

UPLOAD YOUR DOCUMENTS

Dockworker Self-Service Portal

Visit <https://selfservice.pmanet.org> or scan the QR Code to enroll or log in.



1 Enroll in Dockworker Self-Service Portal

2 Log in to your account

Log in to your account
if you are already enrolled.

This flyer provides brief instructions for using the Dockworker Self-Service Portal to upload documents for Medical Submissions and Boot Voucher Reimbursement.

Click here to ENROLL

Click on Reports/Docs, then click on Upload Documents



Pacific Maritime Association

Payroll Training **Reports/Docs** Setup Sign-up Opps

1

Documents

2

Upload Documents

Select **Medical** as the document type.

Upload Documents

Document Type

Medical - Submissions of documents to explain failure to meet availability requirements related to YOB and 834

- Medical notes (including dental care of a family member/FMLA and Disability)
- Documentation related to death of a family member
- Supporting documentation for Vacation
- School Schedules

For any other documents related to your submission for PMA, please contact your LNU Local office.

Upload Document: Click/Tap **+ Choose** to search for the document you want to upload. On your device, navigate to the folder where the document is stored, then click on the file you want to upload. *Accepted file formats are jpeg, jpg, heic, heif and pdf.*

1. **Remarks:** Type in the remarks you want to submit with your document.
2. **Certification:** Click on the box to check-mark certification. *(Required)*
3. Click **Submit** when done.
4. You will receive an email confirming receipt of your uploaded Medical documents.

Additional Info

Upload Document

+ Choose

Click to search and choose
the file you want to upload

jpeg, jpg, heic, heif, pdf

Remarks

2 Enter remarks or comments

By submitting this request, I certify that the information and document provided is truthful and accurate to the best of my knowledge.

Click here to check-mark
this box

Submit

6. A copy of your uploaded documents are available in Reports/Docs > **Documents**

Uploaded Documents

2025

Medical (15-Apr-2025 17:40:26)

04/15/2025

Pending Review

DOCUMENT TYPE: Boot Voucher ReimbursementSelect **Boot Voucher Reimbursement** as the document type.

Boot Voucher Reimbursement - Use this option to submit a Boot Voucher Reimbursement for purchases that were made at a store other than Red Wing.

Please upload original receipt which includes proof that shoes purchased meet ASTM Safety Footwear Standards. The receipt must show the size of shoes purchased. For additional information and program guidance, please refer to the PMA website: [Safety Shoe Policy and Program](#).

1. Complete the **Required Information**.

- Date of Purchase:** Click/Tap on the Date of Purchase field, then select the date from the calendar.
- Shoe Certificate Number:** Enter/Type in the certificate number found on your Certificate.
- Shoe Size:** Enter/Type in the shoe size from your receipt.
- Purchased Amount:** Enter/Type in the amount.

Date of Purchase*

mm/dd/yyyy

April 2025						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25

2. **Upload Document:** Click/Tap **+ Choose** to search for the document you want to upload.

On your device, navigate to the folder where the document is stored, then click on the file you want to upload. **Accepted file formats are jpeg, jpg, heic, heif and pdf.**

3. **Remarks:** Type in the remarks you want to submit with your document.4. **Certification & ASTM Reimbursement:** Click to check-mark these boxes. **(Required)**5. Click **Submit** when done.

6. You will receive an email confirming receipt of your uploaded Boot Voucher Reimbursement documents.

Boot Voucher Reimbursement - Use this option to submit a Boot Voucher Reimbursement for purchases that were made at a store other than Red Wing.

Please upload original receipt which includes proof that shoes purchased meet ASTM Safety Footwear Standards. The receipt must show the size of shoes purchased. For additional information and program guidance, please refer to the PMA website: [Safety Shoe Policy and Program](#).

Required Information

Date of Purchase*

Shoe Certificate Number*

Shoe Size*

Purchased Amount*

Complete ALL Required Information

Additional Info

Upload Original Receipt*

+ Choose

Click to search and choose the file you want to upload

jpeg, jpg, heic, heif, pdf

Remarks

Enter remarks or comments

By submitting this request, I certify that the information and document provided is truthful and accurate to the best of my knowledge.

I hereby apply for reimbursement for ASTM safety protective footwear if there is a balance remaining. Once the reimbursement, a second submission can be uploaded to the portal by the end of the shoe voucher year. Please note current maximum limit is \$225 per shoe year for the purchase of safety footwear.

Click here to check-mark the box

Submit

7. A copy of your uploaded documents are available in **Reports/Docs > Documents**.

Uploaded Documents	2025	Boot Voucher Reimbursement (15-Apr-2025 18:17:43)	04/15/2025	Pending Review
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VIEWING UPLOADED DOCUMENTSClick on **Reports/Docs**, then click on **Documents**.

Click on the Uploaded Document you want to view.

Payroll Training **Reports/Docs** Setup Sign-up Opportunities

Help

Documents

Upload Documents

(1 of 5)

1 2 3 4 5 15

Category	Year	Description	Date	Status
Uploaded Documents	2025	Boot Voucher Reimbursement (15-Apr-2025 18:17:43)	04/15/2025	Pending Review
Uploaded Documents	2025	Medical (15-Apr-2025 17:46:26)	04/15/2025	Pending Review

Job Forecast Report

WorkDate: 10/15/2025

Shift: Night

10/15/2025 10:04:51AM

Gangs	Shorted	Early	MO	EO	MRO	RO	LM	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	0	0	0	0	0	0
D4	0	0	0	0	0	0	0	0
	0	0	0	0	0	0	0	0

Boards	Shorted	Early	MO	EO	MRO	RO	LM	Total
Hold	0	102	277	0	2	0	0	381
Crane	0	0	1	0	0	0	0	1
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	0	8	0	0	0	0	8
UTR	0	5	251	0	1	0	0	257
CY	0	0	34	0	0	0	0	34
Jitney	0	0	16	0	0	0	0	16
Swamper	0	11	25	0	0	0	0	36
Casual	0	0	0	0	0	0	0	0
Dock	0	12	12	0	1	0	0	25
Mechanics	0	0	0	0	0	0	0	0
Gear	0	0	0	0	0	0	0	0
Carpenter	0	0	0	0	0	0	0	0
	0	130	624	0	4	0	0	758

Number of flops (UTR - UTRWork = Flops):

Wednesday
Night side
10-15-25

Early
J

SID
111
55
38
99

Alc. #	Start Time	Order Type	Ship Name	Company	Berth	Tags
1	6:00PM 1KDP	MRO	COSCO ITALY	LBCT	LB 24	LA
2	5:00PM 1S 1KDP	MRO	HMM RUBY	APM	TI 400	LA
3	5:00PM 3S 3KDP	MRO	MAERSK ALFIRK	APM	TI 400	LA
4	6:00PM 1S	MRO	MSC OLIVIA	TTI	LB 140	LA
5	6:00PM 1UTR	MRO	EVER MAX	ETS	TI 227	LA
6	6:00PM 1S	MRO	MSC BETTINA	TTI	LB 140	LA
7	6:00PM 20SL 1UTRS	MO	COSCO ITALY	LBCT	LB 24	LA
8	5:00PM 1UTRS	MO	HMM RUBY	APM	TI 400	LA
9	6:00PM 2S 36SL	MO	HMM RUBY	APM	TI 400	LA
10	5:00PM 1DS	MO	YM WONDERLAND	ITS	LB 236	LA
11	6:00PM 12SL	MO	YM WONDERLAND	ITS	LB 236	LA
12	5:00PM 1S	MO	MAERSK ALFIRK	APM	TI 400	LA
13	6:00PM 1S	MO	MAERSK ALFIRK	APM	TI 400	LA
14	6:00PM 4SL	MO	ANL WARRNAMBOOL	LBCT	LB 22	LA

Alc. #	Time	Type	Ship Name	Company	Berth	Days
15	5:00PM 4SL	MO	MSC OLIVIA	TTI	LB 140	LA
<i>Flex and Early</i>						
16	6:00PM 4SL	MO	MSC OLIVIA	TTI	LB 140	LA
17	6:00PM 1CDAB/5:30 IPLMD	MO	SIRIUS SKY	MET	LB 212	SH-All Comd
18	5:00PM 2KDP	MO	OOCL SUNFLOWER	LBCT	LB 26	LA
<i>Flex and Early</i>						
19	6:00PM 2S	MO	OOCL SUNFLOWER	LBCT	LB 26	LA
20	5:00PM 1S	MO	COLORADO	TP	139	LA
<i>Flex and Early</i>						
21	6:00PM 6S 1DS 11UTR 2ST/5:30	MO	COLORADO	TP	139	LA
22	5:00PM 1DS	MO	MSC BETTINA	TTI	LB 140	LA
<i>Flex and Early</i>						
23	6:00PM 4SL	MO	MSC BETTINA	TTI	LB 140	LA
24	5:00PM 16SL	MO	DELAWARE EXPRESS	APM	TI 400	LA
<i>Flex and Early</i>						
25	6:00PM 1S	MO	DELAWARE EXPRESS	APM	TI 400	LA
26	5:00PM 1DS	MO	MACKENZIE	ITS	LB 232	LA
<i>Flex and Early</i>						
27	6:00PM 4S 8UTR 2ST/5:30	MO	MACKENZIE	ITS	LB 232	LA
28	5:00PM 1UTR	MO	CMA CGM FLORIDA	FMS	TI 304	LA
<i>Flex and Early</i>						
29	6:00PM 12S 3DS 27UTR	MO	CMA CGM FLORIDA	FMS	TI 304	LA

Alc. #	Time	Type	Ship Name	Company	Berth	No. 9060 1423	P. 6/14
30	5:00PM 12SL	MO	CMA CGM LEO	FMS	TI 303	LA	
Flex and Early							
31	6:00PM 16S 4DS 36UTR	MO	CMA CGM LEO	FMS	TI 303	LA	
32	6:00PM 20S 4DS 1HL 28UTR 4UTRS 12ST/5:30	MO	SM KWANGYANG	SSA	LB 96	LA	
33	5:00PM 12SL	MO	CMA CGM LAMPEROUSE	FMS	TI 302	LA	
Flex and Early							
34	6:00PM 12S 3DS 27UTR	MO	CMA CGM LAMPEROUSE	FMS	TI 302	LA	
35	5:00PM 20S 6KDP 2UTRS	MO	MAERSK ALTAIR	APM	TI 400	LA	
Flex and Early							
36	6:00PM 1S	MO	MAERSK ALTAIR	APM	TI 400	LA	
37	5:00PM 5DS	MO	ONE HELSINKI	YTI	TI 218	LA	
Flex and Early							
38	6:00PM 20S 40UTR 13ST/5:30	MO	ONE HELSINKI	YTI	TI 218	LA	
39	6:00PM 1DSW 1HT 1DWDB	MO	CSL TECUMSEH	MET	LB D 44	SH-Aggregate	
40	5:00PM 6S 26SL 3DS 1UTR	MO	ONE COMPETENCE	TP	136	LA	
Flex and Early							
41	6:00PM 14S 2DS	MO	ONE COMPETENCE	TP	136	LA	
42	6:00PM 12S 30SL 6DA 2HT 1DWD 1DWDB 14HLW	MO	PARSIFAL	SSA	LB 205	LA RO	
43	6:00PM 4S	MO	COSCO ITALY	LBCT	LB 24	LA	
44	6:00PM 12S 4KDP	MO	OOCL SUNFLOWER	LBCT	LB 26	LA	

Oct. 15. 2025

11:40AM

No. 9060 P. 7/14

Alc. #	Time	Type	Ship Name	Company	Berth	Tags
45	6:00PM	MO	EVER MAX	ETS	TI 227	LA
	4S 1DS 8UTR					
46	6:00PM	MO	MSC BETTINA	TTI	LB 140	LA
	4S 1DS 9UTR					
47	6:00PM	MO	CMA CGM FLORIDA	FMS	TI 304	LA
	4S 1DS 9UTR					
48	6:00PM	MO	CMA CGM LEO	FMS	TI 303	LA
	8S 2DS 18UTR					
49	6:00PM	MO	SM KWANGYANG	SSA	LB 96	LA
	8S 2DS 14UTR 2UTRS 5ST/5:30					
50	6:00PM	MO	CMA CGM LAMPEROUSE	FMS	TI 302	LA
	4S 1DS 9UTR					
51	3:00AM	MO	CSL TECUMSEH	MET	LB D 44	SH-Aggregate
	1DSW 1HT 1DWDB					

AVERAGE REPORT
For Night Shift

	10/8/202	10/9/202	10/10/20	10/11/20	10/12/20	10/13/20	10/14/20
	Wed	Thu	Fri	Sat	Sun	Mon	Tue
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	40	48	56	64	70	78	86
Secondary	27	35	43	51	59	67	75
Hold	33	41	45	48	49	57	65
Dock	25	33	36	36	36	44	44
Jitney	18	21	22	30	31	37	45
Winch	24	30	38	46	50	58	66
Carpenter	22	22	27	27	29	36	36
A-Crane	27	35	43	44	44	44	52
Casual	11	19	22	22	22	22	30
Swamper	18	24	24	25	25	32	32
B-Crane	37	40	48	50	50	58	66
A-UTR	37	41	49	57	58	61	69
B_UTR	38	43	50	58	65	73	78
Mechanics	34	42	42	50	50	56	64
Night ID	31	32	33	41	48	55	59
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0

Job Forecast Report

WorkDate: 10/16/2025

Shift: Day

10/15/2025 10:05:02AM

Gangs	Shorted	Early	MO	EO	MRO	RO	LM	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	0	0	0	0	0	0
D4	0	0	0	0	0	0	0	0
	0	0	0	0	0	0	0	0

Boards	Shorted	Early	MO	EO	MRO	RO	LM	Total
Hold	0	93	81	0	21	0	0	195
Crane	0	0	3	0	0	0	0	3
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	0	3	0	2	0	0	5
Key Hold	0	6	0	0	0	0	0	6
Jitney	0	42	15	0	0	0	0	57
UTR	0	3	38	0	16	0	0	57
CY	0	0	3	0	1	0	0	4
Lumber	0	0	0	0	0	0	0	0
Carpenter	0	0	0	0	0	0	0	0
Swamper	0	3	6	0	1	0	0	10
Casual	0	0	0	0	0	0	0	0
Dock	0	86	17	0	1	0	0	104
Mechanics	0	1	0	0	0	0	0	1
Gear	0	0	0	0	0	0	0	0
	0	234	166	0	42	0	0	442

Number of flops (UTR - UTRWork = Flops):

Thursday
Day
10-16-25.

Early

SID
10
47
77

Alc. #	Start Time	Order Type	Ship Name	Company	Berth	Tags
1	8:00AM 2S	MRO	YM WONDERLAND	ITS	LB 236	LA
2	7:00AM 1KDP	MRO	MAERSK ALFIRK	APM	TI 400	LA
3	8:00AM 1S	MRO	OOCL SUNFLOWER	LBCT	LB 26	LA
4	8:00AM 10S 2UTR 1ST/7:30	MRO	EVER MAX	ETS	TI 227	LA
5	8:00AM 1S	MRO	COLORADO	TP	139	LA
6	8:00AM 1S	MRO	MSC BETTINA	TTI	LB 140	LA
7	7:00AM 1KDP	MRO	DELAWARE EXPRESS	APM	TI 400	LA
8	8:00AM 1MNT	MRO	BELLINA COLOSSUS	SSA	LB 211	LA
9	8:00AM 2S	MRO	MACKENZIE	ITS	LB 232	LA
10	8:00AM 1UTR	MRO	CMA CGM FLORIDA	FMS	TI 304	LA
11	8:00AM 1UTR	MRO	CMA CGM LEO	FMS	TI 303	LA
12	8:00AM 2UTR	MRO	SM KWANGYANG	SSA	LB 96	LA
13	8:00AM 1UTR	MRO	CMA CGM LAMPEROUSE	FMS	TI 302	LA
14	7:00AM 1KDP	MRO	MAERSK ALTAIR	APM	TI 400	LA

Oct. 15, 2025 11:41AM							No. 9060	P. 11/14
Alc. #	Start Time	Order Type	Ship Name	Company	Berth	Tags		
15	8:00AM 1UTR	MRO	ONE HELSINKI	YTI	TI 218	LA		
16	8:00AM 1DSW 1HT 1DWDB	MRO	CSL TECUMSEH	MET	LB D 44	SH-Aggregate		
17	7:00AM 28S 1D 40P/7:00 6HL 20CLW	MO	CARNIVAL FIRENZE	MET	LB H4	FR PA		
						Flex and Early		
18	7:00AM 6KH 15S 35P/7:00 6HL 10CL	MO	QUANTUM OF THE SEAS	PA	SP 92	FR PA		
						Flex and Early		
19	8:00AM 10P/8:00	MO	QUANTUM OF THE SEAS	PA	SP 92	FR PA		
20	8:00AM 20SL	MO	YM WONDERLAND	ITS	LB 236	LA		
21	7:00AM 2S	MO	MAERSK ALFIRK	APM	TI 400	LA		
						Flex and Early		
22	8:00AM 1S	MO	MAERSK ALFIRK	APM	TI 400	LA		
23	7:00AM 4SL	MO	MSC OLIVIA	TTI	LB 140	LA		
						Flex and Early		
24	8:00AM 4SL	MO	MSC OLIVIA	TTI	LB 140	LA		
25	8:00AM 1CDAB/7:30 1PLMD	MO	SIRIUS SKY	MET	LB 212	SH-All Comd		
26	7:00AM 2KDP	MO	OOCL SUNFLOWER	LBCT	LB 26	LA		
						Flex and Early		
27	7:00AM 1S	MO	COLORADO	TP	139	LA		
						Flex and Early		
28	8:00AM 1S	MO	COLORADO	TP	139	LA		
29	7:00AM 1DS	MO	MSC BETTINA	TTI	LB 140	LA		
						Flex and Early		

Alc. #	Time	Type	Ship Name	Company	Berth	Tags
30	8:00AM 4SL	MO	MSC BETTINA	TTI	LB 140	LA
31	7:00AM 8S 2KDP	MO	DELAWARE EXPRESS	APM	TI 400	LA
32	8:00AM IS	MO	DELAWARE EXPRESS	APM	TI 400	LA
33	8:00AM 2CCY/7:30	MO	BELLINA COLOSSUS	SSA	LB 205	SH-Coke
34	7:00AM IDS	MO	MACKENZIE	ITS	LB 232	LA
35	8:00AM 2S	MO	MACKENZIE	ITS	LB 232	LA
36	7:00AM 12SL	MO	CMA CGM FLORIDA	FMS	TI 304	LA
37	8:00AM 1ST/7:30	MO	CMA CGM FLORIDA	FMS	TI 304	LA
38	7:00AM 1UTR	MO	CMA CGM LEO	FMS	TI 303	LA
39	8:00AM 1ST/7:30	MO	CMA CGM LEO	FMS	TI 303	LA
40	8:00AM 2UTR	MO	SM KWANGYANG	SSA	LB 96	LA
41	7:00AM 1UTR	MO	CMA CGM LAMPEROUSE	FMS	TI 302	LA
42	8:00AM 1ST/7:30	MO	CMA CGM LAMPEROUSE	FMS	TI 302	LA
43	7:00AM 4S 1KDP	MO	MAERSK ALTAIR	APM	TI 400	LA
44	8:00AM IS	MO	MAERSK ALTAIR	APM	TI 400	LA

Oct. 15, 2025 11:41AM

No. 9060 P. 13/14

Alc. #	Time	Type	Ship Name	Company	Berth	Tags
45	7:00AM <i>1S</i>	MO	ONE COMPETENCE	TP	136	LA
<i>Flex and Early</i>						
46	8:00AM <i>1S</i>	MO	ONE COMPETENCE	TP	136	LA
47	8:00AM <i>12S 6DA 2HT 1DWD 14HLW</i>	MO	PARSIFAL	SSA	LB 205	LA RO
48	7:00AM <i>2S 12SL 1DS 1UTR</i>	MO	ZIM ALBATROSS	TP	136	LA
<i>Flex and Early</i>						
49	8:00AM <i>10S 2DS</i>	MO	ZIM ALBATROSS	TP	136	LA
50	8:00AM <i>8S 1KDP</i>	MO	OOCL SUNFLOWER	LBCT	LB 26	LA
51	8:00AM <i>4S 1DS 8UTR</i>	MO	EVER MAX	ETS	TI 227	LA
52	8:00AM <i>4S 1DS 9UTR</i>	MO	MSC BETTINA	TTI	LB 140	LA
53	8:00AM <i>4S 1DS 9UTR</i>	MO	CMA CGM FLORIDA	FMS	TI 304	LA
54	8:00AM <i>4S 1DS 9UTR</i>	MO	CMA CGM LEO	FMS	TI 303	LA
55	8:00AM <i>4S 1DS 9UTR</i>	MO	CMA CGM LAMPEROUSE	FMS	TI 302	LA
56	7:00AM <i>4S 2KDP</i>	MO	MAERSK ALTAIR	APM	TI 400	LA
<i>Flex and Early</i>						

AVERAGE REPORT
For Day Shift

	10/9/202	10/10/20	10/11/20	10/12/20	10/13/20	10/14/20	10/15/20
	Thu	Fri	Sat	Sun	Mon	Tue	Wed
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	56	60	68	76	82	90	98
Secondary	40	48	56	64	72	80	81
Hold	50	54	62	69	77	80	84
Key Hold	30	38	38	38	38	38	39
Winch	44	44	52	55	55	63	71
Jitney	45	45	53	61	69	77	81
Dock	40	45	48	54	62	70	72
Lumber	35	35	35	35	35	35	35
Carpenter	22	30	33	33	41	49	50
A-Crane	38	44	52	53	55	56	64
Swamper	24	27	35	40	40	45	45
Casual	22	29	32	32	32	32	33
B-Crane	46	54	62	70	72	75	83
A-UTR	48	53	54	62	70	78	78
B_UTR	48	53	61	69	73	81	88
Mechanics	53	54	62	70	77	81	88
ID	46	48	54	59	63	71	78
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0