



INTERNATIONAL LONGSHORE AND WAREHOUSE UNION | LOCAL 13
630 South Centre Street | San Pedro, CA 90731 | (310) 830-6116

from your Benefits Office
Benefits Bulletin #1-2025

JANUARY 2025 BENEFITS BULLETIN

Happy New Year Brothers and Sisters of ILWU Local 13!

There will be a one-day special election on January 29, 2025, for Health Benefits Representative because I have been appointed to the position of Area Welfare Director.

Prior to being elected to Health Benefits Representative, I submitted my resume for Area Welfare Director. Shortly after being elected, I was asked to interview and eventually I was offered the position. This was a very difficult decision for me. I truly love being your advocate in this office. Being elected by the rank and file of this great union is not something that I take lightly, and I appreciate the trust and support you have given me. I have spent each day working to make this great office better by ensuring fair and respectful treatment, having an “open door policy” being able to answer questions and concerns, and providing assistance in resolving unpaid medical claims.

In accepting the position of Area Welfare Director, I had to decide where I can be most impactful for our Union. In this new position, I will be able to advocate for our members’ welfare and pension plans on a higher level. I will be working alongside our current Area Welfare Director, Sam Alvarado, as a liaison between the Benefit Plans office, and members of Locals 13, 63, 94, 26, San Diego, Port Hueneme and all the pensioners. I am honored to have been chose for this important position.

I thank everyone for your support as I transition to this new role of service to our great union!

OTHER INSURANCE VERIFICATION FORMS

are due EVERY YEAR and
are REQUIRED for your
dependents’ claims to be paid.
If you have any questions or if you need
a new form, please call the
Coastwise Claims Office at (800) 955-7376.

Deadline extended to 5pm on February 14, 2025

WHAT TO DO IF YOU DID NOT WORK 800 HOURS BETWEEN DECEMBER 22, 2023, AND DECEMBER 20, 2024:

TO FILE A CLAIM:

1. A WELFARE claim is required from members who did not work 800 hours in the PMA payroll year so you can keep your medical/dental/vision insurance.
2. The deadline to file a WELFARE claim is May 31st of EVERY YEAR to avoid losing eligibility for medical/dental/vision benefits effective July 1st.
3. A PENSION claim is required for members who did not work 800 or 1,300 hours in the PMA payroll year so you can receive pension credit toward your retirement.
4. There is NO DEADLINE to file a PENSION claim.
5. Submit an email to Benefits@ILWU13.org with your full name and registration number in the subject line.

(Over)

6. Include the best phone number where you can be reached in the body of the email.
7. Indicate that you did not work 800 hours during the PMA payroll year and would like a WELFARE and/or PENSION claim.
8. Make sure the DUES OFFICE has your OFF WORK note(s) for the year(s) in which you did not work 800/1,300 hours. The Dues Office can be reached at (310) 830-1130.
9. Members who were out on total temporary disability (TTD) can apply for UP TO 200 hours toward a pension claim.
10. Members who were out on an industrial injury (workers' compensation/WC) must submit an LS- 208 form to apply for more than 200 hours' credit. LS-208 forms are issued once your WC case settles.
11. The Benefits Office of Local 13 does not have access to your payroll hours. You can verify your hours by reviewing your check stubs, W2 documents, or by calling the Benefit Plans Office in San Francisco at (888) 372-4598.
12. **Inquiries regarding payroll shortages, holidays, vacation, or PGP should be directed to the Records Clerk at (310) 233-5402.**



COMING SOON!

The Benefits office is happy to announce that beginning January 31, 2025, from 11:00 a.m. to 2:00 p.m. a representative from the *ILWU Credit Union* will be available in the lobby of the Local 13 office in San Pedro, to provide credit union assistance and convenience to our membership when they come into the office to conduct other business. This service will be available on the last Friday of each month.

ADA JPLRC

(Americans with Disability Act Labor Relations Committee (ADA LRC))

Americans with Disabilities Act Labor Relations Committee (ADA LRC) meetings are held twice each month on the **first and third Tuesdays** unless otherwise noted. If you are seeking reasonable accommodation, or if you would like to revise or update your existing reasonable accommodation, meetings will be held at Local 13. Be sure to have all your original paperwork from your providers with you. Members must sign in, and they are seen on a **first-come, first-serve basis**.



Upcoming ADA LRC's
 Tuesday, February 4, 2025
 &
 Tuesday, February 18, 2025

In Solidarity,

Robin Leake

Local 13 Benefits Officer