ILWU Local 13 - 630 Centre Street - San Pedro, CA 90731 - (310) 830-1130

August 8, 2025

Dear Brothers and Sisters:

NOTIFICATION OF REQUEST FOR APPROVAL OF THE 2025 BUDGET and SPECIAL 1-DAY VOTE

A motion was passed and carried at the June 5, 2025 Special Executive Board meeting to accept the Budget Committee Report which presented two (2) options for the Local 13 2025 Budget. A copy of the two (2) options are enclosed for your review.

WHAT ARE YOU BEING ASKED TO DO: Decide Between Two Options?

Please vote for either "BUDGET PROPOSAL A" or "BUDGET PROPOSAL B."

- 1. BUDGET PROPOSAL A: <u>Increase dues by \$19.75 and retain the positions of Health Benefits Officer and Labor Relations Committee Representative/Port Liaison.</u>
- 2. BUDGET PROPOSAL B: Amend the Constitution & Bylaws, Article II, Sections 1 and 3, Article III, Sections 4, 6, and 15, and Article IV, Section 1, and Article V, Section 1 to eliminate the positions of Health Benefits Officer and Labor Relations Committee Representative/Port Liaison.

*The Membership will NOT be assessed the \$13 per member/per month fee for the ICTSI Lawsuit as previously proposed in past dues increase proposals.

<u>Both Budget Proposals balance the 2025 Budget.</u>

If Budget Proposal B Passes, the following Constitutional Amendments will be made and services lost:

ARTICLE II ~ OFFICERS

Existing Section 1. The list of officers, employees and committees shall read as follows:

The elective offices of the Local shall be:

[Officer titles listed]

Health Benefits Representative

Amended Section 1 (Proposal B): Health-Benefits Representative

Existing Section 3: ...Limit any officer, except Trustees, Labor Relations Committee Representatives and Health Benefits Representative to three consecutive terms of office, after which they shall not be eligible to hold office for a period of one year, except in extreme emergencies and by a referendum election...

Amended Section 3 (Proposal B): Limit any officer, except Trustees, and Labor Relations Committee Representatives and Fleath Benefits Representative to three consecutive terms of office...

Aug. 22. 2025 4:00 PM No. 7201 P. 2/13

ARTICLE III - DUTIES OF OFFICERS

Existing Section 4.

LABOR RELATIONS COMMITTEE REPRESENTATIVES:

a. There shall be three (3) Labor Relations Committee Representatives.

Amended Section 4a (Proposal B):

Section 4. a. There shall be three (3) two (2) Labor Relations Committee Representatives.

Existing Section 6 HEALTH BENEFITS REPRESENTATIVE:

Amended Section 6 (Proposal B): HEALTH BENEFITS REPRESENTATIVE (Section 6 removed)

Existing Section 15. POLITICAL ACTION COMMITTEE:

c. The Labor Relations Representative-Port Lizison shall attend all Political Action Committee meetings.

Amended Section 15c (Proposal B). The Labor Relations Representative Port Liaison shall attend all Political-Action Committee meetings.

ARTICLE IV NOMINATION OF OFFICERS

Existing Section 1: Nominations for President, Vice-President, Labor Relations Committee Representative (2)...

Amended Section 1 (proposal B): , Labor Relations Committee Representative (21),

ARTICLE V

Exiting Section 1. b. The following shall be elected by a majority of all votes cast for that position: ... Health Benefits Representative, Dispatcher, and Trustees.

Amended Section 1b (proposal B): Health Bonefits Representative

A first reading of the 2025 Budget Proposal was approved at the Membership Meeting of July 10, 2025. The second reading of the 2025 Budget Proposal was approved at the Membership Meeting of August 7, 2025.

Local	HOW DED WE GET HERE: 13 has been running at a deficit for the past 4 years due to:	HOW HAVE WE ALREADY ADDRESSED THE DEFICIT:
◊	No dues increase in 7 years Officer salary increases (due to PCLCD wage increases)	♦ Effective 5/2025, Officers took voluntary pay cut (~\$19,500 annually)
◊	Lawsuits: past and pending Increasing operating expenses and other costs	 ♦ Significant reduction in donations ♦ Costly text blast program replaced with Local 13 App

THE ONE (1) DAY VOTE WILL TAKE PLACE AS FOLLOWS:

Date:

Wednesday, August 27, 2025

Time:

6:00 a.m. to 6:00 p.m.

Place:

ILWU Memorial Hall

231 W. "C" Street

Wilmington, CA 90744

Please be advised that only "members in good standing" will be allowed to vote.

We appreciate your cooperation and patience during this difficult time.

Fraternally,

Gary Herrera

President

Brandi Good Vice President Gabe Zuniga Secretary/Treasurer



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13 630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116 Benefits Officer - Eddle Moncado Staff - Maria & Racheal

Health & Benefits Bulletin #8 (2) - 2025

AUGUST (2) 2025 HEALTH & BENEFITS BULLETIN

THE HEALTH BENEFITS OFFICE IS CLOSING

Brothers and Sisters, as we all know Wednesday, August 27, 2025, will be the day that our decision will determine the future of the Health Benefits Office representation at Local 13.

Below please find vital contact information to use in case the membership decides to get rid of this office. Just a reminder, when you contact the following, please make sure to have a scanner, fax machine and in some cases a notary available to be able to handle your business in a timely manner.

Included below is also contact information for the Southern California Area Welfare Directors, they are available by appointment only and conveniently located by the Traffic Circle in Long Beach. Please be patient, as they also assist Locals 94, 63, 46, 29, 26, Pensioners and now Local 13 (the biggest local in So. Cal).

	(41.5) (500.0500
Benefit Plans Office (BPO) San Francisco	(415) 673-8500
The BPO website has valuable information about our various benefit plans,	(888) 372-4598
providers, and other contact information.	www. Benefitplans.org
ILWO-PMA Coustwise Indemnity Plan/Zenith	(800) 955-7376
Call this number for unpaid medical bills and supplement pay	
Disability (State of California)	(800) 480-3287
Call this number for inquiries about disability insurance (SDI), paid family	www.edd.ca.gov/disability
Jeave (FMLA), or unemployment.	
Fiderity	(800) 761-4598
Call this number if you have questions about our 401k plan.	www.fidelity.com
Innovative Cure Management (ICM)	(866) 275-1014
Call this number for medical services that require preauthorization and/or	` '
appeals.	
TLWU-Great Urion	(310) 834-6411
Call this number if you need financial assistance	www.ilwucu.org
Kuise Demandale	(818) 557-3964
Call this number if you have an issue that needs to be escalated beyond the	www.kp.org
regular member services number. Both the website and the mobile app are	
user-friendly.	
Medicare	(800) 633-4227
Call this number to inquire about eligibility and to enroll in Part A and B.	(555) 555 1.22
	(800) 772-1213
Social Section of America and a second second	(800) 772 1210
Call this number if you have issues with your social security.	(562) 980-3577
US Department of Labor Longshote Division	(302) 980-3377
Call this number if you have a new or pending worker's compensation claim.	(310) 833-5144
Southern Culifornia Area Welfure Directors	(310) 833-3144
Call this number to obtain information about your benefit plans, providers,	
retirement, etc.	(24.0) 547 0066
ADRP! Alcoholism/Drug Recovery Program	(310) 547-9966
Call this number if you need assistance regarding various benefits for	
chemically induced illnesses.	
Locatie Offices	(310) 830-1130
Call this number for any/every department other than the Health Benefits	
Office	<u> </u>
Pacific Maritime 1835 octation (PMA)	(562) 495-7600
PMA is our employer and handles inquiries regarding disability, doctor	Selfservice.pmanet.org
notes, payroll, unemployment and shoe voucher.	
, <u></u> ,,	NEW STATE



FOOTBALL

LA MEMORIAL COLISEUM

August 30th and September 6th

Additional Dates To Be Added

SCAN TO GET \$70 OFF YOUR FIRST TWO (2) TICKETS



OFFER SUBJECT TO AVAILABILITY TICKETING FEES APPLY



HEALTH TIP



STRESS MANAGEMENT - Techniques and Strategies to Deal with Stress

If you're living with high levels of stress, you're putting your entire well-being at risk. Stress wreaks havoc on your emotional equilibrium, as well as your overall physical and mental health. It parrows your ability to think clearly, function effectively, and enjoy life.

To release stress, engage in activities that promote relaxation and reduce tension. This can involve physical activity like exercise or walking, mindfulness practices like meditation or deep breathing, and activities that bring joy and relaxation like hobbies or spending time in nature.

You can also ty limiting exposure to stressful situations and seeking social support when needed.

ADA JPLRC
(Americans with Disability Act Labor Relations Committee (ADA LRC))

Americans with Disabilities Act Labor Relations Committee (ADA LRC)

If you have been cited to appear or if you would like to revise your existing accommodation(s), please plan to attend, meetings are scheduled for the first and third Tuesdays of each month at Local 13 unless otherwise noted.

The world needs less machinery and more humanity.

Eddie Moncado #131390 Local 13 Health & Benefits Officer

Job Forecast Report

WorkDate: 8/23/2025_

Shift: Day

8/22/2025 3:13:47PM

	- (
Gangs	Shorte	d-Early	MO	EO	MRO	RO	LM	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	0	0	0	0	0	0
D4	0	0	0	0	0	0	0	0
	0	0	0	0	0	0	0	0

Boards	Shorted	Early	МО	EO	MRO	RO	LM	Total
Hold	0	140	97	0	41	0	0	278
Crane	0	1	7	0	0	0	0	8
Crane Top Handler	0	0	0	0	0	0	0	o
Winch	0	0	I	1	0	0	0	2
Key Hold	0	0	0	0	0	0	0	0
Jitney	0	0	4	0	4	0	0	8
UTR	0	51	100	9	14	0	0	174
CY	0	2	30	0	5	0	0	37
Lumber	0	0	0	0	1	0	0	1
Carpenter	0	0	0	0	0	0	0	0
Swamper	0	13	7	2	0	0	0	22
Casual	0	0	0	0	0	0	0	0
Dock	0	33	4	2	1	0,	0	40
Mechanics	0	0	0	0	0	0	0	0
Gear	0	5	0	1	0	0	0	6
	0	245	250	15	66	0	0	576

Number of flops (UTR - UTRWork = Flops): 100

123/25 FINAL

Aug. 22. 2025 4:01PM 8/22/2025 3:13PM

Allocation List for: 8/23/25

Shift: Day No. 7201 P. 6/13

Alc. #	Start Time	Order Type	Ship Name	Company	Berth	Tags
1	7:00AM 2S	MRO		АРМ		
					E	arly Dispatch
2		MRO	WAN HAI A11		TI 214	
	2S		ONE FOCUS	ITS	LB 236	
		MRO	OOCL LONDON	LBCT		
5	8:00AM 2 S	MRO	CHIPOLBROK PACIFIC	SSA	LB 205	GE
6 Cancell		MRO	YM UNIFORMITY		136	LA
7		MRO RS 4ST/	EVER MAGIC 7:30		TI 227	LA
8	1KDP		MAERSK KINLOSS	АРМ	TI 400	LA
					E	arly Dispatch
	8:00AM 5.S	MRO	XIN FEI ZHOU	LBCT	LB 24	LA
10	8:00AM 4S 1ST/	MRO	PRESIDENT JQ ADAMS	FMS	TI 304	LA
11 Cancell	8:00AM	MRO	CMA CGM BLUE WHALE	TP	136	LA
12		MRO	COLUMBIA	CCMW		
13	8:00AM <i>IS</i>	MRO	COSCO PORTUGAL		LB 245	LA
	8:00AM		ONE OLYMPUS		TI 218	LA

Alc. # Aug. 22. 20 Time		Ship Name	Company	Berth	No. 7201 P. 7/13 Tags
5 7:00AM Cancelled	MRO	HMM RUBY	APM	TÏ 400	LA
				E	arly Dispatch
			APM	TI 400	LA
				E	arly Dispatch
17 8:00AM	MO 7: 30 4P 1	SIMURGH	MET	LB 214	SH-All Comd
		MAERSK ANTARES		TI 400	
				Fl	lex and Early
19 8:00AM Cancelled	МО	MAERSK ANTARES	APM	TI 400	LA
	MO	MEDI MATSUURA			SH-All Comd
21 8:00AM Cancelled		CAPE SOUNIÓ	PA	100	
		WAN HAJ A11	YTI	TI 214	
23 7:00AM Cancelled		ONE FOCUS	ITS	LB 236	LA
		A		FI	lex and Early
24 8:00AM Cancelled					LA
	MO	OOCL LONDON	LBCT	LB 26	LA
		***		Fl	lex and Early
Cancelled		OOCL LONDON	LBCT		
27 8:00AM <i>IDWDB</i>	MO 2UTR		SSA	LB 205	GE
28 8:00AM Cancelled	МО		MET	LB 214	LA
		YM UNIFORMITY	TP		

/ \l c. #	Aug. 22. 20 Star i Tim<u>e</u>	Oraci	1PM Ship Name	Company	Berth	No. 7201 Tags	P. 8/13
0			YM UNIFORMITY	TP	136	LA	
1	7:00AM 14SL 2U		MAERSK KINLOSS	APM	TI 400		
	_				F	lex and Early	
32 Сапсеі	8:00AM	MO	MAERSK KINLOSS	APM	TI 400	LA	
33	1KDP		XIN FEI ZHOU	LBCT	LB 24	LA	
					F	lex and Early	
34	8:00AM <i>4S 1KD</i>	MO	XIN FEI ZHOU	rġCI	LB 24	LA	
35 Cance		МО	PRESIDENT JQ ADAMS	FMS	TI 304	LA	•
					<i>I</i>	lex and Early	-**
36	8:00AM <i>16SL</i>	МО	PRESIDENT JQ ADAMS	FMS	TI 304		
37 Cance		МО	CMA CGM BLUE WHALE	TP	136	LA	
					1	lex and Early	
	3S 1DS	•	CMA CGM BLUE WHALE	TP	136	LA	
39 Cance	8:00AM elled	MO	CAPE AKRITAS	PA	102	LA	
40 Cance	8:00AM elled	МО	COSCO PORTUGAL	35A	LB 243	LA	
41	7:00AM 4S IK Z	MO P	HMM RUBY	Arm	11 400	LA	
					. 	Flex and Early	
42 Cance	8:00AM elled	МО	HMM RUBY	АРМ	11 400	LA	
43 Cance	7:00AM elled	MÖ	MAERSK ALTAIR	APM	11 400	LA	
			A CATE OF A TAX TO			Flex and Early	
44 Cance	8:00AM	МО	MAERSK ALTAIR	APM	TI 400	LA	

Alc.#	Aug. 22. 20 Time	25 ₀ , 4:021 Type	PM Ship Name	Company	Berth	No. 7201 P. 9/13 Tags
4 5	7:00AM 6S 3DS	MO	CMA CGM MEDEA	FMS	TI 303	LA
					F	lex and Early
46	8:00AM	MO	CMA CGM MEDEA 10ST/7:30	FMS	TI 303	LA
47		МО L 5KDP	EVER FRANK 2 <i>UTRS</i>	APM	TI 400	LA
					F	lex and Early
48 Cance	8:00AM	MO	EVER FRANK	АРМ	TI 400	LA
49	7:00 AM		RHONE MAERSK BUTRS	LBCT		
					F	lex and Early
50		MO	RHONE MAERSK	LBCT	LB 22	LA
51	7:00AM		MSC ORSOLA I TR	TTI	LB 140	LA
					F	lex and Early
52		MO	MSC ORSOLA 12ST/7:30	TTI	LB 140	ĽA
53		MO 8UTR 1	EVER MAGIC UTRS	ETS	TI 227	LA
 54		мо Р 2НН/7			LB 24	LA
55 Cance	8:00AM lled	МО	PRESIDENT JQ ADAMS	FMS	TI 304	LA
 56	8:00AM	MO	CMA CGM MEDEA 8ST/7:30	FMS	TI 303	ĽA
57 Cance	8:00AM lled	MO	MSC ORSOLA	TTI	LB 140	LA

Type Of Orders: Extra Order

Work Date: 8/23/25

Ver Alc# Ship Name	Star Time		Berth	Туре	Recei Date/	ived Time	Tags	Mod Status	
Shift: I			_						
STEVE. SERV. OF AMER (502)									
DOCK WORK	8/23/25	8:00AM	LB 60	EO	8/22/25	1:27PM	LA	D	10
IDA 9UTR (TONY D)									
DOCK WORK	8/23/25	7:00AM	LB 94	EO	8/22/25	1:50PM	LA	N	5
2DS 1DA 2UTR (TONY D)							a.	Fle: Ear	x and ly
DOCK WORK						1:50PM		N	1
1GMP (TONY D)									
DOCK WORK RAILS	8/23/25	7:00AM	LB 245	EO	8/22/25	1:51PM	LA	N	3
3DA (TONY D)								Fle Ear	x and ly
METROPOLITAN STEV. CO. (50	3)								
DOCK WORK		7: 00AM	LB 215	EO	8/22/25	12:3 6PM	SH-All Comd	N	1
1DSW (HP)								Fle. Ear	x and ly
YUSEN TERMINALS INC. (504)									
DOCK WORK RAILS	8/23/25	7:00AM	TI 214	EO	8/22/25	2:16PM	LA	N	8
2DA 6UTR (HULK)								Fle Ear	x and ly
TTI (507)									
DOCK WORK	8/23/25	7:00AM	LB 140	EO	8/22/25	1: 19PM	LA	N	3
3GAT (HP)								Ear	x and ly
DOCK WORK	8/23/25							N	1
IDSW (HP)									

ITS (508)

Type Of Orders: Extra Order

Work Date: 8/23/25

Ver Alc# Ship Name	Start Time		Berth	Туре	Recei Date/		Tags	Mod Tota Status <u>Job</u>
Shift: 1								
ITS (508)								
DOCK WORK RAILS	8/23/25	7:00AM	LB 232	EO	8/22/25	1: 16PM	LA	N 10
3DA 7UTR (HP)	••							Flex and Early
FENIX MARINE SERVICES (510)								
DOCK WORK RAILS	8/23/25	7:00AM	TI 302	EO	8/22/25	1:23PM	LA	N 5
2DA 3UTR (TONY D)					4			Flex and Early
LONG BEACH CONT. TER. (512)								
DOCK WORK RAILS	8/23/25	7:00AM	LB 24	EO	8/22/25	1:30PM	LA	N 2 Flex and
2UTR (TONY D)								Early
TRAPAC (514)								
DOCK WORK	8/23/25	7:00AM	136	EO	8/22/25	1:51PM	LA	N 2
IDS 1CT/6:30 (TONY D)								Flex and Early
DOCK WORK	8/23/25	8:00AM	136	EO	8/22/25	1:52PM	LA	N 2
2DS (TONY D)		.,						
DOCK WORK RAILS	8/23/25	7:00AM	136	ЕО	8/22/25	1:52PM	LA	Ň 1
IDA (TONY D)								Flex and Early
APM TERMINALS (515)								
DOCK WORK	8/23/25	7:00AM	TI 400	EO	8/22/25	1:08PM	LA	D 5
3DA 2GAT (HULK)						,		Flex and Early
DOCK WORK RAILS	8/23/25	7:00AM	TI 400	ЕО	8/22/25	1:11PM	LA	N 9
3KDA 4UTR 2ST/6:30 (HP)								Flex and Early

Type Of Orders: Extra Order

Work Date: 8/23/25

Ver Alc# Shin Name	Start Time	Berth	Туре	Received Date/Time	Tags	Mod Tota Status Jobs
Shift: 1						
EVERPORT TERMINAL S	ERVICES (524)					
DOCK WORK	8/23/25 7:00AM	TI 233	EO	8/22/25 1:05PM	LA	N 16
4DS 1DA 11UTR (HP)						Flex and Early
PACIFIC TERMINAL SER	VICES CO. (525)					
DOCK WORK	8/23/25 8:00AM	TI 211	EO	8/22/25 1:38PM	$\mathbf{L}\mathbf{A}$	N 1
IDWD (TONY D)						•

Aug. 22. 2025 4:03PM 8/22/25 9:02AM

AVERAGE REPORT For Day Shift

	8/16/202	8/17/202	8/18/202	8/19/202	8/20/202	8/21/202	8/22/202
	Sat	Sun	Mon	Tue	Wed	Thu	Fri
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	106	114	121	129	134	142	150
Secondary	0	0	0	0	0	0	0
Hold	96	104	112	114	122	130	138
Key Hold	40	40	40	40	48	56	56
Winch	101	101	109	117	125	133	141
Jitney	86	90	90	98	106	114	114
Dock	80	88	96	104	104	104	112
Lumber	63	63	63	63	63	63	63
Carpenter	64	66	74	75	83	88	88
A-Crane	72	80	88	96	99	107	115
Swamper	58	58	59	67	75	79	79
Casual	58	60	63	66	71	78	86
B-Crane	76	84	92	92	100	102	110
A-UTR	88	96	104	105	113	121	129
B_UTR	103	109	115	123	131	139	147
Mechanics	94	95	97	105	113	121	129
m	90	97	101	108	114	122	127
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0