



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13
630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116

from your Benefits Office
Benefits Bulletin #12-2024

DECEMBER 2024 BENEFITS BULLETIN

Happy Holidays Brothers and Sisters,

During this Holiday Season, the benefits office extends our appreciation and gratitude for your patience as we assist you with your benefit needs. It is our pleasure to continue to serve our membership with professional courtesy, respect, and our genuine responsiveness in the New Year.

As this year nears its end, we want to remind everyone of the importance of keeping all benefits related records updated. If you have any changes to your address, phone number, dependents status or marital status, please contact the benefits office to update your records. Remember, we are here to help!

OTHER INSURANCE VERIFICATION FORM 2024

The ILWU-PMA Coastwise Claims office (CCO) has mailed the *Other Insurance Verification form 2024* to all members/retirees, and it must be completed by **December 31, 2024**.

Claims for your dependents will NOT be paid until this form is received. Please complete the form and mail in the yellow self-stamped envelope that was provided for your convenience. You may also fax the completed form directly to 1-415-646-4144, or complete form online at <https://edge.zenith-american.com/landingPage.php>

Please contact the ILWU-PMA Coastwise Indemnity Plan directly at (800) 955-7376 or the Benefits office at Local 13 if you have any questions or need additional information.

BENEFICIARY DESIGNATION

Having a designated beneficiary is extremely important. It allows you to control who will receive the proceeds of your life insurance in the event of your death. If no beneficiary is designated, your loved ones may find it difficult to obtain the funds that can provide support for your family during this crucial time. Selecting a “primary beneficiary” (your first choice to receive benefits) and a “contingent beneficiary” (your second choice to receive benefits) is a wise choice to protect your loved ones financially.

Beneficiary designations should be reviewed after life-changing events like marriage, divorce, childbirth, adoption, or loss of a loved one. If you are not sure if you have designated a beneficiary, please stop by the Benefits office to complete and submit the form.

ADA JPLRC

(Americans with Disability Act Labor Relations Committee (ADA LRC))

Upcoming ADA LRC will be held on December 17, 2024, and January 7, 2025, at the San Pedro office. If you have been cited to appear or if you would like to revise your existing accommodation, please plan to attend.

HOLIDAY OFFICE CLOSURES

In observance of the Holidays, the office of Local 13 will be closed Tuesday, December 24, 2024, through Wednesday, January 1, 2025.



Happy Holidays! Best wishes for a season of love, peace and joy!

In Solidarity,

Local 13 Benefits Officer