It has come to the attention of the Records Room that several individuals did not receive either one or both of their Christmas paid holidays. This was due to an issue in PMA's payroll department and every person who was eligible to receive the Christmas paid holidays and did not receive one or both holidays will receive their holiday(s) next week.

Thank you,

Local 13 Officers



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13 630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116 Health & Benefits Officer - Eddie Moncado Staff - Maria & Racheal

Benefits Bulletin #12 - 2025

# **DECEMBER 2025 BENEFITS BULLETIN**

# A message from your Benefits Officer Eddie Moncado

Brothers and Sisters.

As we begin to close out this year, I'd like to thank you all - not just being you, but for all your hard work. Here are some numbers:

- Port of Los Angeles: From January through September 2025, cargo volume is up 3%, and the third quarter was a record. It was the Port's busiest 3-month quarter on record, all because of my Brothers' and Sisters' hard work.
- Port of Long Beach: from January through September 2025, cargo volume is up 6.8%, and the third quarter was the Port's second busiest quarter on record again, all because of YOU.

Thank you for your hard work! UTR drivers, thank you! CY Tops, thank you! Los Lashers, I appreciate you, Crane Operators, thank you!, Heavy Lift drivers, my hats off to you, Swingmen, Porters, Signals, Shovelers, Sweepers, KDPT's, Gearmen, Linesmen, Auto Drivers - Thank you!

To all my Brothers & Sisters on the docks doing general work; those working with soda ash, coal, cement, salt, and who knows what else; those who take clerk jobs or elevate and give the Foremen a breather, thank you! To the Mechanics that fix all our broken equipment, thank you! I appreciate ALL of you for all that HARD WORK.

Through all the elements, you continue to do a great job 24/7, 365 days a year. To all of you and your families - to our Officers, my BAs, Dispatchers, Pensioners, and our great Staff - **Happy Holidays** to you all and your loved ones. I wish you all a Merry Christmas and a Happy New Year!

# **DEPENDENT CHILD**

Dependent child: A person who:

- 1. Is identified by an Active Employee or Pensioner on the form provided by the Trustees for the enrollment of dependents (which has been filed with the Trustees): and
- 2. Falls within one of the following categories:
  - (a) A natural child of an Active Employee or Pensioner;
  - (b) A legally adopted child of an Active Employee or Pensioner;
  - (c) A stepchild or foster child of an Active Employee or Pensioner; or
  - (d) A child who maintains a parent/child relationship with an Active Employee or Pensioner if such child's natural parent is not in fact supporting that child.

In addition to the above requirements, eligibility also requires the dependent child:

- 3. (a) Has not attained 26 years of age; or
  - (b) Is, and continues to be upon attaining age 26, mentally or physically incapacitated so as to be incapable of self-sustaining employment.

Certain children for whom medical coverage is required under a Qualified Medical Child Support Order may not satisfy the definition of a Dependent Child in its entirety but are required to satisfy the age requirement.

The Trustees will require a birth certificate or other documents to establish Dependent Child status. Please call the Benefit Plans in San Francisco at (415) 673-8500 for additional information.

## WHEN YOU REACH AGE 65

Coastwise Indemnity Plan hospital, medical and surgical benefits are integrated with Medicare coverage. Pensioners and/or survivors and their dependent(s) must, if eligible, enroll in Part B of Medicare to maintain their eligibility for Coastwise Indemnity Plan hospital, medical and surgical benefits. Pensioners and/or survivors who permanently reside outside the United States and do not intend to return to obtain medical care in the United States are not required to enroll in Medicare (since Medicare benefits are not available out of the country) and are therefore not reimbursed for Medicare Part B premiums.

Under federal law, Active Employees and their dependents who are eligible for Medicare continue to have primary coverage under the Welfare Plan. Therefore, Active Employees are not required to enroll in Medicare Part B even when eligible to do so. Upon retirement, such employees will be required to enroll in Medicare Part B and will be advised by the Benefit Plans Office regarding enrollment procedures.

## Exception to Medicare Enrollment

Persons requiring kidney dialysis become eligible for Medicare after the third full month of dialysis treatment for end-stage renal disease, or the first of the month upon receiving a kidney transplant. Kidney dialysis patients and/or kidney transplant patients must maintain enrollment in Medicare Part B to retain eligibility for Coastwise Indemnity Plan Supplemental Benefits.

Kidney dialysis patients and kidney transplant patients should notify the BPO of their enrollment status.

#### Medicare Part D

The prescription drug benefits provided under the Welfare Plan constitute creditable coverage for Medicare Part D. Therefore, as long as you are covered under the Welfare Plan, there is no need to enroll in Medicare Part D.

### HEALTH TIP

Times can get challenging, especially during the holiday season. "It's okay to <u>not</u> be okay". Asking for help is a sign of strength, not weakness. Resources are available through:

- LYRA (833) 597-2295 or visit <a href="https://benefitplans.lyrahealth.com">https://benefitplans.lyrahealth.com</a>
- Kaiser Permanente (800) 579-4848 & (800) 900-3277
- 988 Suicide & Crisis Hotline

#### 401(k) Fidelity

- IRS announced higher 401(k) contribution limits for 2026
- Beginning in 2026, employees can defer \$24,500 into workplace plans, up from \$23,500 in 2025.
- Only 14% of participants maxed out 401(k) plans in 2024, according to Vanguard's 2025 How America Saves report

## <u>ANNOUNCEMENT</u>

For your convenience, a representative from the *ILWU Credit Union* will be available in the lobby of Local 13 office, Tuesday, January 6, 2026, from 9:00 a.m. to 11:30 a.m.

## ADA JPLRC

(Americans with Disability Act Labor Relations Committee (ADA LRC))

If you have been cited to appear, or if you would like to revise your existing accommodation(s), please plan to attend meetings, which are scheduled for the first and third Tuesdays of each month at Local 13 unless otherwise noted.

In Solidarity,

Eddie Moncado #131390
"The world needs less machinery and more humanity"
Local 13 Health &Benefits Officer



# Job Forecast Report

WorkDate: 1/4/2026

Shift: Day

1/3/2026 3:15:33PM

Gangs	Shorted	Early	MO	EO	MRO	RO	LM	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	1	0	0	0	0	1
D4	0	0	0	0	0	0	0	0
	0	0	1	0	0	0	0	1

Boards	Shorted	Early	MO	EO	MRO	RO	$\mathbf{L}\mathbf{M}$	Total
Hold	0	241	226	0	79	0	0	546
Crane	0	0	3	0	0	0	• 0	3
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	1	4	0	0	0	0	5
Key Hold	0	12	7	0	Ó	0	0	19
Jitney	0	64	16	0	0	0	0	80
UTR	0	<b>4</b> 7	160	11	233	0	0	451
CY	0	4	52	0	4	0	0	60
Lumber	0	0	0	0	0	0	0	0
Carpenter	0	0	0	0	0	0	0	0
Swamper	0	12	9	0	5	0	0	26
Casual	0	0	2	0	0	0	0	2
Dock	0	129	5	3	1	0	0	138
Mechanics	0	0	0	0	0	0	0	0
Gear	0	5	0	1	0	0	0	6
	0	515	484	15	322	0	0	1,336

Number of flops (UTR - UTRWork = Flops): 160

SUN DAY FINAL 47 13 10

Jan. 3. 2026 4:00 PM

# Gangs Dispatched

No. 1726 P. 5/13 1/3/2026 3:15:38PM

Gang	Type	Workdate	Shift	Company	Ship	Berth
77	S-4112	1/4/2026 8:00:00AM	1	SSA	BBC ODESA	LB 205

<sub>1/3</sub>Jan. 3.2026 4:00PM

Allocation List for: 1/4/26

**Shift:** *Day* No. 1726 P. 6/13

Alc. #	Start Ti <u>m</u> e	Order Type	Ship Name	Company	Berth	Tags	
I Cancel		MRÖ	ONE HENRY HUDSON	YTI	TI 212	LA	
2	8:00AM	MRO	MSC MARIACRISTINA 1ST/7:30	TTI			****
3	8:00AM 11S 1DS	MRO S 31UTR	HMM TOPAZ 3ST/7:30	TTI	LB 140	LA	
4		MRO	HMM MIR	ITS			
			YM MILESTONE	TP	136	LA	
	7:00AM		EVER FORWARD	APM	TI 400	LA	
					E	urly Dispatch	·
7		MRO TR 4UTR		ETS			
8	1S		COLORADO EXPRESS	APM	TI 400	LA	
					Ė	ırly Dispatch	
9	8:00AM 5 <b>S IDS</b>	MRO	PRESIDENT REAGAN	FMS	TI 304	LA	
10		MRO T <b>R 3UTR</b>		SSA			
			GERDA MAERSK	APM	TI 400	LA	
						rly Dispatch	<b>-</b>
12	8:00AM <i>9S 1KD1</i>	P	XIN FEI ZHOU		LB 22	LA	
	8:00AM 9S 17UT	MRO T <b>R</b>	YM UTILITY	PA	100	LA	
		MRO	WAN HAI A05	YTI	TI 214	LA	********

Alc. #	Jan. 3.202 <b>Time</b>	16 <b>0</b> 4:00P <b>Type</b>	<sup>M</sup> Ship Name	Company	Berth	No. 1726 P. 7/13
15		MRO	HMM PERIDOT	ITS	LB 232	LA
I6	8:00AM 3S 1DS		MSC BIANCA SILVIA	TTI	LB 140	LA
17	7:00AM <b>28S 2D</b>	MO <i>40P/7:00</i>	CARNIVAL FIRENZE 6HL 22CLW	MET	LB H4	FR PA
t 8	7.00ZXXI	IVIC/	NAVIGATOR OF THE SEAS	ra .	3F 73	FRIA
 19			NORWEGIAN BLISS 0 6HL 12CL	PA	SP 92	Flex and Early FR PA
20 Cance	7:00 <b>AM</b>		ÔNE ḤENRY HUDSON	YTI	TI 212	Flex and Early  LA
21		MO	LADY ANNE			Flex and Early SH-All Comd
22	7:00AM <i>IDS</i>	МО	MSC MARIACRISTINA	ŢŢĬ		
:3	8:00AM 14SL	MO	MSC MARIACRISTINA	TTI	LB 140	Flex and Early LA
4 Cance	7:00AM Iled	МО	HMM TOPAZ	TTI	LB 140	LA
						Flex and Early
25			HMM TOPAZ T/7:30	TTI	LB 140	LA
26 Cancel	7:00AM Iled	МО		ITS		LA
4-4		<i></i>	**			Flex and Early
27 Cancel	8:00AM (led	MO	HMM MIR	ITS	LB 236	LA
	7:00AM		YM MILESTONE	TP	136	
						Flex and Early
29 Cancel		MO	YM MILESTONE	TP	136	LA

	Time	Type	Ship Name	Company	Berth	No. 1726 P. 8/13	
	7:00AM		EVER FORWARD	АРМ	TI 400	LA	
					F	lex and Early	
31	8:00AM <i>IS</i>	МО		APM	TI 400	LA.	
32	8:00AM <b>20SL</b>	MO	EVER MAGUS	ETS	TI 227		
33	7:00AM 10SL	MO	COLORADO EXPRESS	APM	TI 400		
			<b>,</b>		F	lex and Early	
34	8:00AM <i>IS</i>	МО		APM	TI 400	LA	
35 Cance		МО	PRESIDENT REAGAN	FMS	TI 304	LA	
					F	Tlex and Early	
36	8:00AM <b>16SL</b>	МО	PRESIDENT REAGAN	FMS	TI 304	LA	
37 Cance		MO	CSCL EAST CHINA SEA	SSA			
38	7:00AM <b>4S 1KD</b>		GERDA MAERSK	APM	TI 400		
					F 400	lex and Early	
39 Cance				APM			
40		MŌ	XIN FEI ZHOU	LBCT	LB 22	LA	•
					<i>F</i>	lex and Early	
41 Cance	elleð		YM UTILITÝ	PA	100	LA	
 42			 WAN HAI A05	YTI	TI 214	LA	
	8S 2DS	1HH/7:	30 16UTR 3ST/7:30				
 43 Сапсе	7:00AM	МО	HMM PERIDOT	ITS	LB 232	LA	
					<i>F</i>	lex and Early	
44		MO	HMM PERIDOT	ITS	LB 232	LA	

,

Alc. #	Jan. 3.2026 <b>0</b> 4:01P <b>Time Type</b>	<sup>M</sup> Ship Name	Company	Berth	No. 1726 P. 9/13
15 Cane	7:00AM MO elled	MSC BIANCA SILVIA		LB 140	
	8:00AM MO	MSC BIANCA SILVIA	TTI		
			*****		
47	8:00AM MO 2S 2D 4HL	BBC ODESA	SSA	LB 205 *77*	
	8:00AM MO	ATHENS HIGHWAY  3DS 2HT 1DWD 8CLW		LB 83	
49 <b>Canc</b>	8:00AM MO elled	MAHO CORAL		LB 205	
50	7:00AM MO <b>4S 26SL 2DS IH</b>			LB 245	
				Fle	ex and Early
51	8:00AM MO 14S 1DS 23UTR		SSA	LB 245	LA
52	7:00AM MO 14S 30SL 7DS 7	CMA CGM ARCTIC	FMS	TI 302	
				Fle	x and Early
53	8:00AM MO 2S 29UTR 18ST/	·	FMS	TI 302	LA
54	7:00AM MO <b>8SL 1DS 1DWD</b>		SSA	LB 270	LA
				Fle	x and Early
55	8:00AM MO 12S 2DS 23UTR	MAERSK OLYMPIC 2UTRS 9ST/7:30	SSA	<u>L</u> B 270	
i6	7:00AM MO 20S 28SL 6KDP			TI 400	LA
		CIEDTOIN MARROW		Fle	x and Early
i7	8:00AM MO <i>IS</i>	GJERTRUD MAERSK	APM	TI 400	LA
8	7:00AM MO 26SL 1DS 1HL 1	NYK VENUS		TI 218	
				Fle	x and Early
59	8:00AM MO <i>12S 2DS 23UTR</i>	NYK VENUS		TI 218	LA

<b>Alc.</b> #	an. 3.2026 <b>C</b> <b>Time T</b>	4:01PM <b>Type</b>	Ship Name	Company	Berth	No. 1726 P. 10/13
60 Cancel		ИO	EVER MAGUS	ETS	TI 227	LA
61 Cancel		40	PRESIDENT REAGAN	FMS	TI 304	LA
62	8:00AM N 2KH 28SL		ATHENS HIGHWAY ICLW	SSA	LB 83	LA AU
63	8:00AM M 12S 27UT		CMA CGM ARCTIC	FMS	TI 302	LA
64	8:00AM M 4SL	10	XIN FEI ZHOU	LBCT	LB 22	LA

Type Of Orders: Extra Order

Work Date: 1/4/26

Ver Alc# Ship Name	Sta: <u>Tin</u>		Berth	Type Received Date/Time		Tags	Mod Status		
Shift: 1									
STEVE. SERV. OF AMER (502)									
DOCK WORK RAILS	1/4/26	7:00AM	LB 245	EO	1/3/26	1:05PM	LA	N	4
3DA IUTR (AL)				·			***	Flex Ear	c and ly
DOCK WORK	1/4/26	8:00AM	LB 94	ЕО	1/3/26	1:06PM	LA	N	1
IGAT (AL)									
METROPOLITAN STEV. CO. (50	131								
DOCK WORK	1/4/26	7:00AM	LB 215	EO	1/3/26	1:23PM	SH-All Comd	N	1
IDSW (TONY D)		***					****	Flex Ear	c and ly
YUSEN TERMINALS INC. (504)									
DOCK WORK RAILS	1/4/26	7:00AM	TI 214	ΕÓ	1/3/26	1:41PM	LA	N	8
2DA 6UTR (AL)								Flex Ear	c and ly
PORTSAMERICA (505)									
DOCK WORK RAILS	1/4/26	8:00AM	126	EO	1/3/26	1:20 <b>PM</b>	ĽA	N	14
3DA 11UTR (AL)									
DOCK WORK	1/4/26	7:00AM	SP 93	EO	1/3/26	1:21PM	ĹA	N	2
IDMSW IGAT (AL)					,			Fles Ear	c and ly
TTI (507)									
DOCK WORK RAILS	1/4/26	7:00AM	LB 140	EO	1/3/26	1:21PM	LA	N	I
1DA (AL)								Fles Ear	c and ly
DOCK WORK	1/4/26	7:00 <b>AM</b>	LB 140	EO	1/3/26	1:22PM	LA	N	2
2GAT (AL)								Fles Ear	x and ly

Type Of Orders: Extra Order

Work Date: 1/4/26

Ver Alc# Ship Name	Start Time	Berth	Туре	Received Date/Time	Tags	Mod Tota Status Joh
Shift: I						
ITS (508)						
STEADY REQ-134658,HUNT,R	1/4/26 7:00AM	LB 236	EO	1/3/26 1:24PM	LA	N 1
1ST/6:30						Flex and
(AL)		•••				Early
FENIX MARINE SERVICES (510	)					
DOCK WORK RAILS	1/4/26 7:00AM	TI 302	EO	1/3/26 1:50PM	LA	N 1
IUTR						Flex and
(AL)						Early
LONG BEACH CONT. TER. (512)	1					
DOCK WORK RAILS	1/4/26 7:00AM	LB 24	EO	1/3/26 1:26PM	LA	N 13
IKDA 12UTR (AL)	22-22-4-2					Flex and Early
APM TERMINALS (515)						
DOCK WORK	1/4/26 7:00AM	TI 400	ĒΟ	1/3/26 1:09PM	LA	N 6
1DA 2UTR IST/6:30 2GAT (AL)						Flex and Early
DOCK WORK RAILS	1/4/26 7:00AM	TI 400	EO	1/3/26 1:10PM	LA	N 2
2KDA (AL)						Flex and Early
EVERPORT TERMINAL SERVICE	CES (524)					
DOCK WORK	1/4/26 7:00AM	TI 233	EO	1/3/26 1:28PM	LA	N 3
3UTR (TONY D)		·				Flex and Early
	1/4/26 7:00AM					N 10
3DA 7UTR (TONY D)						Flex and Early
PACIFIC TERMINAL SERVICES	CO. (525)					
DOCK WORK	1/4/26 7:00AM	LB 108	EO	1/3/26 1:33PM	LA	N 3
1UTR 2ST/6:30 (AL)						Flex and Early

# AVERAGE REPORT For Day Shift

	12/28/20	12/29/20	12/30/20	12/31/20	1/1/2026	1/2/2026	1/3/2026
·	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	194	202	210	213	221	229	8
Secondary	168	176	184	184	192	196	6
Hold	166	174	182	190	192	194	8
Key Hold	111	119	127	135	135	143	8
Winch	167	171	179	187	194	197	8
Jitney	142	150	153	161	169	169	0
Dock	143	147	155	163	171	179	0
Lumber	124	132	140	148	148	148	8
Carpenter	151	151	151	159	159	159	0
A-Crane	152	154	154	162	167	167	0
Swamper	137	143	143	151	151	155	0
Casual	110	110	112	120	120	120	0
B-Crane	172	172	172	179	179	182	8
A-UTR	169	169	177	185	193	195	0
B_UTR	178	182	190	198	202	203	8
Mechanics	174	182	190	198	202	202	8
В	156	160	166	172	174	174	8
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0