

International Longshore and Warehouse Union



ILWU Local 13 • 630 Centre Street • San Pedro, CA 90731 • (310) 830-1130

Bulletin #30-25

May 6, 2025

ATTENTION CLASS A AND CLASS B **Process Change for Submitting Medical Documents**

PMA will be deactivating the socaldocuments@pmanet.org email address.

You must now use the Dockworker Self-Service portal at <https://selfservice.pmanet.org>. The dockworker self-service portal may be used to submit any documents that would excuse you from your Class A and Class B availability requirements.

You must still submit your documents to Local 13 or email documents to Local 13 at one of the following:

Local 13 Dues Office:

steve.flores@ilwu13.org

traci.takigawa@ilwu13.org

Class A:

taylor@ilwu13.org

Class B:

Continue to submit your documents to PMA unless your illness/injury lasts more than 21 consecutive days, then you may submit your note to the Dues office.

Health Benefits and ADA will remain the same with no change. Submit to benefits@ilwu13.org

Fraternally,
Gary Herrera
President

Brandi Good
Vice President

Gabe Zuniga
Secretary/Treasurer