



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13
630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116
Health & Benefits Officer - Eddie Moncado
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Benefits Bulletin #01 - 2026

JANUARY 2026 BENEFITS BULLETIN

Happy New Year Brothers and Sisters!

Wishing you and your families a healthy, happy, and prosperous New Year. We're excited about what we'll achieve in 2026!

Please take a moment to review this bulletin for important updates and information regarding your benefits.

DEATH ASSESSMENT & BURIAL BENEFIT

Eligibility

- Class A active members only
- \$5,600.00 –

Optional for Retired Class A members – ILWU Local 13 provides retired members the option to sign up for a Burial Benefit. The total amount of the Burial Benefit is \$1,600.00 payable to your designated beneficiary upon your death. **This benefit is voluntary for retired Class A members.** You may decline to sign up for the benefit or withdraw from it at any time without penalty.

Please make sure to update your beneficiary form and contact the Benefits Office for additional information.

LIFE, ACCIDENTAL DEATH & ACCIDENTAL DISMEMBERMENT BENEFIT

Eligibility

All persons with ILWU-PMA Welfare Plan eligibility are eligible for the Life, Accidental Death, and Accidental Dismemberment (AD & D) benefit.

Benefit Amounts

PROGRAM I: Active Longshoremen

- Life Benefit: **\$70,000**
- Accidental Death and Accidental Dismemberment Benefit: **\$70,000**

Life and accidental death benefits are paid to the Active Longshoreman's designated beneficiary. Accidental dismemberment benefits are paid to the eligible Active Longshoreman.

PROGRAM II: Retired Longshoremen

- Life Benefit: **\$30,000**
- Accidental Death & Accidental Dismemberment Benefit: **\$30,000**

Life and Accidental Death benefits are paid to the Retired Longshoreman's designated beneficiary. Accidental Dismemberment benefits are paid to the eligible Retired Longshoreman.

ILWU CREDIT UNION

A representative will be at the Local 13 office on **Friday, February 6**, from **9:00 a.m. – 11:30 a.m.** to assist with any needs.

Brothers and Sisters, if you are a member of the ILWU Credit Union, please verify that you have a beneficiary on file.

WEINGARTEN RIGHTS

Weingarten Rights are the rights of employees, upon request, to have their union representative present during an interview that the employee reasonably believes could lead to discipline.

AED UPDATE: Thank you to all BAs International and Local Officers

The Coast Labor Relations Committee (Committee) reviewed recommendations submitted by both the Union and Employers' Coast Safety Committee representatives for the placement of Automated External Defibrillators (AED) in the workplace. After some discussion the Committee identified and agreed to the AED installation at the following locations:

- **Container Operations** - AED to be placed on all Ship to Shore Cranes and on top of each gangway
- **Auto Ship** - AED to be on the working decks and the ramp
- **Break Bulk** - AED to be placed at the top and bottom of each gangway
- **Cruise** - AED to be placed in each warehouse, at the bottom of ramp and top of the gangway
- **Barges** - AED to be placed at the top of each gangway
- **General** - AED to be placed at the top and bottom of each gangway
- **Rail and Yard Operations** - AED to be installed in locations deemed adequate by the Employer, following AHA guidelines
- **Maintenance and Repair Buildings** - AED to be installed in locations deemed adequate by the Employer, following AHA guidelines
- **Administrative Buildings** - AED to be installed in locations deemed adequate by the Employer, following AHA guidelines

CLRC Meeting No. 57-25, December 16, 2025

The Committee is committed to the implementation and installation of these AEDs in good faith, there shall be no gimmicking. All interim agreements implemented by any Joint Port Labor Relations Committees will remain in effect until all parties are in compliance, no later than February 1, 2026. This set of minutes supplements but does not alter the Pacific Coast Marine Safety

BENEFITS OF SAVING AND INVESTING IN YOUR 401(K)

**Tuesday, February 10th
12:00 p.m. and 6:00 p.m.
ILWU Local 63 Hall
350 W. 5th Street
San Pedro, CA 90731**

Attend this seminar created specifically for the ILWU to review the benefits of saving and investing in your 401(k) and planning for a successful retirement. The presentation will discuss the differences between Traditional and Roth 401(k)s the tax savings benefits, dollar-cost averaging, compound growth and how a 401(k) can supplement retirement income alongside your ILWU Pension and Social Security.

ADA JPLRC

(Americans with Disability Act Labor Relations Committee (ADA LRC))

If you have been cited to appear, or if you would like to revise your existing accommodation(s), please plan to attend meetings, scheduled for the **first and third Tuesdays of each month** at Local 13 unless otherwise noted.

In Solidarity,

Eddie Moncado #131390

"The world needs less machinery and more humanity"

Local 13 Health & Benefits Officer

