ILWU Local 13 • 630 Centre Street • San Pedro, CA 90731 • (310) 830-1130

August 8, 2025

Dear Brothers and Sisters:

NOTIFICATION OF REQUEST FOR APPROVAL OF THE 2025 BUDGET and SPECIAL 1-DAY VOTE

A motion was passed and carried at the June 5, 2025 Special Executive Board meeting to accept the Budget Committee Report which presented two (2) options for the Local 13 2025 Budget. A copy of the two (2) options are enclosed for your review.

WHAT ARE YOU BEING ASKED TO DO: Decide Between Two Options;

Please vote for either "BUDGET PROPOSAL A" or "BUDGET PROPOSAL B."

- 1. BUDGET PROPOSAL A: <u>Increase dues by \$19.75 and retain the positions of Health Benefits Officer and Labor Relations Committee Representative/Port Liaison.</u>
- 2. BUDGET PROPOSAL B: Amend the Constitution & Bylaws, Article II, Sections 1 and 3, Article III, Sections 4, 6, and 15, and Article IV, Section 1, and Article V, Section 1 to eliminate the positions of Health Benefits Officer and Labor Relations Committee Representative/Port Liaison.

*The Membership will NOT be assessed the \$13 per member/per month fee for the ICTSI Lawsuit as previously proposed in past dues increase proposals.

<u>Both Budget Proposals balance the 2025 Budget.</u>

If Budget Proposal B Passes, the following Constitutional Amendments will be made and services lost:

ARTICLE II - OFFICERS

Existing Section 1. The list of officers, employees and committees shall read as follows:

The elective offices of the Local shall be:

[Officer titles listed]

Health Benefits Representative

Amended Section 1 (Proposal B): Health Benefits Representative

Existing Section 3: ...Limit any officer, except Trustees, Labor Relations Committee Representatives and Health Benefits Representative to three consecutive terms of office, after which they shall not be eligible to hold office for a period of one year, except in extreme emergencies and by a referendum election...

Amended Section 3 (Proposal B): Limit any officer, except Trustees, and Labor Relations Committee Representatives and Health Benefits Representative to three consecutive terms of office...

Aug. 21. 2025 4:08PM , No. 7169 P. 2/15

ARTICLE III - DUTIES OF OFFICERS

Existing Section 4.

LABOR RELATIONS COMMITTEE REPRESENTATIVES:

a. There shall be three (3) Labor Relations Committee Representatives.

Amended Section 4a (Proposal B):

Section 4. a. There shall be three-(3) two (2) Labor Relations Committee Representatives.

Existing Section 6 HEALTH BENEFITS REPRESENTATIVE:

Amended Section 6 (Proposal B): HEALTH BENEFITS REPRESENTATIVE (Section 6 removed)

Existing Section 15. POLITICAL ACTION COMMITTEE;

c. The Labor Relations Representative-Port Liaison shall attend all Political Action Committee meetings.

Amended Section 15c (Proposal B). The Labor Relations Representative-Port Liaison shall attend all Political Action Committee meetings.

ARTICLE IV NOMINATION OF OFFICERS

Existing Section 1: Nominations for President, Vice-President, Labor Relations Committee Representative (2)...

Amended Section 1 (proposal B):, Labor Relations Committee Representative (21),

ARTICLE V

Exiting Section 1. b. The following shall be elected by a majority of all votes cast for that position: ... Health Benefits Representative, Dispatcher, and Trustees.

Amended Section 1b (proposal B): Health Benefits Representative

A first reading of the 2025 Budget Proposal was approved at the Membership Meeting of July 10, 2025. The second reading of the 2025 Budget Proposal was approved at the Membership Meeting of August 7, 2025.

HOW DED WE GET HERE: Local 13 has been running at a deficit for the past 4 years due to:	HOW HAVE WE ALREADY ADDRESSED THE DEFICIT:
 No dues increase in 7 years Officer salary increases (due to PCLCD wage increases) Lawsuits: past and pending Increasing operating expenses and other costs 	 Effective 5/2025, Officers took voluntary pay cut (~\$19,500 annually) Significant reduction in donations Costly text blast program replaced with Local 13 App

THE ONE (1) DAY VOTE WILL TAKE PLACE AS FOLLOWS:

Date:

Wednesday, August 27, 2025

Time:

6:00 a.m. to 6:00 p.m.

Place:

ILWU Memorial Hall

231 W. "C" Street

Wilmington, CA 90744

Please be advised that only "members in good standing" will be allowed to vote.

We appreciate your cooperation and patience during this difficult time.

Fraternally,

Gary Herrera
President

Brandi Good Vice President Gabe Zuniga Secretary/Treasurer



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13 630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116 Benefits Officer - Eddie Moncado Staff - Maria & Racheal

Health & Benefits Bulletin #8 (2) - 2025

AUGUST (2) 2025 HEALTH & BENEFITS BULLETIN

THE HEALTH BENEFITS OFFICE IS CLOSING

Brothers and Sisters, as we all know Wednesday, August 27, 2025, will be the day that our decision will determine the future of the *Health Benefits Office representation at Local 13*.

Below please find vital contact information to use in case the membership decides to get rid of this office. Just a reminder, when you contact the following, please make sure to have a scanner, fax machine and in some cases a notary available to be able to handle your business in a timely manner.

Included below is also contact information for the Southern California Area Welfare Directors, they are available by appointment only and conveniently located by the Traffic Circle in Long Beach. Please be patient, as they also assist Locals 94, 63, 46, 29, 26, Pensioners and now Local 13 (the biggest local in So. Cal).

Behefa Plans Office (BPO) Sun Francisco	(415) 673-8500
The BPO website has valuable information about our various benefit plans,	(888) 372-4598
providers, and other contact information.	www. Benefitplans.org
ILWU-PMA Goustionse Indemnity Plan/Zenith	(800) 955-7376
Call this number for unpaid medical bills and supplement pay.	
Disability (State of California)	(800) 480-3287
Call this number for inquiries about disability insurance (SDI), paid family	www.edd.ca.gov/disability
lcave (FMLA), or unemployment.	
Fidelity	(800) 761-4598
Call this number if you have questions about our 401k plan.	www.fidelity.com
Innovative Care Management (ICM)	(866) 275-1014
Call this number for medical services that require preauthorization and/or	(655) 2.5 161.
appeals.	
TLWU Gredit Union	(310) 834-6411
Call this number if you need financial assistance	www.ilwucu.org
Kaiser emanene	(818) 557-3964
Call this number if you have an issue that needs to be escalated beyond the	www.kp.org
regular member services number. Both the website and the mobile app are	www.kp.org
user-friendly.	(800) 633-4227
Medicare	(800) 653-4227
Call this number to inquire about eligibility and to enroll in Part A and B.	(000) 570 1010
Statal Security valiministration	(800) 772-1213
Call this number if you have issues with your social security.	
US Department of Labor/Longskore Division	(562) 980-3577
Call this number if you have a new or pending worker's compensation claim.	
Southern Californias trea Welfare Directors	(310) 833-5144
Call this number to obtain information about your benefit plans, providers,	
retirement, etc.	
ADRP - Alcoholism/Drug/Recovery Program	(310) 547-9966
Call this number if you need assistance regarding various benefits for	
chemically induced illnesses.	
Local 13 Offices	(310) 830-1130
Call this number for any/every department other than the Health Benefits	
Office.	
Pacific Maritime Association (PMA)	(562) 495-7600
PMA is our employer and handles inquiries regarding disability, doctor	Selfservice.pmanet.org
notes, payroll, unemployment and shoe voucher.	जिस्हा
I motor, paytors, adodiptoyment and anot voucaut.	



FOOTBALL

LA MEMORIAL COLISEUM

August 30th and September 6th

Additional Dates To Be Added

SCAN TO GET \$70 OFF YOUR FIRST TWO (2) TICKETS



OFFER SUBJECT TO AVAILABILITY TICKETING FEES APPLY



HEALTH TIP



STRESS MANAGEMENT - Techniques and Strategies to Deal with Stress

If you're living with high levels of stress, you're putting your entire well-being at risk. Stress wreaks havoc on your emotional equilibrium, as well as your overall physical and mental health. It narrows your ability to think clearly, function effectively, and enjoy life.

To release stress, engage in activities that promote relaxation and reduce tension. This can involve physical activity like exercise or walking, mindfulness practices like meditation or deep breathing, and activities that bring joy and relaxation like hobbies or spending time in nature.

You can also ty limiting exposure to stressful situations and seeking social support when needed.

ADA JPLRC

(Americans with Disability Act Labor Relations Committee (ADA LRC))

Americans with Disabilities Act Labor Relations Committee (ADA LRC)

If you have been cited to appear or if you would like to revise your existing accommodation(s), please plan to attend, meetings are scheduled for the first and third Tuesdays of each month at Local 13 unless otherwise noted.

The world needs less machinery and more humanity.

Eddie Moncado #131390 Local 13 Health & Benefits Officer

Job Forecast Report

WorkDate: 8/22/2025

Shift: Day

8/21/2025 3:26:33PM

	/ _							
Gangs	Shorted	Early	MO	EO	MRO	RO	$\mathbf{L}\mathbf{M}$	Total
Container Gang	0	0	0	0	0	0	0	0
Lashing Gang	0	0	0	0	0	0	0	0
4002_Gang	0	0	0	0	0	0	0	0
4012_Gang	0	0	0	0	0	0	0	0
4112_Gang	0	0	0	0	0	0	0	0
D4	0	0	0	0	0	0	0	0
	,: 0	0	0	0	0	0	0	0

Boards	Shorted	Early	MO	EO	MRO	RO	LM	Total
Hold	0	162	152	0	58	0	0	372
Crane	0	17	10	2	14	0	0	43
Crane Top Handler	0	0	0	0	0	0	0	0
Winch	0	0	3	0	0	0	0	3
Key Hold	0	6	1	0	0	0	0	7
Jitney	0	36	11	7	0	0	0	54
UTR	0	26	167	14	48	0	0	255
CY	0	11	50	2	0	0	0	63
Lumber	0	0	2	0	0	0	0	2
Carpenter	0	0	0	0	0	0	0	0
Swamper	0	49	17	7	2	0	0	75
Casual	0	0	Ó	0	0	0	0	0
Dock	0	72	1	8	I	0	0	82
Mechanics	0	1	0	0	0	0	0	1
Gear	0	6	0	0	0	0	0	6
	0	386	414	40	123	0	0	963 _

Number of flops (UTR - UTRWork = Flops): 167

- FRIDAY DAYSINE FINIAL -

Aug. 21. 2025 4:09PM

Allocation List for: 8/22/25

Shift: Day No. 7169 P. 6/15

0/21/2	.VZJ J.ZOF!	IVI.	2 mocation East 101 .	5/22/25	MMI . 20	ay
Alc. #	Start Time	Order Type	Ship Name	Сотрапу	Berth	Tags
1	8:00AM 8S	MRO	COSCO SPAIN	LBCT	LB 22	LA
2	7:00AM 3S	MRO	MAERSK ANTARES	APM	TI 400	LA
3	11S 8H	H/7:30 14		λII		arly Dispatch LA
4	8:00AM 6S 1UT	MRÓ R	ONE FOCUS	ITS	LB 236	
5 Cancell	8:00AM	MRO	PELICAN I	ITS		
		MRO	OOCL LONDON	LBCT		ĽA
 7	8:00AM 2:S	MRO	CHIPOLBROK PACIFIC	SSA		
8 Cancell	8:00AM	MRO	YM UNIFORMITY	TP	136	LA
9 Cancell	8:00AM ed	MRO	COLORADO	TP	139	LA
10	8:00AM 6S 1HH	MRO	EVER MAGIC	ETS	TI 227	
ΙΙ	7:00AM 1KDP		MAERSK KINLOSS	APM	TI 400	LA
12			XIN FEI ZHOU		LB 24	arly Dispatch LA
13			PRESIDENT JQ ADAMS 9 26UTR		TI 304	LA
14 Cancello	8:00AM e d	MRO			136	LA

Alc. #^	ug. 21. 2025 c 4:091 Time Type	Ship Name	Company	Berth	No. 7169 P. 7/15 Tags
15	8:00AM MRO 6S 1HH/7:30 7U		PA	102	LA
16	7:00AM MO 18S ID 20P/7:06	CARNIVAL RADIANCE	MET	ĽВ H 4	FR PA
	~****			F	lex and Early
17	7:00AM MO 6KH 12S 24P/7:	NAVIGATOR OF THE SEAS	PA	SP 92	FR PA
10				F.	lex and Early
Cancel		MSC ALEXANDRA	TTI	LB 140	LA
				F	lex and Early
19 Cancel	8:00AM MO	MSC ALEXANDRA	TTI		
20 Cancel	7:00AM MO	CMA CGM TITAN	FMS		
				F	lex and Farly
21 Cancel	8:00AM MO	CMA CGM TITAN	FMS		
22	7:00AM MO <i>1S 16SL</i>	COSCO SPAIN	LBCT	LB 22	LA
·*	·	-4		Fl	lex and Early
23	8:00AM MO 4SL 2HH/7:30		LBCT		
24 Cancell	7:00AM MO	MAERSK ANTARES			LA
		4		Ft	ex and Early
25	8:00AM MO <i>IS</i>			TI 400	LA
26	8:00AM MO 4CDAB/7:30	MEDI MATSUURA		LB 212	SH-All Comd
27	8:00AM MO	CAPE SOUNIO	PA	100	LA
	12S 3DS 27UTR		r A	100	LA
28	7:00AM MO	ONE FOCUS	ITS		
Cancell					J.Fb
29	8:00AM MO	ONE FOCUS		Flo	ex and Early
.,	3UTR 3ST/7:30	ORE FOCUS	112	LB 236	LA

Alc. #	Aug. 21. 20 Time	25 ₀ 4:10 Type	PM Ship Name	Company	Berth	No. 7169 P. 8/15 Tags
	8:00AM elled	МО	PELICAN I	ITS	LB 232	LA
31	7:00AM 2S 1KD		OOCL LONDON	LBCT		LA
		****		7474		Flex and Early
	8:00AM			SSA		
33	8:00AM					SH-All Comd
34	8:00AM	MO	SEA LAND BALBOA DWD 1HL 15UTR 2UTRS 4ST/7:30	SSA		
35 Cance		МО	YM UNIFORMITY	TP		
			NAC CAN TANDON A COURT			Flex and Early
36	8:00AM 5S 1DS	MO	YM UNIFORMITY	TP	136	LA
 37 Сапсе		МО	COLORADO	TP	139	
38	8:00AM 10S 20S		COLORADO 13UTR	TP	139	LA
 39	7:00AM 2UTRS	МО		APM	TI 400	LA
						Flex and Early
	8:00AM <i>IS</i>			APM	TI 400	LA
1 Cance	7:00AM elled	МО	XIN FEI ZHOU		LB 24	LA
			DANIA AADANI		j	Flex and Early
12 Cance	8:00AM	МО	DORIS OCEAN	PA	126	LA
3 Cance		MO	PRESIDENT JQ ADAMS	FMS	TI 304	LA
						Flex and Early
	8:00AM				TI 304	LA
			••••			

Alc. #	Aug. 21. 20250 4:10PM Ship Name	Company	Berth	No. 7169 P. 9/15 Lag s
45 Canc	7:00AM MO CMA CGM BLUE WHALE elled	TP	136	LA
			F	lex and Early
46	8:00AM MO CMA CGM BLUE WHALE 5.S	TP	136	LA
	8:00AM MO CAPÉ AKRITAS elled	PA		LA
4 8	8:00AM MO COLUMBIA 2S 4CLW	CCMW	LB 122	
49	8:00AM MO COSCO PORTUGAL 26S 5DS 1HL 38UTR 5UTRS 15ST/7:30	SSA	LB 245	LA
50	8:00AM MO JANET MARIE 9S 2DS 1HL 16UTR 2UTRS 5ST/7:30	SSA	LB 92	
51	8:00AM MO MANOA 12S 3DS 1HL 21UTR 3UTRS 7ST/7:30	SSA		
52	7:00AM MO HMM RUBY 12S 36SL 4KDP 2UTRS	APM	TI 400	
			Fi	lex and Early
53 Cance	8:00AM MO HMM RUBY elled	APM	TI 400	LA
54		APM		LA
•••			Fl	lex and Early
55 Cance		APM		
56	8:00AM MO SERENITY HIGHWAY IKH 14SD 3SL 1DS 1HT 1DWD 2CLW		LB 83	LA AU
57	7:00AM MO ONE OLYMPUS 4S 26SL 3DS 1HL 2UTR	YTI	TI 218	LA
8	8:00AM MO ONE OLYMPUS 8S 22UTR 10ST/7:30	YII	TI 218	ex and Early LA
	8:00AM MO EVER MAGIC	ETS		LA

Alc. #	rg. 21. 202 Time	5 _{C 4:10} PN Type	Ship Name	Сотрапу	Berth	No. 7169 Tags	P.	10/15
60 Cancell	8:00AM led	MO	PRESIDENT JQ ADAMS	FMS	TI 304	LA		

.

Work Date: 8/22/25

Ver Alc# Ship Name	Start Time		Berth	Туре	Rece Date	ived /Time	Tags	Mod Tot Status Jo
Shift: 1			-	••				
STEVE. SERV. OF AMER (502)								
DOCK WORK	8/22/25	8:00AM	LB 60	EO	8/21/25	1:26PM	ĽA	N 3
2HL 1ST/7:30 (TONY D)								
DOCK WORK	8/22/25	7:00AM	LB 266	ЕО	8/21/25	1:47PM	LA	N 6
4DS IDA IUTR (BIG PAUL)								Flex and Early
DOCK WORK	8/22/25	8:00AM	LB 266	EO	8/21/25	1:48PM	LA	N 1
1DS (BIG PAUL)								
DOCK WORK RAILS	8/22/25	7:00AM	LB 245	ЕО	8/21/25	1:48PM	LA	N 4
3DA 1ST/6:30 (BIG PAUL)								Flex and Early
DOCK WORK	8/22/25	7:00AM	LB 94	EO	8/21/25	1:49PM	LA	И 8
5DS 2UTR 1ST/6:30 (BIG PAUL)								Flex and Early
DOCK WORK	8/22/25	8:00AM	LB 94	EQ	8/21/25	1:50PM	LA	D 2
IDS IHL (BIG PAUL)								
DOCK WORK RAILS	8/22/25	7:00 AM	LB 94	ΕÓ	8/21/25	1:51PM	ĽА	N 7
2DA 4UTR 1ST/6:30 (BIG PAUL)								Flex and Early
DOCK WORK	8/22/25	8:00AM	LB 205	EO	8/21/25	1:52PM	LA	N 5
3DA 2HL (BIG PAUL)								-4-74-444
YUSEN TERMINALS INC. (504)								
DOCK WORK	8/22/25	7:00 AM	TI 214	EŌ	8/21/25	1:54PM	LA	N 12
IIDS IDA (BIG PAUL)								Flex and Early

PORTSAMERICA (505)

Work Date: 8/22/25

Ver Alc# Ship Name	Star Tim		Berth Type Received Date/Time			Tags	Mod Status		
Shift: 1					<u> Dutt</u>	, 1 11110		Siards	000
PORTSAMERICA (505) DOCK WORK	8/22/25	7:00 AM	126	EO	8/21/25	1:52PM	LA	N	2
2GAT (TONY D)									c and ly
DOCK WORK		8:00AM						N	
1HL (TONY D)									
DOCK WORK RAILS		8:00AM	126	EO	8/21/25	1:53PM	LA	N	18
4DA 13UTR 1ST/7:30 (TONY D)									
TTI (507)									
DOCK WORK	8/22/25	7:00AM	LB 140	EO	8/21/25	1:26PM	LA	N	1
1DA (BIG PAUL)								Flex Earl	
ITS (508)									
DOCK WORK	8/22/25	7:00 AM	LB 232	EO	8/21/25	1:27PM	LA	N	9
6DS IDA 2UTRS (BIG PAUL)								Flex Earl	
DOCK WORK	8/22/25	8:00AM	LB 232	ЕО	8/21/25	1:27PM	LA	N	3
3DS (BIG PAUL)									
DOCK WORK RAILS	8/22/25	7:00AM	LB 232	EO	8/21/25	1:28PM	LA	N	Į
IUTR (BIG PAUL)	-444							Flex Early	
FENIX MARINE SERVICES (510)									
DOCK WORK	8/22/25	7:00AM	TI 302	EO	8/21/25	1:54PM	LA		11
8DS 1DA 1CT/6:30 IHL (TONY D)			,					Flex Early	

LONG BEACH CONT. TER. (512)

Work Date: 8/22/25

Ver Alc# Shin Name	Start Time		Berth	Туре	Rece Date	ived Time	Tags	Mod To Status Jo		
Shift: I		_	•							
LONG BEACH CONT. TER. (512)										
DOCK WORK RAILS	8/22/25	7:00AM	LB 24	ĖΟ	8/21/25	1:18PM	LA	N 4		
2CT/6:30 2UTR (BIG PAUL)								Flex ar Early	nd	
DOCK WORK	8/22/25	8:00AM	LB 24	ЕО	8/21/25	1:55PM	LA	N 2		
IDA 1HL (TONY D)										
TRAPAC (514)										
DOCK WORK	8/22/25	8:00AM	136	EO	8/21/25	2:02PM	LA	N 5		
2DS 2RMG/7:30 IUTR (marty)										
DOCK WORK	8/22/25	7:00AM	136	EO	8/21/25	2:04PM	LA	N 18	В	
5DS 2RMG/6:30 10CT/6:30 1ST/6:30 (marty)								Flex an Early	rd	
DOCK WORK RAILS	8/22/25	7:00 AM	136	EO	8/21/25	2:05PM	LA	N 1		
1DA (marty)	,							Flex an Early	rd	
APM TERMINALS (515)										
DOCK WORK RAILS	8/22/25	7:00AM	TI 400	EO	8/21/25	2:01PM	LA	N 2		
2KDA (marty)								Flex an Early	ıd	
DOCK WORK	8/22/25	7:00AM	TI 400	EO	8/21/25	2:02PM	LA	N 5		
1HL 4GAT (marty)							.,-,	Flex an Early	ıd	
P.C.M.C. (517)										
DOCK WORK	8/22/25	7:00AM	LB 22	EO	8/21/25	2:20PM	LA	N l		
1MWT (BIG PAUL)								Flex an Early	ıd	

EVERPORT TERMINAL SERVICES (524)

Work Date: 8/22/25

Ver Alc# Ship Name	Start Time	Berth	Туре	Received Date/Time	Tags	Mod Total Status Jobs
Shift: 1	,					
EVERPORT TERMINAL SEI	RVICES (524)					
DOCK WORK	8/22/25 7:00AM	TI 233	EO	8/21/25 12:57PM	LA	N 14
7DS 1DA 2CT/6:30 4ST/6:30 (TONY D)						Flex and Early
DOCK WORK RAILS	8/22/25 7: 00AM	TI 233	EO	8/21/25 12:58 PM	LA	N 11
3DA 5UTR 3ST/6:30 (TONY D)						Flex and Early

Aug. 21. 2025 4:11PM 8/21/25 3:27PM

AVERAGE REPORT For Day Shift

	8/15/202	8/16/202	8/17/202	8/18/202	8/19/202	8/20/202	8/21/202
	Fri	Sat	Sun	Mon	Tue	Wed	Thu
Container	0	0	0	0	0	0	0
Lashing	0	0	0	0	0	0	0
Primary	98	106	114	121	129	134	142
Secondary	0	0	0	0	0	0	0
Hold	90	96	104	112	114	122	130
Key Hold	40	40	40	40	40	48	56
Winch	93	101	101	109	117	125	133
Jitney	78	86	90	90	98	106	114
Dock	72	80	88	96	104	104	104
Lumber	63	63	63	63	63	63	63
Carpenter	56	64	66	74	75	83	88
A-Crane	64	72	80	88	96	99	107
Swamper	56	58	58	59	67	75	79
Casual	54	58	60	63	66	71	78
B-Crane	72	76	84	92	92	100	102
A-UTR	80	88	96	104	105	113	121
B_UTR	95	103	109	115	123	131	139
Mechanics	86	94	95	97	105	113	121
Ю	82	90	97	101	108	114	122
Steady	0	0	0	0	0	0	0
Ship Gang	0	0	0	0	0	0	0
Dock Gang	0	0	0	0	0	0	0