY VOTE

A motion was passed and carried at the June 5, 2025 Special Executive Board meeting to accept the Budget Committee Report which presented two (2) options for the Local 13 2025 Budget. A copy of the two (2) options are enclosed for your review.

WHAT ARE YOU BEING ASKED TO DO: Decide Between Two Options:

Please vote for either "BUDGET PROPOSAL A" or "BUDGET PROPOSAL B."

- 1. BUDGET PROPOSAL A: <u>Increase dues by \$19.75 and retain the positions of Health Benefits Officer and Labor Relations Committee Representative/Port Liaison.</u>
- 2. BUDGET PROPOSAL B: Amend the Constitution & Bylaws, Article II, Sections 1 and 3. Article III, Sections 4, 6, and 15, and Article IV, Section 1, and Article V, Section 1 to eliminate the positions of Health Benefits Officer and Labor Relations Committee Representative/Port Liaison.

*The Membership will NOT be assessed the \$13 per member/per month fee for the ICTSI Lawsuit as previously proposed in past dues increase proposals.

<u>Both Budget Proposals balance the 2025 Budget.</u>

If Budget Proposal B Passes, the following Constitutional Amendments will be made and services lost:

ARTICLE II - OFFICERS

Existing Section 1. The list of officers, employees and committees shall read as follows:

The elective offices of the Local shall be:

[Officer titles listed]

Health Benefits Representative

Amended Section 1 (Proposal B): Health Benefits Representative

Existing Section 3: ...Limit any officer, except Trustees, Labor Relations Committee Representatives and Health Benefits Representative to three consecutive terms of office, after which they shall not be eligible to hold office for a period of one year, except in extreme emergencies and by a referendum election...

Amended Section 3 (Proposal B): Limit any officer, except Trustees, and Labor Relations Committee Representatives and Health Benefits Representative to three consecutive terms of office...

Aug. 23. 2025 3:54PM No. 7224 P. 2/12

ARTICLE III - DUTIES OF OFFICERS

Existing Section 4. LABOR RELATIONS COMMITTEE REPRESENTATIVES:

a. There shall be three (3) Labor Relations Committee Representatives.

Amended Section 4a (Proposal B):

Section 4. a. There shall be three (3) two (2) Labor Relations Committee Representatives.

Existing Section 6 HEALTH BENEFITS REPRESENTATIVE:

Amended Section 6 (Proposal B): HEALTH BENEFITS REPRESENTATIVE (Section 6 removed)

Existing Section 15. POLITICAL ACTION COMMITTEE:

c. The Labor Relations Representative-Port Liaison shall attend all Political Action Committee meetings.

Amended Section 15c (Proposal B). The Jubor Relations Representative Port Liaison shall attend all Political Action Committee meetings.

ARTICLE IV NOMINATION OF OFFICERS

Existing Section I: Nominations for President, Vice-President, Labor Relations Committee Representative (2)...

Amended Section 1 (proposal B):, Labor Relations Committee Representative (21),

ARTICLE V

Exiting Section 1 b. The following shall be elected by a majority of all votes cast for that position: ... Health Benefits Representative, Dispatcher, and Trustees.

Amended Section 1b (proposal B): Health-Benufits Representative

A first reading of the 2025 Budget Proposal was approved at the Membership Meeting of July 10, 2025. The second reading of the 2025 Budget Proposal was approved at the Membership Meeting of August 7, 2025.

HOW DID WE GET HERE: Local 13 has been running at a deficit for the past 4 years due to:	HOW HAVE WE ALREADY ADDRESSED THE DEFICIT:
 ♦ No dues increase in 7 years ♦ Officer salary increases (due to PCLCD wage increases) ♦ Lawsuits: past and pending ♦ Increasing operating expenses and other costs 	 ♦ Effective 5/2025, Officers took voluntary pay cut (~\$19,500 annually) ♦ Significant reduction in donations ♦ Costly text blast program replaced with Local 13 App

THE ONE (1) DAY VOTE WILL TAKE PLACE AS FOLLOWS:

Date:

Wednesday, August 27, 2025

Time:

6:00 a.m. to 6:00 p.m.

Place:

ILWU Memorial Hall

231 W. "C" Street

Wilmington, CA 90744

Please be advised that only "members in good standing" will be allowed to vote.

We appreciate your cooperation and patience during this difficult time.

Fraternally,

Gary Herrera President Brandi Good Vice President Gabe Zuniga Secretary/Treasurer



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13 630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116 Benefits Officer - Eddie Moncado Staff - Maria & Racheal

Health & Benefits Bulletin #8 (2) - 2025

AUGUST (2) 2025 HEALTH & BENEFITS BULLETIN

THE HEALTH BENEFITS OFFICE IS CLOSING

Brothers and Sisters, as we all know Wednesday, August 27, 2025, will be the day that our decision will determine the future of the *Health Benefits Office representation at Local 13*.

Below please find vital contact information to use in case the membership decides to get rid of this office. Just a reminder, when you contact the following, please make sure to have a scanner, fax machine and in some cases a notary available to be able to handle your business in a timely manner.

Included below is also contact information for the Southern California Area Welfare Directors, they are available *by appointment only* and conveniently located by the Traffic Circle in Long Beach. Please be patient, as they also assist Locals 94, 63, 46, 29, 26, Pensioners and now Local 13 (the biggest local in So. Cal).

Benefu Plans Office (BPO) San Grancisco	(415) 673-8500
The BPO website has valuable information about our various benefit plans,	(888) 372-4598
providers, and other contact information	www. Benefitplans.org
ILWU-PM4 Coastwise Indemnity Plan/Zenith	(800) 955-7376
Call this number for unpaid medical bills and supplement pay.	
Disability (State of California)	(800) 480-3287
Call this number for inquiries about disability insurance (SDI), paid family	www.edd.ca.gov/disability
leave (FMLA), or unemployment.	
Fidelity	(800) 761-4598
Call this number if you have questions about our 401k plan.	www.fidelity.com
Call this number if you have questions about our 401k plan. **Innavative Care Management (ICM)**	(866) 275-1014
Call this number for medical services that require preauthorization and/or	(,
appeals.	
TOTAL CONTROL OF THE STATE OF T	(310) 834-6411
Call this number if you need financial assistance	www.ilwucu.org
Kaiseti Permanente	(818) 557-3964
Call this number if you have an issue that needs to be escalated beyond the	www.kp.org
regular member services number. Both the website and the mobile app are	
user-friendly.	
Medicare	(800) 633-4227
Call this number to inquire about eligibility and to enroll in Part A and B.	` ′
Social Section vision and in the section of the sec	(800) 772-1213
Call this number if you have issues with your social security.	` ' '
US Department of Labor Longshote Division	(562) 980-3577
Call this number if you have a new or pending worker's compensation claim.	` /
Southern California Area Welfure Directors	(310) 833-5144
Call this number to obtain information about your benefit plans, providers,	(,
retirement, etc.	
ADRP Alcoholism/Drug Recovery Program	(310) 547-9966
Call this number if you need assistance regarding various benefits for	(313) 317 37 37
chemically induced illnesses.	
Udfal 13:Offices	(310) 830-1130
Call this number for any/every department other than the Health Benefits	(22) 303 112
Office.	1
Pacific Maritime Association (PMA)	(562) 495-7600
PMA is our employer and handles inquiries regarding disability, doctor	Selfservice.pmanet.org
notes, payroll, unemployment and shoe voucher.	INAKE
nows, payron, unomproyment and snow vodener.	
	<u> = 6353 </u>



FOOTBALL

LA MEMORIAL COLISEUM

August 30th and September 6th Additional Dates To Be Added

SCAN TO GET \$70 OFF YOUR FIRST TWO (2) TICKETS



OFFER SUBJECT TO AVAILABILITY TICKETING FEES APPLY



HEALTH TIP



STRESS MANAGEMENT - Techniques and Strategies to Deal with Stress

If you're living with high levels of stress, you're putting your entire well-being at risk. Stress wreaks havoc on your emotional equilibrium, as well as your overall physical and mental health. It narrows your ability to think clearly, function effectively, and enjoy life.

To release stress, engage in activities that promote relaxation and reduce tension. This can involve physical activity like exercise or walking, mindfulness practices like meditation or deep breathing, and activities that bring joy and relaxation like hobbies or spending time in nature.

You can also ty limiting exposure to stressful situations and seeking social support when needed.

ADA JPLRC

(Americans with Disability Act Labor Relations Committee (ADA LRC))

Americans with Disabilities Act Labor Relations Committee (ADA LRC)

If you have been cited to appear or if you would like to revise your existing accommodation(s), please plan to attend, meetings are scheduled for the first and third Tuesdays of each month at Local 13 unless otherwise noted.

The world needs less machinery and more humanity.

2/

Eddie Moncado #131390 Local 13 Health & Benefits Officer

Job Forecast Report

WorkDate: 8/24/2025

Shift: Day

8/23/2025 3:14:14PM

Gangs	Shorted	Early	МО	EO	MRO	RO	$\mathbf{L}\mathbf{M}$	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	0	0	0	0	0	0
D4	0	0	0	0	0	0	0	0
	0	0	0	0	0	0	0	0

Boards	Shorted	Early	MO	EO	MRO	RO	$\mathbf{L}\mathbf{M}$	Total
Hold	0	211	217	0	39	0	0	467
Crane	0	4	6	0	0	0	0	10
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	0	3	0	0	0	0	3
Key Hold	0	0	2	0	0	0	0	2
Jitney	0	31	5	0	0	0	0	36
UTR	0	94	162	9	27	0	0	292
CY	0	5	51	0	0	0	0	56
Lumber	0	0	0	0	0	0	0	0
Carpenter	0	0	0	0	0	0	0	0
Swamper	0	5	15	0	1	0	0	21
Casual	0	0	0	0	0	0	0	0
Dock	0	99	5	2	0	0	0	106
Mechanics	0	0	0	0	0	0	0	0
Gear	0	6	0	0	0	0	0	6
	0	455	466	11	67	0	0 (999

Number of flops (UTR - UTRWork = Flops): 162

SUN DAY

10473748

Aug. 23. 2025 3:56PM

Allocation List for: 8/24/25 **Shift:** Day No. 7224 P. 6/12 Alc. # Start Order Ship Name Company Berth Tags Time Type 8:00AM MRO ONE FOCUS LB 236 ITS LA 2UTRS 8:00AM MRO CHIPOLBROK PACIFIC SSA LB 205 Cancelled 3 8:00AM MRO YM UNIFORMITY TP 136 Cancelled 4 8:00AM MRO EVER MAGIC ETS TI 227 LA 55 APM TI 400 LA 5 7:00AM MRO MAERSK KINLOSS Cancelled Early Dispatch LBCT LB 24 LA 8:00AM MRO XIN FEI ZHOU 13S 2UTRS SSA LB 245 LA 8:00AM MRO COSCO PORTUGAL 15 1UTRS YTI TI 218 LA 8 8:00AM MRO ONE OLYMPUS Cancelled APM TI 400 LA 7:00AM MRO HMM RUBY Cancelled Flex and Early APM TI 400 LA 10 7:00AM MRO MAERSK ALTAIR Cancelled Early Dispatch FMS TI 303 LA 11 8:00AM MRO CMA CGM MEDEA 13S 1DS 15UTR TI 400 \mathbf{APM} 7:00AM MRO EVER FRANK 5S 2KDP 1UTRS Early Dispatch LBCT LB 22 LA 8:00AM MRO RHONE MAERSK Cancelled 14 8:00AM MRO MSC ORSOLA TTI LB 140 LA 7S 7UTR

A	ug. 23. 202	5, 3:56P	M GL:- N	G.,,,,,,	Dowalls	No. 7224 P. 7/12
Alc. #	Time	Type	Ship Name	Company	ветп	Tags
5	7:00AM 28S 2D	MO 46P/7:00	CARNIVAL PANORAMA 6HL 22CLW	MET		
			SIMI IR CH		FI.	ex and Early
,6	8:00AM 4CDAB/2	MO	SIMORCII	MET	LB 214	SH-All Comd
l7 Cancell		MO	MEDI MATSUURA		LB 212	SH-All Comd
18 Cancell			ONE FOCUS	ITS		LA
			**************************************		Fl	ex and Early
19	8:00AM 20SL	MÓ	ONE FOCUS	ITS	LB 236	LA
20 Cancell		МО		SSA		
21 Cancell		МО	YM UNIFORMITY	ТР	136	
					Fl	ex and Early
22			YM UNIFORMITY T R 2ST/7:30	ΤÞ	136	LA
23	8:00AM 28SL	МО	EVER MAGIĆ	ETS	TI 227	LA
24 Cancell	7:00AM		MAERSK KINLOSS	APM		
					Fl	lex and Early
25 Cancell	8:00AM ed	МО	MAERSK KINLOSS	APM	11 400	LA
26			XIN FEI ZHOU	LBCT	LB 24	
	8:00AM ed	МО	COSCO PORTUGAL	SSA	LB 245	
	8:00AM 12S 3DS	MO 24UTR	ONE OLYMPUS 6ST/7:30	YTI	TI 218	
		MO	HMM RUBY	APM	TI 400	LA

Company	Berth	No. 7224 Tags	P. 8/12
APM	TI 400	LA	
APM	TI 400	LA	'
	F	lex and Early	
APM	TI 400	LA	

	F	lex and Early	
FMS	TI 303	LA	***************************************
	F	lex and Early	
LBCT	LB 22	LA	
	Fl	lex and Early	
LBCT	LB 22	LA	
TTI	LB 140	LA	
	Fl	ex and Early	
TTI	LB 140	LA	
MET	LB D-32		
		LA	
	FI	ex and Early	
PA	102	LA	
SSA	LB 96	ĽA	
77444444	Fle	ex and Early	
	APM APM FMS FMS APM APM LBCT LBCT TTI TTI TTI TTI PA PA SSA	APM TI 400 FAPM TI 400 FMS TI 303 FMS TI 303 APM TI 400 EAPM TI 400 LBCT LB 22 FAUTE LB 22 FAUTE LB 140 TTI LB 140 MET LB D-32 PA 102 FAUTE PA 102 SSA LB 96	Company Berth Tags

Alc. #	Aug. 23. 2025 _{0.} 3:5 Time Type	56PM Ship Name	Company	Berth	No. 7224 P. Tags	9/12
	8:00AM MO	SM LONG BEACH TR 2UTRS 12ST/7:30	SSA	LB 96	LA	
46	8:00AM MO	LAKE HERMAN SL 1DS 2HT 1DWD 1HLW 3CL	PA	W 198	LA AU	
47	10SL	KAIMANA HILA	SSA	LB 60	LA	
48	8:00AM MO	KAIMANA HILA TR 3UTRS 8ST/7:30	SSA			
49	7:00AM MO 4S 48SL 8KD1		LBCT	LB 26	LA	774744
50	8:00AM MO 18S	OOCL SUNFLOWER	LBCT			
51		SEASPAN YANGTZE 2UTRS	APM			***************************************
52	8:00AM MO 2S	SEASPAN YANGTZE	APM	TI 400	lex and Early LA	
53 Cance		EVER MAGIC		TI 227		
54 Cance	8:00AM MO	CMA CGM MEDEA	FMS	TI 303	LA	
55	8:00AM MO	SM LONG BEACH R 2UTRS 5ST/7:30	SSA			·*4h
		OOCL SUNFLOWER	LBCT			
57		GEORG MAERSK OP 2UTRS	APM		LA	**************************************
58 Cance	8:00AM MO	GEORG MAERSK	APM	TI 400	lex and Early LA	
59	8:00AM MO 4S 1DS 9UTR		TTI	LB 140	LA	

Type Of Orders: Extra Order

Work Date: 8/24/25

Ver Alc# Ship Name	Star Tim		Berth	Туре	Recei Date/	ived Time	Tags	Mod To Stat <u>us</u> Jo
Shift: 1								
STEVE. SERV. OF AMER (502)								
DOCK WORK RAILS	8/24/25	7: 00AM	LB 245	ĒΟ	8/23/25	1:14PM	LA	N 3
3DA (TONY D)	,							Flex an Early
NEED OROT TELL STEEL CO. (5								
METROPOLITAN STEV. CO. (50 DOCK WORK		7:00AM	IR H4	ΕO	\$/23/25	1·44PM	Τ.Δ	N 1
IGAT	0/Z-1/ZJ	7.00AM	1242 XX-1		0/23/23	1.441141	13.1	Flex an
(rayc)								Early
YUSEN TERMINALS INC. (504)								
DOCK WORK RAILS	8/24/25	7:00AM	TI 214	ΕŌ	8/23/25	1:07PM	LA	N 19
6DA 13UTR (rayc)								Flex an Early
PORTSAMERICA (505)		-						
DOCK WORK	8/24/25	7:00AM	WIL 19	8EO	8/23/25	1:41PM	LA	N 1
1GNT (raye)								Flex an Early
DOCK WORK RAILS	8/24/25	8:00AM	126	ЕО	8/23/25	1:43 PM	LA	N 11
2DA 9UTR (raye)				, . ,				
TTI (507)								
DOCK WORK	8/24/25	7:0 0AM	LB 140	EO	8 /23/25	1:23PM	LA	N 1
1GAT (hulk)								Flex an Early
DOCK WORK RAILS	8/24/25			EO	8/23/25	1:24PM	LA	N 21
6DA 15UTR (hulk)								Flex an Éarly
ITS (508)								
DOCK WORK RAILS	8/24/25	7:00AM	LB 232	EO	8/23/25	1:1 8PM	LA	N 3
2DA 1ST/6:30 (hulk)								Flex an Early

Type Of Orders: Extra Order

Work Date: 8/24/25

Ver Alc# Ship Name	Start Time		Berth	Type Received Date/Time		Tags	Mod Total Status Jobs	
Shift: 1								
FENIX MARINE SERVICES (510) DOCK WORK RAILS		7:00AM	TI 302	ΕŌ	8/23/25	1:40 PM	LA	N 13
3DA 1HL 9UTR (TONY D)		<u>-</u>	••••					Flex and Early
LONG BEACH CONT. TER. (512)								
DOCK WORK RAILS	8/24/25	7:00AM	LB 24	EO	8/23/25	1:18PM	LA	N 11
IDA 2KDA 8UTR (TONY D)								Flex and Early
TRAPAC (514)								
DOCK WORK RAILS	8/24/25	7:00AM	136	EO	8/23/25	1:34PM	LA	N 2
2DA (hulk)								Flex and Early
APM TERMINALS (515)								
DOCK WORK RAILS	8/24/25	7:00AM	TI 400	EO	8/23/25	1:28PM	LA	D 39
6KDA 30UTR 3ST/6:30 (hulk)								Flex and Early
DOCK WORK	8/24/25	7:00AM	TI 400	EO	8/23/25	1:29PM	LA	N 11
IHL 6UTR 1ST/6:30 3GAT (rayc)								Flex and Early

8/23/25 23. 2025 3:57PM 9:00AM

AVERAGE REPORT For Day Shift

	8/17/202	8/18/202	8/19/202	8/20/202	8/21/202	8/22/202	8/23/202
	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	114	121	129	134	142	150	158
Secondary	0	0	0	0	0	0	0
Hold	104	112	114	122	130	138	146
Key Hold	40	40	40	48	56	56	56
Winch	101	109	117	125	133	141	149
Jitney	90	90	98	106	114	114	122
Dock	88	96	104	104	104	112	120
Lumber	63	63	63	63	63	63	71
Carpenter	66	74	75	83	88	88	88
A-Crane	80	88	96	99	107	115	123
Swamper	58	59	67	75	79	79	87
Casual	60	63	66	71	78	86	91
B-Crane	84	92	92	100	102	110	118
A-UTR	96	104	105	113	121	129	137
B_UTR	109	115	123	131	139	147	155
Mechanics	95	97	105	113	121	129	137
ш	97	101	108	114	122	127	135
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0