

UPLOAD YOUR DOCUMENTS

Dockworker Self-Service Portal

Visit <https://selfservice.pmanet.org> or scan the QR Code to enroll or log in.



1 Enroll in Dockworker Self-Service Portal

2 Log in to your account

This flyer provides brief instructions for using the Dockworker Self-Service Portal to upload documents for Medical Submissions and Boot Voucher Reimbursement.

Log in to your account if you are already enrolled

Forgot password?

Click here to ENROLL

Click on Reports/Docs, then click on Upload Documents



Pacific Maritime Association

Payroll Training Reports/Docs Setup Sign-up Opps

1

Documents

Upload Documents

2

Select **Medical** as the document type.

Upload Documents

Document Type

Medical - Submissions of documents to explain failure to meet availability requirements related to 70% and 834.

- Medical notes (including dental/care of a family member/PMA and Disability)
- Documentation related to death of a family member
- Supporting Documentation for Vacation
- School Schedules

For any other documents related to your availability for PMA, please contact your LNU local office.

Upload Document: Click/Tap **+ Choose** to search for the document you want to upload. On your device, navigate to the folder where the document is stored, then click on the file you want to upload. *Accepted file formats are jpeg, jpg, heic, heif and pdf.*

1. **Remarks:** Type in the remarks you want to submit with your document.

2. **Certification:** Click on the box to check mark certification. *(Required)*

3. Click **Submit** when done.

4. You will receive an email confirming receipt of your uploaded Medical documents.

Additional Info

Upload Document: **+ Choose**

1

Click to search and choose the file you want to upload

jpeg, jpg, heic, heif, pdf

Remarks

2

Enter remarks or comments

3

By submitting this request, I certify that the information and document provided is truthful and accurate to the best of my knowledge.

Click here to checkmark this box

4

Submit

6. A copy of your uploaded documents are available in Reports/Docs > **Documents**

Uploaded Documents

2025

Medical (15-Apr-2025 17:40:26)

04/15/2025

Pending Review

DOCUMENT TYPE: Boot Voucher ReimbursementSelect **Boot Voucher Reimbursement** as the document type.

Boot Voucher Reimbursement - Use this option to submit a Boot Voucher Reimbursement for purchases that were made at a store other than Red Wing.

Please upload original receipt which includes proof that shoes purchased meet ASTM Safety Footwear Standards. The receipt must show the size of shoes purchased. For additional information and program guidance, please refer to the PMA website: [Safety Shoe Policy and Program](#).

1. **Complete the Required Information.**

- **Date of Purchase:** Click/tap on the Date of Purchase field, then select the date from the calendar.
- **Shoe Certificate Number:** Enter/Type in the certificate number found on your Certificate.
- **Shoe Size:** Enter/Type in the shoe size from your receipt.
- **Purchased Amount:** Enter/Type in the amount.

Date of Purchase*

mm/dd/yyyy

0						
April 2025						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25

2. **Upload Document:** Click/tap + **Choose** to search for the document you want to upload.

On your device, navigate to the folder where the document is stored, then click on the file you want to upload. *Accepted file formats are jpeg, jpg, heic, heif and pdf.*

3. **Remarks:** Type in the remarks you want to submit with your document.4. **Certification & ASTM Reimbursement:** Click to check-mark these boxes. *(Required)*5. Click **Submit** when done.

6. You will receive an email confirming receipt of your uploaded Boot Voucher Reimbursement documents.

Boot Voucher Reimbursement - Use this option to submit a Boot Voucher Reimbursement for purchases that were made at a store other than Red Wing.

Please upload original receipt which includes proof that shoes purchased meet ASTM Safety Footwear Standards. The receipt must show the size of shoes purchased. For additional information and program guidance, please refer to the PMA website: [Safety Shoe Policy and Program](#).

Required Information	
Date of Purchase*	mm/dd/yyyy
Shoe Certificate Number*	
Shoe Size*	
Purchased Amount*	

Complete ALL Required Information

Additional Info

Upload Original Receipt*

+ Choose

Click to search and choose the file you want to upload

jpeg, jpg, heic, heif, pdf

Remarks

Enter remarks or comments

- 4 ☐ By submitting this request, I certify that the information and document provided is truthful and accurate to the best of my knowledge.

☐ I hereby apply for reimbursement for job safety protective footwear. If there is a "balance remaining" after the reimbursement, a second submission can be uploaded to the portal by the end of the shoe voucher year. Please note current maximum limit is \$325 per shoe year for the purchase of safety footwear.

Click here to check-mark the box

Submit

7. A copy of your uploaded documents are available in **Reports/Docs > Documents**.

Uploaded Documents	2025	Boot Voucher Reimbursement (15-Apr-2025 18:17:43)	04/15/2025	Pending Review
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VIEWING UPLOADED DOCUMENTSClick on **Reports/Docs**, then click on **Documents**.Click on the **Uploaded Document** you want to view.Payroll - Training - **Reports/Docs** - Setup - Sign-up Opportunities -

7 Help

6 **Documents**

Upload Documents

(1 of 5)

1 2 3 4 5 6 7 8 9 10 11 12

Category	Year	Description	Date	Status
Uploaded Documents	2025	Boot Voucher Reimbursement (15-Apr-2025 18:17:43)	04/15/2025	Pending Review
Uploaded Documents	2025	Medical (15-Apr-2025 17:40:26)	04/15/2025	Pending Review

Job Forecast Report

WorkDate: 10/13/2025

Shift: Night

10/13/2025 10:24:15AM

Gangs	Shorted	Early	MO	EO	MRO	RO	LM	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	3	0	0	0	0	3
D4	0	0	0	0	0	0	0	0
	0	0	3	0	0	0	0	3

Boards	Shorted	Early	MO	EO	MRO	RO	LM	Total
Hold	0	97	173	0	1	0	0	271
Crane	0	4	1	0	0	0	0	5
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	0	0	0	0	0	0	0
UTR	0	6	127	0	1	0	0	134
CY	0	0	34	0	0	0	0	34
Jitney	0	1	9	0	0	0	0	10
Swamper	0	2	14	0	0	0	0	16
Casual	0	0	0	0	0	0	0	0
Dock	0	16	7	0	0	0	0	23
Mechanics	0	0	0	0	0	0	0	0
Gear	0	0	0	0	0	0	0	0
Carpenter	0	0	0	0	0	0	0	0
	0	126	365	0	2	0	0	493

Number of flops (UTR - UTRWork = Flops):

MON NITE
EARLY

S
111
38
99
55

Alc. #	Start Time	Order Type	Ship Name	Company	Berth	Tags
1	5:00PM <i>1KDP</i>	MRO	HMM RUBY	APM	TI 400	LA
<i>Early Dispatch</i>						
2	5:00PM <i>1KDP</i>	MRO	MAERSK ALFIRK	APM	TI 400	LA
<i>Early Dispatch</i>						
3	6:00PM <i>1UTR</i>	MRO	CMA CGM GEORGE SAND	FMS	TI 302	LA
4	6:00PM <i>1S</i>	MRO	MSC ELISABETTA	TTI	LB 140	LA
5	6:00PM <i>1CDAB/5:30 1PLMD</i>	MO	OSAKA STAR	MET	LB 212	SH-All Comd
6	6:00PM <i>16S 18SL 4DS 32UTR 4UTRS 10ST/5:30</i>	MO	EVER FRANK	ETS	TI 230	LA
7	5:00PM <i>2KDP</i>	MO	COSCO ITALY	LBCT	LB 24	LA
<i>Flex and Early</i>						
8	6:00PM <i>4S</i>	MO	COSCO ITALY	LBCT	LB 24	LA
9	5:00PM <i>2S</i>	MO	HMM RUBY	APM	TI 400	LA
<i>Flex and Early</i>						
10	6:00PM <i>1S</i>	MO	HMM RUBY	APM	TI 400	LA
11	5:00PM <i>4SL</i>	MO	MSC DESIREE	TTI	LB 140	LA
<i>Flex and Early</i>						
12	6:00PM <i>4SL</i>	MO	MSC DESIREE	TTI	LB 140	LA
13	5:00PM <i>4SL</i>	MO	MSC VITA	TTI	LB 140	LA
<i>Flex and Early</i>						
14	6:00PM <i>4SL</i>	MO	MSC VITA	TTI	LB 140	LA

Oct. 13. 2025 01:48AM							No. 8976	P. 5
Ale. #	Time	Type	Ship Name	Company	Berth	Days		
15	5:00PM 1DS	MO	YM WONDERLAND	ITS	LB 236	LA		
							Flex and Early	
16	6:00PM 2S	MO	YM WONDERLAND	ITS	LB 236	LA		
17	5:00PM 8S 2KDP 4HH/4:30	MO	MAERSK ALFIRK	APM	TI 400	LA		
							Flex and Early	
18	6:00PM 1S	MO	MAERSK ALFIRK	APM	TI 400	LA		
19	6:00PM 20SL	MO	OOCL BRUSSELS	LBCT	LB 22	LA		
20	6:00PM 16SL	MO	DANUBE	ITS	LB 232	LA		
21	5:00PM 12SL	MO	CMA CGM GEORGE SAND	FMS	TI 302	LA		
							Flex and Early	
22	6:00PM 1ST/5:30	MO	CMA CGM GEORGE SAND	FMS	TI 302	LA		
23	6:00PM 4S 1DS 7UTR 1UTRS	MO	DANIEL K. INOUE	SSA	LB 60	LA		
24	5:00PM 4SL	MO	MSC ELISABETTA	TTI	LB 140	LA		
							Flex and Early	
25	6:00PM 4SL	MO	MSC ELISABETTA	TTI	LB 140	LA		
26	6:00PM 2SL	MO	TS TACOMA	SSA	LB 96	LA		
27	5:00PM 12SL 1DS 1HL 1UTRS	MO	GEORGE II	SSA	LB 92	LA		
							Flex and Early	
28	6:00PM 18S 2DS 24UTR 2UTRS 9ST/5:30	MO	GEORGE II	SSA	LB 92	LA		
29	6:00PM 2S 2D 4HL	MO	ARALIA	SSA	LB 204	GE		
						1S4112		

Alc. #	Time	Type	Ship Name	Company	Berth	Days
30	5:00PM	MO	NAVIOS UNISON	APM	TI 400	LA
	12S 4KDP 2UTRS					
	<i>Flex and Early</i>					
31	6:00PM	MO	NAVIOS UNISON	APM	TI 400	LA
	1S					
32	6:00PM	MO	MATSON LANAI	SSA	LB 94	LA
	20S 4DS 1HL 28UTR 4UTRS 12ST/5:30					
33	6:00PM	MO	BBC NAGASAKI	SSA	LB 206	GE
	2S 1HL 1UTR 1S4112					
34	5:00PM	MO	OOCL SUNFLOWER	LBCT	LB 26	LA
	4S 30SL 4KDP 3UTRS					
	<i>Flex and Early</i>					
35	6:00PM	MO	OOCL SUNFLOWER	LBCT	LB 26	LA
	16S 2KDP					
36	6:00PM	MO	EVER FRANK	ETS	TI 230	LA
	4S 1DS 7UTR 1UTRS					
37	6:00PM	MO	COSCO ITALY	LBCT	LB 24	LA
	4S 1KDP					
38	5:00PM	MO	MAERSK ALFIRK	APM	TI 400	LA
	4S 2KDP					
	<i>Flex and Early</i>					
39	6:00PM	MO	CMA CGM GEORGE SAND	FMS	TI 302	LA
	4S 1DS 9UTR					
40	6:00PM	MO	MATSON LANAI	SSA	LB 94	LA
	4S 1DS 7UTR 2ST/5:30					
41	3:00AM	MO	ARALIA	SSA	LB 204	GE
	2S 2D 2HL 1S4112					

AVERAGE REPORT
For Night Shift

	10/6/202	10/7/202	10/8/202	10/9/202	10/10/20	10/11/20	10/12/20
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	27	35	40	48	56	64	70
Secondary	16	19	27	35	43	51	59
Hold	21	27	33	41	45	48	49
Dock	17	18	25	33	36	36	36
Jitney	8	11	18	21	22	30	31
Winch	8	16	24	30	38	46	50
Carpenter	9	17	22	22	27	27	29
A-Crane	11	19	27	35	43	44	44
Casual	10	11	11	19	22	22	22
Swamper	9	11	18	24	24	25	25
B-Crane	21	29	37	40	48	50	50
A-UTR	24	32	37	41	49	57	58
B_UTR	25	32	38	43	50	58	65
Mechanics	18	26	34	42	42	50	50
Night ID	24	31	31	32	33	41	48
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0

Job Forecast Report

WorkDate: 10/14/2025

Shift: Day

10/13/2025 10:24:25AM

Gangs	Shorted	Early	MO	EO	MRO	RO	LM	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	2	0	0	0	0	0	2
D4	0	0	0	0	0	0	0	0
	0	2	0	0	0	0	0	2

Boards	Shorted	Early	MO	EO	MRO	RO	LM	Total
Hold	0	133	180	0	7	0	0	320
Crane	0	0	3	0	0	0	0	3
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	0	0	0	0	0	0	0
Key Hold	0	0	0	0	0	0	0	0
Jitney	0	1	7	0	1	0	0	9
UTR	0	8	240	0	7	0	0	255
CY	0	0	53	0	0	0	0	53
Lumber	0	0	0	0	0	0	0	0
Carpenter	0	0	0	0	0	0	0	0
Swamper	0	7	22	0	1	0	0	30
Casual	0	0	0	0	0	0	0	0
Dock	0	13	8	0	0	0	0	21
Mechanics	0	2	0	0	0	0	0	2
Gear	0	0	0	0	0	0	0	0
	0	164	513	0	16	0	0	693

Number of flops (UTR - UTRWork = Flops):

TUES DAY
EARLY

S	
13	
48	
10	
77	

Alc. #	Start Time	Order Type	Ship Name	Company	Berth	Tags
1	8:00AM <i>IS</i>	MRO	COSCO ITALY	LBCT	LB 24	LA
2	7:00AM <i>1KDP</i>	MRO	HMM RUBY	APM	TI 400	LA
<i>Early Dispatch</i>						
3	8:00AM <i>2S</i>	MRO	YM WONDERLAND	ITS	LB 236	LA
4	7:00AM <i>1KDP</i>	MRO	MAERSK ALFIRK	APM	TI 400	LA
<i>Early Dispatch</i>						
5	8:00AM <i>2UTR</i>	MRO	DANUBE	ITS	LB 232	LA
6	8:00AM <i>1UTR</i>	MRO	CMA CGM GEORGE SAND	FMS	TI 302	LA
7	8:00AM <i>IS</i>	MRO	ARALIA	SSA	LB 204	GE
8	7:00AM <i>1KDP</i>	MRO	NAVIOS UNISON	APM	TI 400	LA
<i>Early Dispatch</i>						
9	8:00AM <i>3S 1DS 1HL 1UTR 3UTRS</i>	MRO	MATSON LANAI	SSA	LB 94	LA
10	8:00AM <i>1CDAB/7:30 IPLMD</i>	MO	OSAKA STAR	MET	LB 212	SH-All Comd
11	7:00AM <i>1KDP</i>	MO	COSCO ITALY	LBCT	LB 24	LA
<i>Flex and Early</i>						
12	7:00AM <i>IS</i>	MO	HMM RUBY	APM	TI 400	LA
<i>Flex and Early</i>						
13	8:00AM <i>IS</i>	MO	HMM RUBY	APM	TI 400	LA
14	7:00AM <i>4SL</i>	MO	MSC DESIREE	TTI	LB 140	LA
<i>Flex and Early</i>						

Alc. #	Time	Type	Ship Name	Company	Berth	Flags
15	8:00AM 4SL	MO	MSC DESIREE	TTI	LB 140	LA
16	7:00AM 4SL	MO	MSC VITA	TTI	LB 140	LA
17	8:00AM 4SL	MO	MSC VITA	TTI	LB 140	LA
18	7:00AM IDS	MO	YM WONDERLAND	ITS	LB 236	LA
19	8:00AM 2S	MO	YM WONDERLAND	ITS	LB 236	LA
20	7:00AM IS	MO	MAERSK ALFIRK	APM	TI 400	LA
21	8:00AM IS	MO	MAERSK ALFIRK	APM	TI 400	LA
22	7:00AM 2S IDS 1HL 1UTRS	MO	OOCL BRUSSELS	SSA	LB 266	LA
23	8:00AM 14S 3DS 30UTR 3UTRS 10ST/7:30	MO	OOCL BRUSSELS	SSA	LB 266	LA
24	8:00AM 2UTR	MO	DANUBE	ITS	LB 232	LA
25	7:00AM 12SL	MO	CMA CGM GEORGE SAND	FMS	TI 302	LA
26	8:00AM 1ST/7:30	MO	CMA CGM GEORGE SAND	FMS	TI 302	LA
27	8:00AM 8S 2DS 1HL 14UTR 2UTRS	MO	DANIEL K. INOUE	SSA	LB 60	LA
28	7:00AM 4SL	MO	MSC ELISABETTA	TTI	LB 140	LA
29	8:00AM 4SL	MO	MSC ELISABETTA	TTI	LB 140	LA

Alc. #	Time	Type	Ship Name	Company	Berth	Tags
30	8:00AM	MO	GEORGE II	SSA	LB 92	LA
	4S 1DS 1HL 7UTR 1UTRS 3ST/7:30					
31	7:00AM	MO	ANL WARRNAMBOOL	LBCT	LB 22	LA
	2S 4SL 4KDP 2UTRS					
	<i>Flex and Early</i>					
32	8:00AM	MO	ANL WARRNAMBOOL	LBCT	LB 22	LA
	16S 2KDP					
33	7:00AM	MO	MSC OLIVIA	TTI	LB 140	LA
	20SL					
	<i>Flex and Early</i>					
34	8:00AM	MO	MSC OLIVIA	TTI	LB 140	LA
	16S 3DS 36UTR 10ST/7:30					
35	7:00AM	MO	NAVIOS UNISON	APM	TI 400	LA
	4S 1KDP					
	<i>Flex and Early</i>					
36	8:00AM	MO	NAVIOS UNISON	APM	TI 400	LA
	1S					
37	8:00AM	MO	MATSON LANAI	SSA	LB 94	LA
	4S 14SL 1DS 7UTR 1UTRS					
38	7:00AM	MO	OOCL SUNFLOWER	LBCT	LB 26	LA
	2S 4KDP					
	<i>Flex and Early</i>					
39	8:00AM	MO	OOCL SUNFLOWER	LBCT	LB 26	LA
	16S 2KDP 2UTRS					
40	8:00AM	MO	BELLINA COLOSSUS	SSA	LB 211	SH-Coke
	2CCY/7:30					
41	7:00AM	MO	COLORADO	TP	139	LA
	2S 12SL 1DS 1UTR					
	<i>Flex and Early</i>					
42	8:00AM	MO	COLORADO	TP	139	LA
	10S 2DS					
43	7:00AM	MO	EVER MAX	ETS	TI 227	LA
	4S 24SL 2DS 2UTR					
	<i>Flex and Early</i>					
44	8:00AM	MO	EVER MAX	ETS	TI 227	LA
	12S 2DS 32UTR 2UTRS 10ST/7:30					

Alc. #	Time	Type	Ship Name	Company	Berth	Tags
45	7:00AM	MO	PONA	PA	126	LA
2S 2SL 1DS 1UTR						
Flex and Early						
46	8:00AM	MO	PONA	PA	126	LA
6S 1DS 15UTR 4ST/7:30						
47	7:00AM	MO	MSC BETTINA	TTI	LB 140	LA
20SL						
Flex and Early						
48	8:00AM	MO	MSC BETTINA	TTI	LB 140	LA
16S 3DS 36UTR 10ST/7:30						
49	7:00AM	MO	SPRING ZEPHYR	P.S.T.	176	GE
4S 2S4112						
Flex and Early						
50	8:00AM	MO	SPRING ZEPHYR	P.S.T.	176	GE
4D 4HL 8UTR						
51	7:00AM	MO	HANSA DUBURG	PA	121	LA
2S 2SL 1DS 1UTR						
Flex and Early						
52	8:00AM	MO	HANSA DUBURG	PA	121	LA
6S 1DS 15UTR 4ST/7:30						
53	8:00AM	MO	COSCO ITALY	LBCT	LB 24	LA
4S						
54	8:00AM	MO	CMA CGM GEORGE SAND	FMS	TI 302	LA
4S 1DS 9UTR						
55	8:00AM	MO	OOCL SUNFLOWER	LBCT	LB 26	LA
4S						
56	8:00AM	MO	BELLINA COLOSSUS	SSA	LB 211	SH-Coke
2MNT						
Early Dispatch						
57	8:00AM	MO	EVER MAX	ETS	TI 227	LA
8S 2DS 16UTR 2UTRS 1ST/7:30						

AVERAGE REPORT
For Day Shift

	10/7/202	10/8/202	10/9/202	10/10/20	10/11/20	10/12/20	10/13/20
	Tue	Wed	Thu	Fri	Sat	Sun	Mon
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	40	48	56	60	68	76	82
Secondary	24	32	40	48	56	64	72
Hold	36	42	50	54	62	69	77
Key Hold	22	30	30	38	38	38	38
Winch	29	36	44	44	52	55	55
Jitney	34	42	45	45	53	61	69
Dock	32	40	40	45	48	54	62
Lumber	19	27	35	35	35	35	35
Carpenter	16	18	22	30	33	33	41
A-Crane	22	30	38	44	52	53	55
Swamper	18	18	24	27	35	40	40
Casual	22	22	22	29	32	32	32
B-Crane	40	44	46	54	62	70	72
A-UTR	32	40	48	53	54	62	70
B_UTR	36	44	48	53	61	69	73
Mechanics	38	45	53	54	62	70	77
ID	34	42	46	48	54	59	63
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0