



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13

630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116

Health & Benefits Officer - Eddie Moncado

Staff – Maria & Racheal

Benefits Bulletin #06 - 2026

## **JUNE 2026 BENEFITS BULLETIN**

**June** is universally known as the official start of summer in the Northern Hemisphere, and the peak season for weddings, vacations, and waiting for the ice cream truck to pass by the house or paleta man.

The month is highlighted by a mix of major cultural celebrations, environmental awareness, and seasonal milestones:

- **Pride Month:** Celebrated globally to honor LGBTQ+ history, culture, and equal rights.
- **Juneteenth:** Observed on June 19th, this is a monumental U.S. holiday marking the emancipation of enslaved African Americans.
- **Father's Day:** Celebrated in the U.S. and many other countries on the third Sunday of June.
- **The Summer Solstice:** The longest day of the year (in the Northern Hemisphere), typically occurring between June 20th and 21st, marking the astronomical start of summer.
- **World Environment Day:** Observed on June 5th to encourage worldwide awareness and action for the protection of our environment.

### **PPO COASTWISE INDEMNITY INSURANCE CARDS**

Coastwise indemnity is currently updating the PPO insurance cards. Once the update is complete, our dependents will receive insurance cards printed with their own names.

### **PPO Mental Health – Magellan Health Services**

Magellan Health Services will no longer be part of the ILWU-PMA Benefit plan. Lyra Mental Health Network and participating providers will continue to be available to our members and their eligible dependents with the Welfare Plan coverage.

**Visit:** [benefitplans.lyrahealth.com](https://benefitplans.lyrahealth.com) or **call:** (833) 597-2295.

### **PENSION WORKSHOP**

The next Pension Workshop is scheduled to take place on Wednesday, August 19, 2026.

### **PENSION & WELFARE CLAIMS**

Pension and Welfare claims continue to be processed by the Coast Benefits Office.



# ILWU *and* MEDICARE

All  
Locals  
Welcome

brought to you by

## Eddie Moncado

**ILWU Local 13 Health Benefits Officer**

Presentation by:

**Sam Alvarado**

*and*

**Robin Leake**

*Your ILWU-PMA Benefit Plans*

*Area Welfare Directors*

**Wednesday, June 17th**

**12:00 PM**

**ILWU Memorial Hall**

**231 W. "C" Street**

**Wilmington, CA 90744**

**What you need to know!**

- When do I enroll?
- Which parts do I need?
- How much does Medicare cost?
- Will I get to keep my ILWU coverage?

What you need  
to know  
before you  
turn 65



**Stay Connected!**

Visit Local 13's  
Health Benefits  
monthly bulletins  
for news and  
information!



Visit [benefitplans.org](http://benefitplans.org)  
For more information



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**ILWU-PMA Coastwise  
Claims Office:**  
(800) 955-7376

Provider Edge™, a Zenith American Solutions Product ([edge.zenith-american.com](http://edge.zenith-american.com))



**Log In Through the Edge Hub:**

- Visit: <https://edge.zenith-american.com>
- Select "Provider Edge" as your login type.
- Enter your login credentials.

**Scan to Watch:**



**Not Registered?**

- Click on the "Register" button
- Fill in the information requested, including:
  - Your Provider's TIN
  - A Participant SSN or Alt ID
  - A previously processed Claims Number for this Patient.

**Scan to Register:**

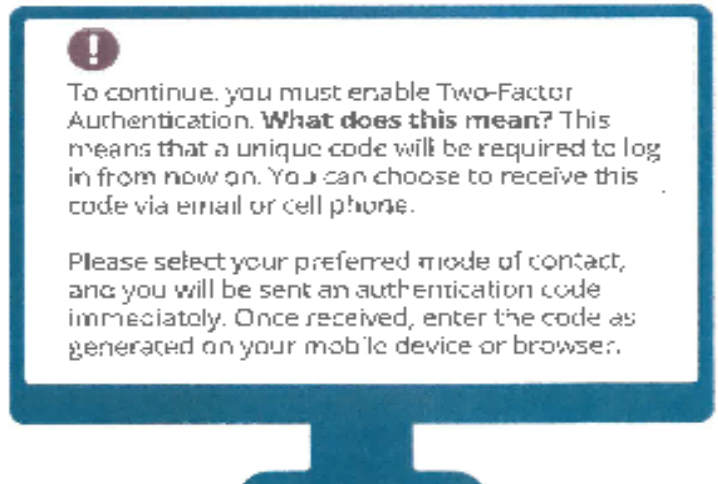


**Forgot Password?**

- Follow the link "Forgot Password?"
- Fill in the information requested.

**Need Help?**

For additional support, please reach out to your Zenith American Solutions team.



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[www.edge.zenith-american.com](http://www.edge.zenith-american.com)

**ADA JPLRC**

*(Americans with Disability Act Labor Relations Committee (ADA LRC))*

If you have been cited to appear, or if you would like to revise your existing accommodation(s), please plan to attend meetings, scheduled for the **first and third Tuesdays of each month** at Local 13 unless otherwise noted.

*In Solidarity,*

**Eddie Moncado #131390**

*"The world needs less machinery and more humanity."*

**Local 13 Benefits Officer**