



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13
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 Health & Benefits Officer - Eddie Moncado
 Staff - Marla & Racheal

Benefits Bulletin #12 - 2025

DECEMBER 2025 BENEFITS BULLETIN

A message from your Benefits Officer Eddie Moncado

Brothers and Sisters,

As we begin to close out this year, I'd like to thank you all - not just being you, but for all your hard work. Here are some numbers:

- **Port of Los Angeles:** From January through September 2025, cargo volume is up 3%, and the third quarter was a record. It was the Port's busiest 3-month quarter on record, all because of my Brothers' and Sisters' hard work.
- **Port of Long Beach:** from January through September 2025, cargo volume is up 6.8%, and the third quarter was the Port's second busiest quarter on record - again, all because of **YOU**.

Thank you for your hard work! UTR drivers, thank you! CY Tops, thank you! Los Lashers, I appreciate you, Crane Operators, thank you!, Heavy Lift drivers, my hats off to you, Swingmen, Porters, Signals, Shovelers, Sweepers, KDPT's, Gearmen, Linesmen, Auto Drivers - Thank you!

To all my Brothers & Sisters on the docks doing general work; those working with soda ash, coal, cement, salt, and who knows what else; those who take clerk jobs or elevate and give the Foremen a breather, thank you! To the Mechanics that fix all our broken equipment, thank you! I appreciate ALL of you for all that HARD WORK.

Through all the elements, you continue to do a great job 24/7, 365 days a year. To all of you and your families - to our Officers, my BAs, Dispatchers, Pensioners, and our great Staff - **Happy Holidays** to you all and your loved ones. I wish you all a Merry Christmas and a Happy New Year!

DEPENDENT CHILD

Dependent child: A person who:

1. Is identified by an Active Employee or Pensioner on the form provided by the Trustees for the enrollment of dependents (which has been filed with the Trustees); and
2. Falls within one of the following categories:
 - (a) A natural child of an Active Employee or Pensioner;
 - (b) A legally adopted child of an Active Employee or Pensioner;
 - (c) A stepchild or foster child of an Active Employee or Pensioner; or
 - (d) A child who maintains a parent/child relationship with an Active Employee or Pensioner if such child's natural parent is not in fact supporting that child.

In addition to the above requirements, eligibility also requires the dependent child:

3. (a) Has not attained 26 years of age; or
- (b) Is, and continues to be upon attaining age 26, mentally or physically incapacitated so as to be incapable of self-sustaining employment.

Certain children for whom medical coverage is required under a Qualified Medical Child Support Order may not satisfy the definition of a Dependent Child in its entirety but are required to satisfy the age requirement.

The Trustees will require a birth certificate or other documents to establish Dependent Child status. Please call the Benefit Plans in San Francisco at (415) 673-8500 for additional information.

(Over)

WHEN YOU REACH AGE 65

Coastwise Indemnity Plan hospital, medical and surgical benefits are integrated with Medicare coverage. Pensioners and/or survivors and their dependent(s) must, if eligible, enroll in Part B of Medicare to maintain their eligibility for Coastwise Indemnity Plan hospital, medical and surgical benefits. Pensioners and/or survivors who permanently reside outside the United States and do not intend to return to obtain medical care in the United States are not required to enroll in Medicare (since Medicare benefits are not available out of the country) and are therefore not reimbursed for Medicare Part B premiums.

Under federal law, Active Employees and their dependents who are eligible for Medicare continue to have primary coverage under the Welfare Plan. Therefore, Active Employees are not required to enroll in Medicare Part B even when eligible to do so. Upon retirement, such employees will be required to enroll in Medicare Part B and will be advised by the Benefit Plans Office regarding enrollment procedures.

Exception to Medicare Enrollment

Persons requiring kidney dialysis become eligible for Medicare after the third full month of dialysis treatment for end-stage renal disease, or the first of the month upon receiving a kidney transplant. Kidney dialysis patients and/or kidney transplant patients must maintain enrollment in Medicare Part B to retain eligibility for Coastwise Indemnity Plan Supplemental Benefits.

Kidney dialysis patients and kidney transplant patients should notify the BPO of their enrollment status.

Medicare Part D

The prescription drug benefits provided under the Welfare Plan constitute creditable coverage for Medicare Part D. **Therefore, as long as you are covered under the Welfare Plan, there is no need to enroll in Medicare Part D.**

HEALTH TIP

Times can get challenging, especially during the holiday season. "It's okay to *not* be okay". Asking for help is a sign of strength, not weakness. Resources are available through:

- LYRA (833) 597-2295 or visit <https://benefitplans.lyrahealth.com>
- Kaiser Permanente (800) 579-4848 & (800) 900-3277
- 988 Suicide & Crisis Hotline

401(k) Fidelity

- IRS announced higher 401(k) contribution limits for 2026
- Beginning in 2026, employees can defer \$24,500 into workplace plans, up from \$23,500 in 2025.
- Only 14% of participants maxed out 401(k) plans in 2024, according to Vanguard's 2025 *How America Saves* report

ANNOUNCEMENT

For your convenience, a representative from the *ILWU Credit Union* will be available in the lobby of Local 13 office, **Tuesday, January 6, 2026, from 9:00 a.m. to 11:30 a.m.**

ADA JPLRC

(Americans with Disability Act Labor Relations Committee (ADA LRC))

If you have been cited to appear, or if you would like to revise your existing accommodation(s), please plan to attend meetings, which are scheduled for the **first and third Tuesdays** of each month at Local 13 unless otherwise noted.

In Solidarity,

Eddie Moncado #131390

"The world needs less machinery and more humanity"

Local 13 Health & Benefits Officer



Job Forecast Report

WorkDate: 12/29/2025

Shift: Night

12/29/2025 10:27:30AM

Gangs	Shorted	Early	MO	EO	MRO	RO	LM	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	0	0	0	0	0	0
D4	0	0	0	0	0	0	0	0
	0	0	0	0	0	0	0	0

Boards	Shorted	Early	MO	EO	MRO	RO	LM	Total
Hold	0	103	210	0	0	0	0	313
Crane	0	0	1	0	0	0	0	1
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	0	0	0	0	0	0	0
UTR	0	5	148	0	83	0	0	236
CY	0	0	44	0	0	0	0	44
Jitney	0	1	3	0	0	0	0	4
Swamper	0	6	19	0	2	0	0	27
Casual	0	0	0	0	0	0	0	0
Dock	0	4	4	0	2	0	0	10
Mechanics	0	0	0	0	0	0	0	0
Gear	0	0	0	0	0	0	0	0
Carpenter	0	0	0	0	0	0	0	0
	0	119	429	0	87	0	0	635

Number of flops (UTR - UTRWork = Flops):

Monday
Night
12-29-25

Early

S	P
38	
55	
99	
111	

Alc. #	Start Time	Order Type	Ship Name	Company	Berth	Tags
1	6:00PM 25UTR	MRO	WAN HAI A01	YTI	TI 214	LA
2	6:00PM 17UTR 3UTRS	MRO	CSCL SUMMER	SSA	LB 266	LA
3	6:00PM 13UTR 2UTRS	MRO	CSCL SOUTH CHINA SEA	SSA	LB 245	LA
4	6:00PM 1UTRS	MRO	EVER MAGIC	ETS	TI 227	LA
5	5:00PM 1KDP	MRO	GEORG MAERSK	APM	TI 400	LA
6	6:00PM 1UTR	MRO	MSC BETTINA	TTI	LB 140	LA
7	6:00PM 1UTR	MRO	MSC MARIACRISTINA	TTI	LB 140	LA
8	5:00PM 1KDP	MRO	GUNHILDE MAERSK	APM	TI 400	LA
9	6:00PM 2DS 20UTR	MRO	ONE HANGZHOU BAY	YTI	TI 218	LA
10	5:00PM 2SL	MO	ONE HENRY HUDSON	YTI	TI 212	LA
11	6:00PM 4S 1DS 1HL 3UTR 2ST/5:30	MO	ONE HENRY HUDSON	YTI	TI 212	LA
12	6:00PM 1CDAB/5:30 1PLMD	MO	LADY ANNE	MET	LB 212	SH-All Comd
13	6:00PM 16SL	MO	CSCL SUMMER	SSA	LB 266	LA
14	6:00PM 18SL	MO	CSCL SOUTH CHINA SEA	SSA	LB 245	LA

Dec. 29, 2025 11:38AM				No. 1564 P. 5/14		
Alc. #	Time	Type	Ship Name	Company	Berth	Lags
15	6:00PM 4S 18SL 1DS 7UTR 1UTRS	MO	EVER MAGIC	ETS	TI 227	LA
16	5:00PM 14SL	MO	GEORG MAERSK	APM	TI 400	LA
17	6:00PM 3S	MO	GEORG MAERSK	APM	TI 400	LA
18	5:00PM 1DS	MO	MSC BETTINA	TTI	LB 140	LA
19	6:00PM 4SL	MO	MSC BETTINA	TTI	LB 140	LA
20	6:00PM 4S 26SL 2KDP	MO	COSCO BELGIUM	LBCT	LB 26	LA
21	5:00PM 1S	MO	OOCL VIOLET	LBCT	LB 24	LA
22	5:00PM 1DS	MO	MSC MARIACRISTINA	TTI	LB 140	LA
23	6:00PM 4SL	MO	MSC MARIACRISTINA	TTI	LB 140	LA
24	6:00PM 4S 1DS 7UTR 1UTRS	MO	MATSONIA	SSA	LB 60	LA RO
25	5:00PM 2S	MO	GUNHILDE MAERSK	APM	TI 400	LA
26	6:00PM 3S	MO	GUNHILDE MAERSK	APM	TI 400	LA
27	6:00PM 4S 1DS 8UTR 2ST/5:30	MO	ONE HANGZHOU BAY	YTI	TI 218	LA
28	5:00PM 1DS	MO	HMM TOPAZ	TTI	LB 140	LA
29	6:00PM 12S 2DS 27UTR 8ST/5:30	MO	HMM TOPAZ	TTI	LB 140	LA

30	6:00PM	MO	MATSON MAUI	SSA	LB 94	LA
12S 12SL 3DS 1HL 21UTR 3UTRS 8ST/5:30						
31	5:00PM	MO	HMM MIR	ITS	LB 236	LA
2S 22SL 1DS 1UTRS						
<i>Flex and Early</i>						
32	6:00PM	MO	HMM MIR	ITS	LB 236	LA
14S 3DS 32UTR 10ST/5:30						
33	5:00PM	MO	SM YANTIAN	SSA	LB 96	LA
6S 24SL 1DS 1HL 1UTRS						
<i>Flex and Early</i>						
34	6:00PM	MO	SM YANTIAN	SSA	LB 96	LA
16S 3DS 28UTR 3UTRS 12ST/5:30						
35	5:00PM	MO	ANL WARRNAMBOOL	LBCT	LB 22	LA
4S 10SL 4KDP 2UTRS						
<i>Flex and Early</i>						
36	6:00PM	MO	ANL WARRNAMBOOL	LBCT	LB 22	LA
14S 2KDP						
37	5:00PM	MO	NYK RIGEL	TP	136	LA
2S 14SL 1DS 1UTR						
<i>Flex and Early</i>						
38	6:00PM	MO	NYK RIGEL	TP	136	LA
14S 3DS						
39	6:00PM	MO	HMM MIR	ITS	LB 236	LA
4S 1DS 7UTR 2ST/5:30						

AVERAGE REPORT
For Night Shift

	12/22/20	12/23/20	12/24/20	12/25/20	12/26/20	12/27/20	12/28/20
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	151	159	167	171	171	179	185
Secondary	168	176	176	176	184	192	193
Hold	128	136	137	137	145	145	153
Dock	104	112	120	126	133	133	133
Jitney	109	117	125	133	136	144	150
Winch	96	103	111	113	121	129	137
Carpenter	106	114	122	130	135	135	135
A-Crane	121	123	131	132	132	137	137
Casual	81	89	97	98	99	99	102
Swamper	80	86	86	88	96	96	96
B-Crane	129	137	145	148	151	159	167
A-UTR	125	133	141	141	141	143	151
B_UTR	139	147	154	154	158	166	174
Mechanics	124	132	132	132	140	147	155
Night ID	124	132	137	138	138	146	154
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0

Job Forecast Report

WorkDate: 12/30/2025

Shift: Day

12/29/2025 10:27:52AM

Gangs	Shorted	Early	MO	EO	MRO	RO	LM	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	0	0	0	0	0	0
D4	0	0	0	0	0	0	0	0
	0	0	0	0	0	0	0	0

Boards	Shorted	Early	MO	EO	MRO	RO	LM	Total
Hold	0	191	352	0	2	0	0	545
Crane	0	0	1	0	0	0	0	1
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	1	6	0	0	0	0	7
Key Hold	0	12	11	0	0	0	0	23
Jitney	0	56	23	0	0	0	0	79
UTR	0	15	327	0	6	0	0	348
CY	0	0	82	0	0	0	0	82
Lumber	0	0	0	0	0	0	0	0
Carpenter	0	0	0	0	0	0	0	0
Swamper	0	11	34	0	0	0	0	45
Casual	0	0	0	0	0	0	0	0
Dock	0	111	17	0	0	0	0	128
Mechanics	0	0	0	0	0	0	0	0
Gear	0	0	0	0	0	0	0	0
	0	397	853	0	8	0	0	1,258

Number of flops (UTR - UTRWork = Flops):

Tuesday
Dayside
12-30-25

~~*Early*~~

S	D
77	
47	
13	
10	

Alc. #	Start Time	Order Type	Ship Name	Company	Berth	Tags
1	8:00AM <i>1UTR</i>	MRO	ONE HENRY HUDSON	YTI	TI 212	LA
2	8:00AM <i>1UTR</i>	MRO	WAN HAI A01	YTI	TI 214	LA
3	7:00AM <i>IS</i>	MRO	GEORG MAERSK	APM	TI 400	LA
4	8:00AM <i>1UTR</i>	MRO	MSC BETTINA	TTI	LB 140	LA
5	8:00AM <i>IS</i>	MRO	OOCL VIOLET	LBCT	LB 24	LA
6	8:00AM <i>1UTR</i>	MRO	MSC MARIACRISTINA	TTI	LB 140	LA
7	7:00AM <i>IS</i>	MRO	GUNHILDE MAERSK	APM	TI 400	LA
8	8:00AM <i>1UTR</i>	MRO	ONE HANGZHOU BAY	YTI	TI 218	LA
9	8:00AM <i>1UTR</i>	MRO	HMM TOPAZ	TTI	LB 140	LA
10	7:00AM <i>28S 1D 40P/7:00 4HL 18CLW</i>	MO	CARNIVAL FIRENZE	MET	LB H4	FR PA
11	7:00AM <i>6KH 12S 27P/7:00 6HL 10CL</i>	MO	EMERALD PRINCESS	PA	SP 93	FR PA
12	7:00AM <i>6KH 15S 35P/7:00 6HL 10CL</i>	MO	QUANTUM OF THE SEAS	PA	SP 92	FR PA
13	8:00AM <i>10P/8:00</i>	MO	QUANTUM OF THE SEAS	PA	SP 92	FR PA
14	7:00AM <i>4SL</i>	MO	ONE HENRY HUDSON	YTI	TI 212	LA

Flex and Early

Dec. 29, 2025 11:40AM

No. 1564 P. 10/14

Alc. #	Time	Type	Ship Name	Company	Berth	Tags
15	8:00AM	MO	LADY ANNE <i>1CDAB/7:30 1PLMD</i>	MET	LB 212	SH-All Comd
16	8:00AM	MO	WAN HAI A01 <i>12SL</i>	YTI	TI 214	LA
17	7:00AM	MO	GEORG MAERSK <i>1S</i>	APM	TI 400	LA
18	8:00AM	MO	GEORG MAERSK <i>12SL</i>	APM	TI 400	LA
19	7:00AM	MO	MSC BETTINA <i>1DS</i>	TTI	LB 140	LA
20	8:00AM	MO	MSC BETTINA <i>4SL</i>	TTI	LB 140	LA
21	7:00AM	MO	COSCO BELGIUM <i>12SL 1DS 1HL 1UTRS</i>	SSA	LB 266	LA
22	8:00AM	MO	COSCO BELGIUM <i>15S 2DS 24UTR 2UTRS 12ST/7:30</i>	SSA	LB 266	LA
23	7:00AM	MO	OOCL VIOLET <i>1KDP</i>	LBCT	LB 24	LA
24	7:00AM	MO	MSC MARIACRISTINA <i>1DS</i>	TTI	LB 140	LA
25	8:00AM	MO	MSC MARIACRISTINA <i>4SL</i>	TTI	LB 140	LA
26	7:00AM	MO	MATSONIA <i>2SL&D</i>	SSA	LB 60	LA RO
27	8:00AM	MO	MATSONIA <i>4KH 8S 20SL&D 8SL 3DS 3HLW 1HL 4CLW 14UTR 1UTRW 2UTRS</i>	SSA	LB 60	LA RO
28	7:00AM	MO	GUNHILDE MAERSK <i>1S</i>	APM	TI 400	LA
29	8:00AM	MO	GUNHILDE MAERSK <i>1S</i>	APM	TI 400	LA

Dec. 29, 2025 11:40AM				No. 1564 P. 11/14		
Alc. #	Time	Type	Ship Name	Company	Berth	Tags
30	8:00AM	MO	ONE HANGZHOU BAY 4S 1DS 8UTR 2ST/7:30	YTI	TI 218	LA
31	7:00AM	MO	HMM TOPAZ IDS	TTI	LB 140	LA
<i>Flex and Early</i>						
32	8:00AM	MO	HMM TOPAZ 4SL	TTI	LB 140	LA
33	7:00AM	MO	HMM MIR 1UTRS	ITS	LB 236	LA
<i>Flex and Early</i>						
34	8:00AM	MO	HMM MIR 16S 4DS 32UTR 10ST/7:30	ITS	LB 236	LA
35	8:00AM	MO	SM YANTIAN 20S 4DS 1HL 28UTR 4UTRS 12ST/7:30	SSA	LB 96	LA
36	7:00AM	MO	ANL WARRNAMBOOL 2S 2KDP 2UTRS	LBCT	LB 22	LA
<i>Flex and Early</i>						
37	8:00AM	MO	ANL WARRNAMBOOL 8S 1KDP	LBCT	LB 22	LA
38	7:00AM	MO	NYK RIGEL IS	TP	136	LA
<i>Flex and Early</i>						
39	8:00AM	MO	NYK RIGEL IS	TP	136	LA
40	8:00AM	MO	TRITON HIGHWAY 4KH 56SD 14SL 3DS 2HT 1DWD 8CLW	SSA	LB 83	LA AU
41	7:00AM	MO	CMA CGM TARPON 2S 12SL 1DS 1UTR	FMS	TI 304	LA
<i>Flex and Early</i>						
42	8:00AM	MO	CMA CGM TARPON 16S 4DS 36UTR	FMS	TI 304	LA
43	7:00AM	MO	YM MILESTONE IS	TP	136	LA
<i>Flex and Early</i>						
44	8:00AM	MO	YM MILESTONE IDS	TP	136	LA

Dec. 29, 2025 11:40AM				No. 1564 P. 12/14		
Alc. #	Time	Type	Ship Name	Company	Berth	Tags
45	7:00AM	MO	EVER FORWARD 16S 12SL 5KDP 2UTRS	APM	TI 400	LA
<i>Flex and Early</i>						
46	8:00AM	MO	EVER FORWARD 1S	APM	TI 400	LA
47	7:00AM	MO	DANUBE 2S 20SL 1DS 1UTRS	ITS	LB 236	LA
<i>Flex and Early</i>						
48	8:00AM	MO	DANUBE 14S 3DS 32UTR 10ST/7:30	ITS	LB 232	LA
49	7:00AM	MO	MSC CALAIS 2S 2SL 1DS 2UTR	PA	102	LA
<i>Flex and Early</i>						
50	8:00AM	MO	MSC CALAIS 10S 2DS 22UTR 6ST/7:30	PA	102	LA
51	7:00AM	MO	MARJORIE C 12SL 1DS 1DWD 1HL 1UTRW	SSA	LB 92	LA RO
<i>Flex and Early</i>						
52	8:00AM	MO	MARJORIE C 14S 2DA 2HT 8UTR 8UTRW 1UTRS 6ST/7:30	SSA	LB 92	LA RO
53	7:00AM	MO	EVER MAGUS 4S 24SL 2DS 2UTRS	ETS	TI 227	LA
<i>Flex and Early</i>						
54	8:00AM	MO	EVER MAGUS 12S 2DS 32UTR 2UTRS 10ST/7:30	ETS	TI 227	LA
55	7:00AM	MO	MSC LE HAVRE 2S 2SL 1DS 2UTR	PA	100	LA
<i>Flex and Early</i>						
56	8:00AM	MO	MSC LE HAVRE 10S 2DS 22UTR 6ST/7:30	PA	100	LA
57	8:00AM	MO	OOCL VIOLET 4S 1KDP	LBCT	LB 24	LA
58	8:00AM	MO	HMM MIR 4S 1DS 7UTR 2ST/7:30	ITS	LB 236	LA
59	8:00AM	MO	SM YANTIAN 5S 1DS 7UTR 1UTRS 3ST/7:30	SSA	LB 96	LA

Dec. 29, 2025 11:40AM

No. 1564 P. 13/14

Alc. #	Time	Type	Ship Name	Company	Berth	Tags
60	8:00AM	MO	TRITON HIGHWAY <i>3KH 37SD 1HT 5CLW</i>	SSA	LB 83	LA AU
61	8:00AM	MO	CMA CGM TARPON <i>4S 1DS 9UTR</i>	FMS	TI 304	LA
62	8:00AM	MO	DANUBE <i>4S 1DS 7UTR 2ST/7:30</i>	ITS	LB 232	LA
63	8:00AM	MO	EVER MAGUS <i>8S 2DS 16UTR 2UTRS 1ST/7:30</i>	ETS	TI 227	LA
64	8:00AM	MRO	NYK RIGEL <i>IS</i>	TP	136	LA

AVERAGE REPORT
For Day Shift

	12/23/20	12/24/20	12/25/20	12/26/20	12/27/20	12/28/20	12/29/20
	Tue	Wed	Thu	Fri	Sat	Sun	Mon
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	162	170	174	178	186	194	202
Secondary	128	136	144	152	160	168	176
Hold	145	152	152	152	158	166	174
Key Hold	95	103	103	111	111	111	119
Winch	141	149	151	151	159	167	171
Jitney	117	117	125	126	134	142	150
Dock	122	130	135	135	143	143	147
Lumber	108	108	108	108	116	124	132
Carpenter	127	135	143	143	151	151	151
A-Crane	124	124	129	137	145	152	154
Swamper	104	112	120	121	129	137	143
Casual	90	98	99	100	108	110	110
B-Crane	147	154	154	162	170	172	172
A-UTR	143	151	159	159	161	169	169
B_UTR	148	156	160	162	170	178	182
Mechanics	151	159	162	166	166	174	182
ID	132	137	140	140	148	156	160
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0