

# ILWU Local 13 Health Benefits Officer **Eddie Moncado**



*Presents*

## ILWU-PMA Coastwise Indemnity

### Explanation of Benefits and Arbitration Process Workshop

## ILWU MEMORIAL HALL

231 W. "C" Street  
Wilmington

*Wednesday  
May 20th  
@ Noon*

With Special Guests  
**Sam Alvarado & Robin Leake**

**ILWU-PMA Benefit Plans  
Southern California  
Area Directors**

Visit [benefitplans.org](http://benefitplans.org)  
For more information



**All Locals  
are  
Welcome!**

### Understanding Your EOB

- How to read your EOB
- Was my claim paid?
- How much was paid?
- How much do I owe?

### Arbitration of Denied Medical Claims

- What to do if your claim is denied
- Full & Fair Process
- Arbitration Process

### Accident Subrogation

- What is it?
- How does it affect my claims?

### Stay Connected!

Visit the ILWU Local 13  
monthly HEALTH  
BENEFITS BULLETIN  
for more information  
and upcoming  
workshops!



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