ILWU Local 13 • 630 Centre Street • San Pedro, CA 90731 • (310) 830-1130

August 8, 2025

Dear Brothers and Sisters:

NOTIFICATION OF REQUEST FOR APPROVAL OF THE 2025 BUDGET and SPECIAL 1-DAY YOTE

A motion was passed and carried at the June 5, 2025 Special Executive Board meeting to accept the Budget Committee Report which presented two (2) options for the Local 13 2025 Budget. A copy of the two (2) options are enclosed for your review.

WHAT ARE YOU BEING ASKED TO DO: Decide Between Two Options:

Please vote for either "BUDGET PROPOSAL A" or "BUDGET PROPOSAL B."

- 1. BUDGET PROPOSAL A: <u>Increase dues by \$19.75 and retain the positions of Health Benefits Officer and Labor Relations Committee Representative/Port Liaison.</u>
- 2. BUDGET PROPOSAL B: Amend the Constitution & Bylaws, Article II, Sections 1 and 3, Article III, Sections 4, 6, and 15, and Article IV, Section 1, and Article V, Section 1 to eliminate the positions of Health Benefits Officer and Labor Relations Committee Representative/Port Liaison.

*The Membership will NOT be assessed the \$13 per member/per month fee for the ICTSI Lawsuit as previously proposed in past dues increase proposals.

<u>Both Budget Proposals balance the 2025 Budget.</u>

If Budget Proposal B Passes, the following Constitutional Amendments will be made and services lost:

ARTICLE II - OFFICERS

Existing Section 1. The list of officers, employees and committees shall read as follows:

The elective offices of the Local shall be:

[Officer titles listed]

Health Benefits Representative

Amended Section 1 (Proposal B): Health-Benefits Representative

Existing Section 3: ...Limit any officer, except Trustees, Labor Relations Committee Representatives and Health Benefits Representative to three consecutive terms of office, after which they shall not be eligible to hold office for a period of one year, except in extreme emergencies and by a referendum election...

Amended Section 3 (Proposal B): Limit any officer, except Trustees, and Labor Relations Committee Representatives and Fleath Benefits Representative to three consecutive terms of office...

ARTICLE III - DUTIES OF OFFICERS

Existing Section 4.

LABOR RELATIONS COMMITTEE REPRESENTATIVES:

a. There shall be three (3) Labor Relations Committee Representatives.

Amended Section 4a (Proposal B):

Section 4. a. There shall be three (3) two (2) Labor Relations Committee Representatives.

Existing Section 6 HEALTH BENEFITS REPRESENTATIVE:

Amended Section 6 (Proposal B): HEALTH BENEFITS REPRESENTATIVE (Section 6 removed)

Existing Section 15. POLITICAL ACTION COMMITTEE:

c. The Labor Relations Representative-Port Liaison shall attend all Political Action Committee meetings.

Amended Section 15c (Proposal B). The Labor Relations Representative Port Liaison shall attend all Political Action Committee meetings.

ARTICLE IV NOMINATION OF OFFICERS

Existing Section 1: Nominations for President, Vice-President, Labor Relations Committee Representative (2)... Amended Section 1 (proposal B):, Labor Relations Committee Representative (21),

ARTICLE V

Exiting Section 1 b. The following shall be elected by a majority of all votes cast for that position: ... Health Benefits Representative, Dispatcher, and Trustees.

Amended Section 1b (proposal B): Health Benefits Representative

A first reading of the 2025 Budget Proposal was approved at the Membership Meeting of July 10, 2025. The second reading of the 2025 Budget Proposal was approved at the Membership Meeting of August 7, 2025.

HOW DID WE GET HERE: Local 13 has been running at a deficit for the past 4 years due to:	HOW HAVE WE ALREADY ADDRESSED THE DEFICIT:
 No dues increase in 7 years Officer salary increases (due to PCLCD wage increases) Lawsuits: past and pending Increasing operating expenses and other costs 	 Effective 5/2025, Officers took voluntary pay cut (~\$19,500 annually) Significant reduction in donations Costly text blast program replaced with Local 13 App

THE ONE (1) DAY VOTE WILL TAKE PLACE AS FOLLOWS:

Date:

Wednesday, August 27, 2025

Time:

6:00 a.m. to 6:00 p.m.

Place:

ILWU Memorial Hall

231 W. "C" Street

Wilmington, CA 90744

Please be advised that only "members in good standing" will be allowed to vote.

We appreciate your cooperation and patience during this difficult time.

Fraternally,

Gary Herrera

President

Brandi Good Vice President

Gabe Zuniga Secretary/Treasurer



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13 630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116 Benefits Officer - Eddle Moncado Staff - Maria & Racheal

Health & Benefits Bulletin #8 (2) - 2025

AUGUST (2) 2025 HEALTH & BENEFITS BULLETIN

THE HEALTH BENEFITS OFFICE IS CLOSING

Brothers and Sisters, as we all know Wednesday, August 27, 2025, will be the day that our decision will determine the future of the *Health Benefits Office representation at Local 13*.

Below please find vital contact information to use in case the membership decides to get rid of this office. Just a reminder, when you contact the following, please make sure to have a scanner, fax machine and in some cases a notary available to be able to handle your business in a timely manner.

Included below is also contact information for the Southern California Area Welfare Directors, they are available *by appointment only* and conveniently located by the Traffic Circle in Long Beach. Please be patient, as they also assist Locals 94, 63, 46, 29, 26, Pensioners and now Local 13 (the biggest local in So. Cal).

Benefit Plans Office(BPO) Sun Francisco	(415) 673-8500
The BPO website has valuable information about our various benefit plans,	(888) 372-4598
providers, and other contact information.	www. Benefitplans.org
ILWU-PMA Göästvisä Indannity Plan/Zenith	(800) 955-7376
Call this number for unpaid medical bills and supplement pay.	
Disability (State of California)	(800) 480-3287
Call this number for inquiries about disability insurance (SDI), paid family	www.edd.ca.gov/disability
leave (FMLA), or unemployment.	
Fidèlity	(800) 761-4598
Call this number if you have questions about our 401k plan.	www.fidelity.com
Innovativa Care Management (ICM)	(866) 275-1014
Call this number for medical services that require preauthorization and/or	(,
appeals.	
ILW USC FEATER TRAIN	(310) 834-6411
Call this number if you need financial assistance	www.ilwucu.org
Kaiser Bermanenye	(818) 557-3964
Call this number if you have an issue that needs to be escalated beyond the	www.kp.org
regular member services number. Both the website and the mobile app are	· · · · · · · · · · · · · · · · · · ·
user-friendly.	
Mëdicare	(800) 633-4227
	(,
Call this number to inquire about eligibility and to enroll in Part A and B.	(800) 772-1213
Call this number if you have issues with your social security.	(333) 2 2 2 2 2
US Department of Labor Tongshore Division	(562) 980-3577
Call this number if you have a new or pending worker's compensation claim.	(302),300 33
Southern Cultornia Area Welfure Directors	(310) 833-5144
Call this number to obtain information about your benefit plans, providers,	(310) 033-31-4
retirement, etc.	
ADRP Alcoholism/Drug Recovery Program	(310) 547-9966
Call this number if you need assistance regarding various benefits for	(510) 541-5500
chemically induced illnesses.	
Local 13 Office	(310) 830-1130
Call this number for any/every department other than the Health Benefits	(210) 830-1130
Office.	
Pacific Murtime Association (PMA)	(562) 405 7600
	(562) 495-7600
PMA is our employer and handles inquiries regarding disability, doctor	Selfservice.pmanet.org
notes, payroll, unemployment and shoe voucher.	빛쨊빛



FOOTBALL

LA MEMORIAL COLISEUM

August 30th and September 6th Additional Dates To Be Added

SCAN TO GET \$70 OFF YOUR FIRST TWO (2) TICKETS



OFFER SUBJECT TO AVAILABILITY TICKETING FEES APPLY



HEALTH TIP



STRESS MANAGEMENT - Techniques and Strategies to Deal with Stress

If you're living with high levels of stress, you're putting your entire well-being at risk. Stress wreaks havoc on your emotional equilibrium, as well as your overall physical and mental health. It narrows your ability to think clearly, function effectively, and enjoy life.

To release stress, engage in activities that promote relaxation and reduce tension. This can involve physical activity like exercise or walking, mindfulness practices like meditation or deep breathing, and activities that bring joy and relaxation like hobbies or spending time in nature.

You can also ty limiting exposure to stressful situations and seeking social support when needed.

<u>ADA JPLRC</u>

(Americans with Disability Act Labor Relations Committee (ADA LRC))

Americans with Disabilities Act Labor Relations Committee (ADA LRC)

If you have been cited to appear or if you would like to revise your existing accommodation(s), please plan to attend, meetings are scheduled for the first and third Tuesdays of each month at Local 13 unless otherwise noted.

The world needs less machinery and more humanity.

Eddie Moncado #131390 Local 13 Health & Benefits Officer

Job Forecast Report

WorkDate: 8/22/2025

Skift: Day

8/21/2025 3:26:33PM

Gangs	Shorted	Early	MO	EO	MRO	RO	$\mathbf{L}\mathbf{M}$	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	0	0	0	0	0	0
D4	0	0	0	0	0	0	0	0
	,: 0	0	0	0	0	0	0	0

Boards	Shorted	Early	MO	EO	MRO	RO	LM	Total
Hold	0	162	152	0	58	0	0	372
Crane	0	17	10	2	14	0	0	43
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	0	3	0	0	0	0	3
Key Hold	0	6	1	0	0	0	0	7
Jitney	0	36	11	7	0	0	0	54
UTR	0	2 6	167	14	48	0	0	255
CY	0	11	50	2	0	0	0	63
Lumber	0	0	2	0	0	0	0	2
Carpenter	0	0	0	0	0	0	0	0
Swamper	0	49	17	7	2	0	0	75
Casual	0	0	0	0	0	0	0	0
Dock	0	72	1	8	1	0	0	82
Mechanics	0	I	0	0	0	0	0	1
Gear	0	6	0	0	0	0	0	6
	0	386	414	40	123	0	0	963

Number of flops (UTR - UTRWork = Flops): 167

- FRIDAY DAYSINE FINIAL -

13

Aug. 21. 2025 5:21PM

Allocation List for: 8/22/25

Shift: Day No. 7172 P. 6

Alc. #		Order	Ship Name	Сотрапу	Berth	Tags
1,	8:00AM 8S		COSCO SPAIN	LBCT		
			MAERSK ANTARES	APM	TI 400	LA
3			WAN HAI Al I 4UTR	YTI	TI 214	arly Dispatch LA
4		MRO	ONE FOCUS		LB 236	
Cancell		MRO	PELICAN I	ITS		LA
5	8:00AM 6S 1KD		OOCL LONDON	LBCT		LA
7	8:00AM 2 S	MRO	CHIPOLBROK PACIFIC	SSA		GE-
Cancell	8:00AM	MRO	YM UNIFORMITY	TP	136	
	8:00AM		COLORADO		139	
0	8:00AM <i>6S 1HH</i>	MRO	EVER MAGIC	ETS	TI 227	LA
	7:00AM <i>IKDP</i>	MRO	MAERSK KINLOSS	APM	TI 400	
2			XIN FEI ZHOU		LB 24	arly Dispatch LA
3		MRO	PRESIDENT JQ ADAMS 30 26UTR	FMS	TI 304	LA
14 Cancello	8:00AM ed	MRO		TP	136	LA

Alc. #	Aug. 21. 2025) 5:21P Time Type	M Ship Name	Company	Berth	No. 7172 P. 7 Tags
15	8:00AM MRO 6S 1HH/7:30 7U	CAPE AKRITAS TR	PA		
16	7:00AM MO 18S 1D 20P/7:00	CARNIVAL RADIANCE 4HL 14CLW	MET	LB H4	FR PA
				Fl	ex and Early
17	7:00AM MO 6KH 12S 24P/7:0	NAVIGATOR OF THE SEAS 00 6HL 9CL	PA	SP 92	FR PA
				Fl	ex and Early
18 Cance	7:00AM MO	MSC ALEXANDRA	TTI	LB 140	LA
				Fl	ex and Early
Cance	elled	MSC ALEXANDRA	TTI	LB 140	LA
	7:00AM MO	CMA CGM TITAN	FMS	TI 303	LA
				Fl	ex and Early
Cance	8:00AM MO elled	CMA CGM TITAN	FMS	TI 303	LA
22	7:00AM MO 1S 16SL	COSCO SPAIN	LBCT		
				Fl	ex and Early
23	8:00AM MO <i>4SL 2HH/7:30</i>	COSCO SPAIN	LBCT	LB 22	LA
24 Cance	7:00AM MO	MAERSK ANTARES	APM	TI 400	LA
				Fl	ex and Early
 25	8:00AM MO IS		ArM	TI 400	LA
26	8:00AM MO 4CDAB/7:30		MET	LB 212	SH-All Comd
27	8:00AM MO 12S 3DS 27UTR			100	
28 Cance	7:00AM MO elled		ITS	LB 236	LA
		<u> </u>		Fl	lex and Early
29	8:00AM MO 3UTR 3ST/7:30	ONE FOCUS	ITS	LB 236	LA

Alc. #	ug. 21. 20 Time	25 ₀ 5:21 Type	Ship Name	Сотрапу	Berth	No. 7172 P. 8 ' Fags
Cancell	led		PELICAN I	ITS		LA
31		MO	OOCL LONDON	LBCT		LA
				~~~~~		Flex and Early
32 Cancell	8:00AM	МО	CHIPOLBROK PACIFIC	SSA	LB 205	GE
33	8:00AM	мо / <b>7:30 IPI</b>		MET	LB 214	SH-All Comd
34	8:00AM	MQ	SEA LAND BALBOA DWD 1HL 15UTR 2UTRS 4ST/7:30	SSA	LB 266	LA
35 Caucell		MO	YM UNIFORMITY	TP		LA
***						Flex and Early
		MO	YM UNIFORMITY	TP		
	7:00AM		COLORADO	ТР	139	LA
٠						Flex and Early
38	8.00AM	MO SL 1DS 1	COLORADO	TP		
39	7:00AM 2UTRS	МО	MAERSK KINLOSS		TI 400	LA
			MAEDER VIDT OCC			Flex and Early
+0	8:00AM <i>IS</i>	МО	MAERSK KINLOSS	APM	TI 400	LA
l Cancelle		МО				LA
					. <u>.</u>	Flex and Early
	8:00AM		DORIS OCEAN		126	LA
	7:00AM		PRESIDENT JQ ADAMS		TI 304	LA
•••••			DDFGINENT IA ADAMO			Flex and Early
44. ≥elle	8:00/AIVI	МО	PRESIDENT JQ ADAMS	FMS	TI 304	LA

Alc. #	ug. 21. 2025C 5:22PM <b>Time Type Ship Name</b>	Company	Berth	No. 7172 P. 9 <b>Tags</b>
45 Cancel	7:00AM MO CMA CGM BLUE WHALE lled	TP	136	LA
(			F	lex and Early
46	8:00AM MO CMA CGM BLUE WHALE 5S	TP	136	LA
47 Cancell	8:00AM MO CAPE AKRITAS led	PA		LA
48	8:00AM MO COLUMBIA 2S 4CLW		LB 122	
49	8:00AM MO COSCO PORTUGAL 26S 5DS 1HL 38UTR 5UTRS 15ST/7:30		LB 245	
	8:00AM MO JANET MARIE 9S 2DS 1HL 16UTR 2UTRS 5ST/7;30	SSA	LB 92	
51	8:00AM MO MANOA 12S 3DS 1HL 21UTR 3UTRS 7ST/7:30		LB 60	
	7:00AM MO HMM RUBY 12S 36SL 4KDP 2UTRS	APM	TI 400	LA
\			Fl	ex and Early
3 Cancell	8:00AM MO HMM RUBY	APM	TI 400	LA
54	7:00AM MO MAERSK ALTAIR 12S 20SL 4KDP 3UTRS	APM	TI 400	LA
			FI	ex and Early
	8:00AM MO MAERSK ALTAIR	APM	TI 400	LA
56	8:00AM MO SERENITY HIGHWAY  1KH 14SD 3SL 1DS 1HT 1DWD 2CLW	SSA		LA AU
	7:00AM MO ONE OLYMPUS 4S 26SL 3DS 1HL 2UTR	YTI	TI 218	LA
	8:00AM MO ONE OLYMPUS 8S 22UTR 10ST/7:30		TI 218	LA
59. celle	8:00AM MO EVER MAGIC ed	ETS		

<b>Alc.</b> # ^A	ug. 21. 202 <b>Time</b>	25 _C 5:22PI <b>Type</b>	Ship Name	Сотрапу	Berth	No. 7172 <b>Tags</b>	P. 10
60 Cancel	8:00AM	MO	PRESIDENT JQ ADAMS	FMS	TI 304	LA	
	···						

Work Date: 8/22/25

Ver Alc# Ship Name	Start Time		Berth	Туре	Recei Date/	ived Time	Tags	Mod To Status Jo	
Shift: 1									
STEVE. SERV. OF AMER (502)									
DOCK WORK	8/22/25	8:00AM	LB 60	EQ	8/21/25	1:26PM	LA	N 3	
2HL 1ST/7:30 (TONY D)									
DOCK WORK			LB 266	EO	8/21/25	1:47PM	LA	N 6	
4DS 1DA 1UTR (BIG PAUL)							^	Flex an Early	rd
DOCK WORK	8/22/25	8:00AM	LB 266	EO	8/21/25	1:48PM	LA	<b>N</b> 1	
1DS (BIG PAUL)							<u>.</u>		
DOCK WORK RAILS	8/22/25	7:00AM	LB 245	EO	8/21/25	1:48PM	LA	N 4	
3DA 1ST/6:30 (BIG PAUL)						,,,		Flex an Early	
DOCK WORK	8/22/25	7:00AM	LB 94	EO	8/21/25	1:49PM	LA	N 8	
5DS 2UTR 1ST/6:30 (BIG PAUL)								Flex an Early	nd 
DOCK WORK				ΕŌ	8/21/25	1:50PM	LA	D 2	
1DS 1HL (BIG PAUL)						•			
DOCK WORK RAILS	8/22/25	7:00AM	LB 94	EO	8/21/25	1:51PM	LA	<b>N</b> 7	
2DA 4UTR 1ST/6:30 (BIG PAUL)								Flex an Early	nd 
DOCK WORK				EO	8/21/25	1:52PM	LA	N 5	
3DA 2HL (BIG PAUL)	,,								
YUSEN TERMINALS INC. (504)									_
DOCK WORK	8/22/25	7:00AM	TI 214	EO	8/21/25	1:54PM	LA	N 12 Flex an	
IIDS 1DA (BIG PAUL)								Fiex an Early	na

## PORTSAMERICA (505)

Work Date: 8/22/25

Ver Alc# Ship Name	Star Tim		Berth	Туре	Rece Date	ived /Time	Tags	Mod Status	
Shift: 1		•							
PORTSAMERICA (505)									
DOCK WORK	8/22/25	7:00AM	126	EO	8/21/25	1:52 <b>PM</b>	LA	N	2
2GAT (TONY D)								Fleo Ear	c and ly
DOCK WORK	8/22/25	8:00AM	126	EO	8/21/25	1:52PM	LA	N	1
IHL (TONY D)									
DOCK WORK RAILS	8/22/25	8:00AM	126	EO	8/21/25	1:53PM	LA	N	18
4DA 13UTR 1ST/7:30 (TONY D)	3#3								
TTI (507)									
DOCK WORK	8/22/25	7:00 <b>AM</b>	LB 140	EO	8/21/25	1:26PM	LA	N	1
IDA (BIG PAUL)								Flex Earl	and ly
ITS (508)									
DOCK WORK	8/22/25	7:00AM	LB 232	EO	8/21/25	1:27PM	LA	N	9
6DS 1DA 2UTRS (BIG PAUL)								Flex Earl	and y
DOCK WORK	8/22/25	8:00AM	LB 232	ЕО	8/21/25	1:27PM	LA	N	3
3DS (BIG PAUL)									
DOCK WORK RAILS	8/22/25	7:00AM	LB 232	EO	8/21/25	1:28PM	LA	'n	1
IUTR (BIG PAUL)								Flex Earl	and y
FENIX MARINE SERVICES (510)									
DOCK WORK	8/22/25	7:00AM	TI 302	EO	8/21/25	1:54PM	LA	D	11
8DS 1DA 1CT/6:30 1HL (TONY D)			,					Flex Earl	and y

## LONG BEACH CONT. TER. (512)

Work Date: 8/22/25

Ver Alc# Ship Name	Star Tim		Berth	Тур	e Rece Date	ived /Time	Tags	Mod Status	
Shift: 1	•						<u>.</u>		
LONG BEACH CONT. TER. (512)									
DOCK WORK RAILS	8/22/25	7:00AM	LB 24	EQ	8/21/25	1:18PM	LA	N	4
2CT/6:30 2UTR (BIG PAUL)								Fle Ear	x and ly
DOCK WORK	8/22/25	8:00AM	LB 24	EO	8/21/25	1:55PM	LA	'n	2
IDA IHL (TONY D)									
TRAPAC (514)							,		
DOCK WORK	8/22/25	8:00AM	136	EO	8/21/25	2:02PM	LA	N	5
2DS 2RMG/7:30 1UTR (marty)									
		7:00AM						N	18
5DS 2RMG/6:30 10CT/6:30 1ST/6:30 (marty)								Flex Earl	and ly
		7:00AM		EO	8/21/25	2:05PM	LA	N	1
IDA (marty)								Earl	-
APM TERMINALS (515)									
DOCK WORK RAILS	8/22/25	7:00AM	TI 400	EO	8/21/25	2:01PM	LA	N	2
2KDA (marty)				_	*/- N/-*				and
DOCK WORK	8/22/25	7:00AM	TI 400	EO	8/21/25	2:02PM	LA	 N	5
IHL 4GAT (marty)								Flex Earl	
P.C.M.C. (517)									
DOCK WORK	8/22/25	7:00AM	LB 22	EO	8/21/25	2:20PM	LA	N	1
IMWT (BIG PAUL)		- <b>*</b>	<u> </u>					Flex Earl	and

# **EVERPORT TERMINAL SERVICES (524)**

Work Date: 8/22/25

Ver Alc# Shin Name	Start Time	Berth	Туре	Received Date/Time	Tags	Mod Tota Status Job
Shift: I						
EVERPORT TERMINAL SEI	RVICES (524)					
DOCK WORK	8/22/25 7:00AM	TI 233	EO	8/21/25 12: <b>57</b> PM	LA	N 14
7DS IDA 2CT/6:30 4ST/6:30 (TONY D)						Flex and Early
DOCK WORK RAILS	8/22/25 7:00AM	TI 233	ЕО	8/21/25 12:58 <b>PM</b>	LA	N 11
3DA 5UTR 3ST/6:30 (TONY D)	•					Flex and Early

# 8/21/23 21. 2025 5:23PM

# AVERAGE REPORT For Day Shift

	8/15/202	8/16/202	8/17/202	8/18/202	8/19/202	8/20/202	8/21/202
	Fri	Sat	Sun	Mon	Tue	Wed	Thu
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	98	106	114	121	129	134	142
Secondary	0	0	0	0	0	0	0
Hold	90	96	104	112	114	122	130
Key Hold	40	40	40	40	40	48	56
Winch	93	101	101	109	117	125	133
Jitney	78	86	90	90	98	106	114
Dock	72	80	88	96	104	104	104
Lumber	63	63	63	63	63	63	63
Carpenter	56	64	66	74	75	83	88
A-Crane	64	72	80	88	96	99	107
Swamper	56	58	58	59	67	75	79
Casual	54	58	60	63	66	71	78
B-Crane	72	76	84	92	92	100	102
A-UTR	80	88	96	104	105	113	121
B_UTR	95	103	109	115	123	131	139
Mechanics	86	94	95	97	105	113	121
TD.	82	90	97	101	108	114	122
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0